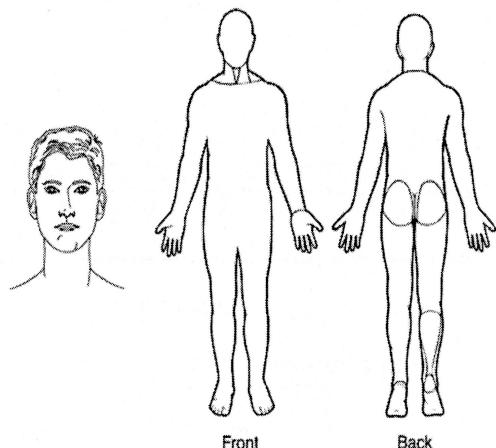


**MN/USA Wrestling
WRESTLING SKIN CONDITION REPORT**

Name: _____ Date of Exam: ____ / ____ / ____

Diagnosis: _____



Location AND Number of Lesions: _____

Medication(s) used to treat: _____

Date Treatment Started: ____ / ____ / ____

Earliest Date May return to participation: ____ / ____ / ____

PLEASE NOTE THAT WHILE SOME MEDICATIONS AND TREATMENTS MAY BE CONSIDERED ACCEPTABLE IN THE GENERAL POPULATION, WE HAVE SPECIFIC STANDARDS FOR THE ABILITY TO PARTICIPATE IN WRESTLING. PLEASE SEE OUR MINIMUM TREATMENT GUIDELINES BELOW!!!!

Due to the continual changes in these infections, the Chief Medical Officer or Tournament Physician at the event has the final decision regarding wrestlers ability to participate.

Below are some MINIMUM TREATMENT guidelines required before returning to wrestling:

Bacterial Diseases (impetigo, boils): To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. Oral antibiotics for three days (72 hours) is considered a minimum, unless MRSA (Methicillin-Resistant Staphylococcus aureus) is the cause, then 5 days of antibiotics are required. If new lesions develop or drain after 72 hours, MRSA should be considered.

Herpetic lesions (Simplex, Fever blisters/cold sores, Zoster, Gladiatorum): To be considered "non-contagious", all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. For primary (first episode of Herpes Gladiatorum), wrestlers should be treated and not allowed to compete for a minimum of ten (10) days. If general body signs and symptoms like fever and swollen lymph nodes are present, that minimum period of treatment should be extended to 14 days. Recurrent outbreaks require a minimum of 120 hours or full five (5) days of oral anti-viral treatment, again so long as no new lesions have developed and all lesions are scabbed over.

Tinea Lesions (ringworm scalp, skin): Oral or topical treatment for 48 hours on all skin. Oral medication for 14 days on scalp.

Scabies, Head lice: 24 hours after appropriate topical management.

Molluscum Contagiosum: May compete if treated and covered (preferred method of treatment is curettage).

Once a lesion is not considered contagious, it may be covered to allow participation.

Provider Name and Title: _____

Facility Name: _____ Phone: _____

Provider Signature: _____ Date: _____