

# BRAMPTON MINOR LACROSSE

## The Box House League Rules

1. The Canadian Lacrosse Association rules will apply with the following exceptions.
2. This is recreational house league lacrosse designed to encourage physical activity, social activity, develop lacrosse skills and learning to love the game. Fair and equitable co-operative competition is a requirement. Team balancing will be executed. Players are always encouraged to **love to win and learn to lose graciously, demonstrate respect for the individual, respect for the team, respect for the opponent. Demonstrate fair play and sportsmanship.** AND all while having **FUN**.
3. **All players SHALL receive equal playing time.**
4. **All players SHALL play every position unless the team is fortunate enough to have a dedicated goalie.** In recreational house league, there is no requirement for offensive and defensive specialists.
5. The following equipment rules will apply:
  - Appropriately fitting mouth guards in good condition (off the shelf/custom fitted)
  - Appropriate "**court**" shoes in good condition and properly laced up
  - Stick length for Peanut/Paperweight = **28"**
  - Stick length for Tyke = **30"**
  - Stick length for Novice = **32"**
  - Stick length for Peewee on down = **34"**
  - Stick length for Bantam and up = **40"- 42"**
6. There is a **4 Goal** limit rule per player per game that applies to all House League levels, except Tyke where there is a 3 goal limit per player, per game. During tournament play, only when there is a need for overtime will this rule will be waived.
7. Any one handed overhand "**tomahawk**" type of sticking checking or two handed "**woodchop**" during ball play on the floor will be considered a **Slashing** penalty.
8. Players are not permitted to take more than **three steps** to check their man otherwise it is a **Charging** penalty. If a player leaves his feet in the act of hitting it is a Charging penalty. Aggressive hitting of a player while he is standing still will be considered a Charging penalty.
9. At the novice level on down, if any player coming straight on to check another player picking up the ball within 3 feet / 1 metre from the boards, possession will be called with the ball going to the first player with the ball.
10. Any player who has amassed **4 minor penalties** in any match will be ejected from the game. **Checking From Behind** is considered 2 infractions (two 2-minute penalties). If a player is called for **Two CFB penalties** during any one game, they will be ejected from the game
11. Any incidents of abusive harassing use of language (profanity, taunting), disrespectful physical gestures or fighting WILL NOT be tolerated and result in major penalties, expulsions and suspensions. Any major penalty (**5 minute**) will result in the player being ejected from the game. If the major penalty occurs in the last five minutes of the game the player will be ejected from that game plus suspended for one additional game.
12. When the ball hits the goalie in the head area, the play will stop. Once the goalie has been assessed and is deemed fit to play on, possession of the ball will resume with that goalie.
13. At the **Peanut, Paperweight and Tyke level** when a player gets a penalty they will serve the entire penalty time. If a goal is scored or the buzzer sounds the penalized team will return to full strength, but the individual penalized player will remain in the box until their time is up. The penalized player can return to the bench on the next stoppage of play after having served their entire penalty time.
14. When a penalty is called that gives one team a man advantage ball possession will be given to the team on the power play in the centre circle area. If players from both teams go to the penalty box with off-setting penalties, then play will resume with a face-off.
15. **Home** teams are responsible for **time clock volunteers** and **Visiting** teams are responsible for **shot clock volunteers** for **Peewee and above**.



Play, Coach, Referee, Volunteer...

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