

Small Area Games Presentation



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- I. Practicing to Play
 - A. Daily Themes
 - B. Objectives
 - C. Energy and Enthusiasm
 - D. "Game Speed"
 - E. Ice Usage

- II. Games

- A. Rationale
 - B. Options

- 1. Add pass to coach
 - 2. Change on the fly
 - 3. Timing intervals
 - 4. Competition
 - 5. scoring options (extra points for backhand or "clutch" scoring)

- C. Fun warm up games

- 1. Tag (glove, pucks, cones)
 - 2. Trains
 - 3. Army/Navy
 - 4. Tennis Ball Scrimmage
 - 5. Soccer

- D. Small Area Games

- 1. **2 V. 2** In Corner- 2 nets (with changes, with support)
 - 2. **1 V. 1** In corner—1 net, players for support
 - 3. **1 V. 1** Cross Ice Puck Protect
 - 4. **1 V. 1** Cross Ice with player goals
 - 5. **3 V. 3** Neutral Zone—Nets back to back (2 v. 1 on each side)
 - 6. **3 V. 3** Gretzky Support
 - 7. T.C. **3 v. 3** 4 coach Support (nets backwards)
 - 8. In Zone **2 v. 2** or **3 V. 3**—4 coach Support
 - 9. 3 zone Scrimmage—2 pucks
 - 10. **3 V. 3** Cross-Ice (with support, with changes)
 - 11. **3 V. 3** Below Hash Marks—Both trying to score one net
 - 12. **3 V. 3** In Zone—One net, coach support (transition work)
 - 13. **3 V. 3** In Neutral Zone—(Timed or relay)

- E. Other Competition Games

- 1. Dump Scrimmage
 - 2. **3 V. 3** --3 Puck Scrimmage (add a third net)
 - 3. Multi-puck, Multiple net games (4 on 4 to 7 on 7)
 - 4. Progression
 - 5. **1 V. 1**—Multiple Groups, full Ice

Weekly Practice Planner

Week _____ Opponent _____

Today's Objectives: To learn, practice, and reinforce these skills:

<u>Skill Work</u>	<u>Team Play</u>	<u>Systems</u>	<u>Specialty Work</u>	<u>Conditioning/Scrimmage</u>
___ Skating	___ 1 on 1	___ Defensive Zone	Power Play	___ Speed Work
___ Puck Control	___ 2 on 0	___ Forechecking	___ Offensive Zone	___ Long Work
___ Pass/Receive	___ 2 on 1	___ Backchecking	___ Neutral Zone	___ Scrimmage 5 on 5
___ Shooting	___ 2 on 2	___ Neutral Zone Regroup	___ Breakouts	___ Scrimmage 4 on 4
___ Body Contact	___ 3 on 0	___ Neutral Zone Forcheck	Penalty Killing	___ Scrimmage 3 on 3
___ Body Position	___ 3 on 1	___ Neutral Zone Defense	___ Defensive Zone	___ Time Scrimmages
___ Stick Checking	___ 3 on 2	___ Breakouts	___ Neutral Zone	___ Fun - Game/Relay
___ Agility Work	___ 3 on 3	___ Offensive Entry	___ Offensive Zone	___ Misc.
	___ 5 on 5	___ Offensive Pattern	___ Face-Offs	

Comments/Evaluation

Equipment