KEYSTONE JUNIORS
VOLLEYBALL STRIVES TO
SUCCESSFULLY DEVELOP
YOUNG ATHLETES TO MEET
THEIR MAXIMUM POTENTIAL
WHILE AIDING IN THE
PURSUIT OF PLAYING AT THE
COLLEGIATE LEVEL.

WE PROVIDE ATHLETES WITH
A FUNDAMENTAL
KNOWLEDGE BASE OF
TECHNIQUES, SKILLS,
PERSONAL TRAINING AND
EXPERT GUIDANCE IN ORDER
THAT THEY MAY ACHIEVE
THEIR CURRENT GOALS AND
ENDEAVORS AS WELL AS
THEIR PURSUIT OF
COLLEGIATE EXCELLANCE.



2009-2010 Keystone Juniors 17s – USA Nationals Reno, Nevada Coaches: John Swift & Brian Bernatowicz

Address Correction Required

Keystone Juniors Volleyball, LLC 66 Woodlawn Avenue Broomall, PA 19008 www.keystonejuniors.com





CLUB TRYOUTS

Keystone Juniors will be holding open club tryouts at each level for everyone interested in playing club (travel) for Keystone Juniors.

Tryouts Dates / Times / Locations

- 12 & Under (Born on or after 9/1/1998)
 November 7th | 4:00 6:00 | Notre Dame
- **13 & Under** (Born on or after 9/1/1997) November 7th | 4:00 – 6:00 | Notre Dame
- **14 & Under** (Born on or after 9/1/1996) November 7th | 6:00 – 8:00 | Notre Dame
- 15 & Under (Born on or after 9/1/1995)
 November 14th | 1:00 3:00PM | Ellis Athletic Center
- 16 & Under (Born on or after 9/1/1994)
 November 14th | 3:30 5:30PM | Ellis Athletic Center
- 17 & Under (Born on or after 9/1/1993)
 November 14th | 6:00 8:00PM | Ellis Athletic Center
- 18 & Under (Born on or after 9/1/1992)
 November 15th | 8:00 9:30PM | Ellis Athletic Center

Directions to the Notre Dame & Ellis can be found online at www.keystonejuniors.com .

OPEN GYMS WILL BE COMING IN
OCTOBER 2010. CHECK THE WEBSITE FOR
DATE(S) & TIMES.

JOIN OUR MAILING LIST. RECEIVE ALL THE INFORMATION VIA EMAIL. GO TO WWW.KEYSTONEJUNIORS.COM TO SIGN UP TODAY!

TRYOUT REGISTRATION

Prior to tryouts, each player is responsible for registering with the Keystone Region Volleyball Association (KRVA) as well as with Keystone Juniors Volleyball. Here are some simple steps to follow to make tryouts a little less stressful!

- Register with KRVA: Visit <u>www.krva.org</u> > Registration > Webpoint
- Register with Keystone Juniors: Visit www.keystonejuniors.com > Registration
- Tryout fees for Keystone Juniors can be paid online (\$38); via check prior to tryouts (\$35) or at tryouts (\$40.00)

Club Practice Information

- 12 & Under: Sun. @ St. Kevin 10-12:00pm (Dec thru May); Wed. 6:30-8:30 (March thru May)
- **13 & Under:** Sun. @ St. Kevin 10-12:30pm (Dec thru May); Wed. 6:30-8:30 (March thru May)
- **14 & Under**: Mon. & Wed. 8-10pm @ Notre Dame
- **15 & Under**: Mon. & Wed. 8-10pm @ Ellis
- 16 & Under: Mon. @ Notre Dame 8-10pm & Wed. @ Ellis 8-10pm
- **17 & Under** Mon. @ Ellis 8-10pm & Wed. @ Notre Dame 8-10pm
- **18 & Under** Tues. & Thur. 8-10pm @ Ellis

Club Prices will be posted online prior to tryouts!

Visit <u>www.keystonejuniors.com</u> for updated club information regarding coaches, tournaments, uniforms, etc..

JUNIOR DEVELOPMENTAL PROGRAM (JDP)

Keystone Juniors offers several programs for your daughter. Our main program –and most recognizable – is our club program. However, we do offer an alternative based on your commitment level.

Our **Junior Developmental Program** (JDP) is a 10 week clinic from January thru mid-March that teaches all aspects needed to play volleyball. This program <u>does not require travel</u> and is open to boys and girls from 2nd thru 8th grades. Registration can be found online at <u>www.keystonejuniors.com</u> > Registration. *Sign up today! Spots fill quickly!*



2nd Annual – Volleyball for Charity – Alex's Lemonade

SAVE THE DATE

HIGH SCHOOL SUMMER CAMP

 $\rm JULY~11^{TH}$ - $\rm JULY~14^{TH}$

GRADE SCHOOL CAMP

 $JULY 18^{TH} - JULY 21^{ST}$

ST. KEVIN'S (SPRINGFIELD, PA)

HIGH SCHOOL & GRADE SCHOOL SUMMER LEAGUE - JUNE/JULY 2011 -

PENN STATE (MEDIA, PA)