# Youth Soccer Playing Rules for 5 v 5.

### Playing Rules 5v5

Youth Soccer recommended modifications to the FIFA Laws of the Game.

FIFA Laws of The Game can be found at www.fifa.com

Law I-The Field: Dimensions:

The field of play shall be rectangular, its length being not more than 60 yards nor less than 40 yards and its width not more than 40 yards nor less than 30 yards. The length in all cases shall exceed the width.

Youth Soccer Recommendation:

#### 5v5 Length: 50 yards Width: 30 yards

Markings: Distinctive lines not more than (5) inches wide.

A halfway line shall be marked out across the field.

A center circle with an six (6) yard radius. Four corner arcs each with a two (2) foot radius.

Goal area: five (5) yards from each goal post and five (5) yards into the field of play joined by a line drawn parallel with the goal line.

Penalty area: twelve (12) yards from each goal post and twelve (12) yards into the field of play joined by a line drawn parallel with the goal line.

Penalty Spot: eight (8) yards out from center of goal line.

Goals: Six (6) feet high and twelve feet wide up to Seven (7) feet high and twenty-one (21) feet wide.

Law II-The Ball: Size 3

Law III-Number of Players:

Maximum number of players on the field at any one time is:

#### 5v5:five (5)including the goalkeeper.

(4) field players plus keeper)

Maximum number of players on the roster should not exceed: nine (9).

Substitutions: At any time with the permission of the referee, generally: Prior to throw-in, in your favor. Prior to a goal, kick, by either team. After a goal by either team. After an injury by either team when the referee stops the play. At half-time.

Playing time: Each player SHALL play a minimum of 50% of the total playing time Teams and games may be coed.

Law IV-Players Equipment: Players may not wear any item of equipment that may be dangerous to themselves or others. Tennis shoes or soft-cleated soccer shoes are recommended. Shinguards are required.

Law V-The Referee: Registered referee/new referee program. Parent/Coach or assistant. All rule infractions shall be briefly explained to the offending player.

Law VI-Assistant Referee- Use club linesmen.

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Law VII-Duration of the Game: The game shall be divided into two (2) twenty-five minute halves. There shall

be a 5 minute half-time break of five (5)

minutes.

Law VIII-The Start of Play: Conform to FIFA, with the following exception: Opponent must be six (6) yards from the center mark while kick-off is in progress.

Law IX-Ball in and Out of Play: Ball must completely cross line to be "out of play". Ball

is "in play" if any part of the ball is on or above the line.

Law X-Method of Scoring: Conform to FIFA- ball must completely cross goal line, between posts and beneath crossbar to count.

Law XI-Off-Side: Conform to FIFA

Law XII-Fouls and Misconduct: Conform to FIFA

Law XIII-Free Kicks: Conform to FIFA with the following exception: Opponents must be six (6) yards away before kick is allowed.

Law XIV-Penalty Kicks: Conform to FIFA with the following exception: Opponents must be six (6) yards away before kick is allowed.

Law XV-Throw-In: Conform to FIFA

Law XVI-Goal Kick: Conform to FIFA

Law XVII-Corner Kick: Conform to FIFA with the following exception: Opponents must be six (6) yards away from the ball.

US Youth Soccer Recommendations: -Opposing parents/coaches and players should shake hands after each game.

- -Participation awards for ALL- No trophies or awards just for best team.
- -Parent/coaches, non-playing players and spectators should be there to enjoy and encourage the activity of the youngsters.
- -No alcoholic beverages will be consumed or allowed near the playing area.