

FLHA *Goalie* Evaluation & Development Plan – U10's to U16's (Boys & Girls)

Player Name: _____ Level of Play: _____ Period Ending: _____

Evaluation Criteria: 1 = Low 2 = Below Average 3 = Average 4 = Above Average 5 = High NA = Not Applicable

Areas of Performance	Evaluation Criteria						Comments & Suggestions for Improvement
	1	2	3	4	5	NA	
Goalkeeping Skills Development							
1. Skating:							
1.1.							
1.2. Parallel Shuffle (Right & Left)							
1.3. Scooter Skate (Right & Left)							
1.4. Lateral T-Glide (Right & Left)							
1.5. Forward & Backward Moves							
1.6. Agility							
1.7. Speed							
1.8. Quickness							
2. Positioning Techniques & Tactics:							
2.1. Basic Stance							
2.2. Playing the Angles							
2.3. Keeping Body Square to the Puck							
2.4. Play at the Post(s)							
2.5. Deflections & Screens							
2.6. Breakways							
2.7. Tip - Ins							
2.8. Odd – Man Rushes							
3. Stick Work							
3.1. Stickhandling							
3.2. Passing the Puck							
3.3. Clearing the Puck							
3.4. Moving Behind the Net							
3.5. Stopping the Puck Along the Boards							
3.6. Poke Checking							
4. Saves							
4.1. Stick Save							
4.2. Body Save							
4.3. Glove Save - Blocker							
4.4. Glove Save - Catcher							
4.5. Leg Saves							
4.6. Five Hole Coverage							
4.7. Stacking Pads							
4.8. Half Splits (L & R)							
4.9. "V" Drop / Butterfly							
4.10. Rebound Control							
4.11. Paddle Down							
4.12. Freezing the Puck							
4.13. Skate Save							
4.14. Situational Drills							
4.15. Face-Offs							
Team Play							
5. Communication w/ Teammates							
6. Face-Offs – Team Play							
7. Penalty Kill – Team Play							
8. Power Play - Team							
Hockey Knowledge:							

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Areas of Performance	Evaluation Criteria						Comments & Suggestions for Improvement
	1	2	3	4	5	NA	
9. Understands basic rules of game play:							
9.1. Off Sides							
9.2. Icing							
9.3. Freezing the puck							
9.4. Face Offs							
10. Common Infractions							
10.1. Unsportsmanlike conduct							
10.2. Delay of Game							
10.3. Interference							
10.4. Falling on the puck							
10.5. Understands penalties (Minor vs. Major)							
Character / Attitude							
11. Being a positive contributor to "Team"							
12. Composure							
13. Ability to focus & concentrate							
14. Respect for Teammates, Coaches, Refs...							
15. Abides by Team Rules							
16. Exhibited Self Control & Discipline							
17. Effort – Constant work ethic							
18. Ability to Balance School & Outside Activities							
19. On-time for Games & Practices							
20. Respect for Authority							
21. Understand No to Drugs & Other Harmful substances							
22. Not be influenced by negative behavior of teammates							
23. Ability to cope with peer pressure							
24. Realizes importance of honesty & integrity on & off the ice							
25. Accepts responsibility for their actions & athletic performance							
26. Overall Coach-Ability							
27. General Comments:							
28. Suggestions for Improvement (Provide 3 to 5 Development Goals):							
28.1. _____							
28.2. _____							
28.3. _____							
28.4. _____							
28.5. _____							

Team Roster Size – Forwards & Defenseemen: _____

Overall Player Rank Compared to Teammates: _____

Parent Signature: _____

Date: _____

Coach Signature: _____

Date: _____