Teaching Hockey Sense

By Ken Martel
USA Hockey – National Team Development Program
MAHA – Advanced Coaching Clinic
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What is Hockey Sense?

- Awareness
- Anticipation
- Creativity
- Vision
- Alertness
- Decision Making
- Adaptability to change
Hockey Sense is a teachable skill like skating, puckhandling & shooting. The question becomes what are the tools and techniques used by coaches to teach these skills.
Coaching Strategies for Developing Hockey Sense.
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• Timing Drills
  – Eliminate whistles to start drills.
NZ Dots Sequence
Coaching Strategies for Developing Hockey Sense.

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• Add extra passes to players in line.
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  – Eliminate whistles to start drills.
• Add extra passes to players in line.
• Use drills that change puck focus.
NZ Stretch Pass
Coaching Strategies for Developing Hockey Sense.

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- Add extra passes to players in line.
- Use drills that change puck focus.
- Coach takes away options in drill by covering pass receivers.
Czech 2 on 0
Coaching Strategies for Developing Hockey Sense.

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• Add extra passes to players in line.

• Use drills that change puck focus.

• Coach takes away options in drill by covering pass receivers.

• Change puck possession on whistle.
Maine 1v1 Transition
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• Add extra passes to players in line.
• Use drills that change puck focus.
• Coach takes away options in drill by covering pass receivers.
• Change puck possession on whistle.
• Tag up to change spacing
1v1, 2v2 NZ Angling
Coaching Strategies for Developing Hockey Sense.

- Forced puck movement
Blase 3 on 0 Passing
Coaching Strategies for Developing Hockey Sense.

• Forced puck movement
• Colored Pucks
3v3 Colored Pucks

Yellow – Attack Opponents Net
Green – Attack Either Net
Red – Puck Possession
Coaching Strategies for Developing Hockey Sense.

- Forced puck movement
- Colored Pucks
- Forced communication
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- Colored Pucks
- Forced communication
- Add or subtract players to change the playing situation
Powers 1-2-3 Drill
Coaching Strategies for Developing Hockey Sense.

• Forced puck movement
• Colored Pucks
• Forced communication
• Add or subtract players to change the playing situation
• Disorientate players to change responsibilities
DZC Role Over
Coaching Strategies for Developing Hockey Sense.

- Forced puck movement
- Colored Pucks
- Forced communication
- Add or subtract players to change the playing situation
- Disorientate players to change responsibilities
- Players - all offense or all defense
3v2 Puck Possession
Coaching Strategies for Developing Hockey Sense.

- Game Situation Drills
  - 1 Puck Drills
  - Small Area Games (SAG)
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• Both Offensive & Defensive
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- Both Offensive & Defensive

- Concept Development
  - Big Picture Elements
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- Decisions Making
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- Concept Development
  - Big Picture Elements
- Decisions Making
- Dynamic Repetition
  - Growth
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  - 1 Puck Drills
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- Both Offensive & Defensive
- Concept Development
  - Big Picture Elements
- Decisions Making
- Dynamic Repetition
  - Growth
- Skill Experimentation
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- Competitiveness
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• Competitiveness
• Hide the Tactic
2v2 Continuous
Swiss 2v2 Warm-Up
3v2 Mid Zone Game
2v1 Transition Game
Lilley 3v3 +2 Full Ice
“Every time we teach a child something, we deprive them the opportunity to discover it for themselves.”

- Jean Paige