

# BENSON HOCKEY ASSOCIATION TOURNAMENT RULES

- ❖ All teams should report to the Benson Civic Center at least one hour prior to the scheduled start of their first game.
- ❖ All games will be played under USA Hockey rules as modified by MN Hockey and any exception listed herein.
- ❖ Following must be presented before team can take the ice:
  - ❖ Certified rosters with birth date verification and proof of insurance.
  - ❖ Coaches must present up-to-date coaching certification card for the level they are coaching.
- ❖ Team must play in division in which they are registered.
- ❖ Only USA Hockey and MN Hockey registered referees will officiate.
- ❖ Referees decisions are final. No protests allowed.
- ❖ All penalties will be in accordance with USA Hockey and MN Hockey rules.
- ❖ All games will be 15-minute stop time periods. Mandatory running time if the goal differential is six goals or more in the third period of play.
- ❖ Ice will be resurfaced every two periods.
- ❖ A five minute warm up will be allowed before the start of a game.
- ❖ Round Robin Tournaments - Win=2 points, Tie=1 point, Loss=0 points
- ❖ Tie breakers will be determined as follows between tied teams:
  - ❖ Head-to-head
  - ❖ Goals Scored minus Goals Against
  - ❖ Goals Scored divided by Goals Against
  - ❖ Second and third step above using all games teams played.
  - ❖ Least amount of penalty minutes
- ❖ Elimination Tournament sudden death overtime: 2-minute rest, 5-minute stop time. 1<sup>st</sup> OT - 5 on 5 plus goalie, 2<sup>nd</sup> OT - 4 on 4 plus goalie, 3<sup>rd</sup> OT - 3 on 3 plus goalie.
- ❖ Maximum of 4 coaches on the bench.
- ❖ Any injured or other player, whether dressed or not, must wear a helmet while on the bench.
- ❖ Rosters will be limited to 18 skaters and 2 goalies.
- ❖ A certified Athletic Trainer, EMT or medical/osteopathic physician will be present at all games. This group shall include a licensed health care professional or other person who has successfully completed and maintained certifications for programs conducted by the Red Cross or the American

Heart Association for all of the following: Advanced First Aid, CPR, Basic Life Support, and Qualified First Responder.

- ❖ All locker rooms must have an adult supervisor present who is directly responsible for monitoring behavior when players are in the locker rooms.
- ❖ Benson Hockey Association, Benson Amateur Sports Association, the Benson Civic Center, tournament promoters, tournament officials, arena personnel, and all persons connected with the tournament **SHALL NOT BE HELD LIABLE** for injuries or losses sustained during the tournament.