**Improved - OMGHA TRYOUT TRAINING CAMP**

**PREPARATION FOR THE UPCOMING HOCKEY SEASON!**

**FOUR-WEEK PROGRAM, TWO EVENTS PER WEEK!**

Presented by:

BOYS SESSIONS STAFFED BY BOTH MAPLE GROVE AND OSSEO HIGH SCHOOL STAFF.

GIRLS SESSIONS CONDUCTED BY EUROAMERICAN HOCKEY GOALIE INSTRUCTION BY OMGHA GOALIE COACH

FOCUS ON SKILL DEVELOPMENT

REVIEW AND PRACTICE TRY OUT DRILLS

IMPROVE CONDITIONING WITH OVERSPEED AND FLOW DRILLS

From your OMGHA Board:

Your OMGHA Board continues its pledge to provide additional skill development opportunities at a local facility and at a reasonable cost. All skaters will receive instruction on the try out drills and the proper execution of those drills. Instructors will stress the points that evaluators look for when evaluating players.

**REGISTRATION FORM**

<table>
<thead>
<tr>
<th>Players Name (1)</th>
<th>(2)</th>
<th>(3)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date of Birth</td>
<td>(1)</td>
<td>Age (1)</td>
</tr>
<tr>
<td>(2)</td>
<td>(2)</td>
<td>(3)</td>
</tr>
</tbody>
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Address ____________________________

City: ____________________________ Zip: __________

Parent(s) name(s) ____________________________

Home Phone ____________________________ Alternate Phone ____________________________

E-mail address ____________________________

Applicant agrees that OMGHA will not be held responsible for accidents or loss however caused, and agrees to release OMGHA from all claims or damages which may arise as a result of or by reason of such accidents.

Signature of parent or guardian ____________________________ Date ____________________________

Sign up TODAY!

Child 1 Skater ☐ Goalie ☐ Pee wee I ☐

Bantam I ☐ Girls U12/U14 I ☐

Pee wee II ☐ Bantam II ☐ Girls U12/U14 II ☐

Child 2 Skater ☐ Goalie ☐ Pee wee I ☐

Bantam I ☐ Girls U12/U14 I ☐

Pee wee II ☐ Bantam II ☐ Girls U12/U14 II ☐

Child 3 Skater ☐ Goalie ☐ Pee wee I ☐

Bantam I ☐ Girls U12/U14 I ☐

Pee wee II ☐ Bantam II ☐ Girls U12/U14 II ☐

# of sessions __________

$110 per session x $110

Total Cost $________

Registration Deadline is August 28, 2010.

Make checks payable to OMGHA and send completed registration form and payments to:

Boy’s camp: Girl’s camp:

10534 Union Terrace Lane 9752 Troy Lane N
Maple Grove, MN 55369 Maple Grove, MN 55311
E-mail questions to: VPTraveling1@OMGHA.com