

# Rice Lake Youth Hockey Association



## Player Code of Conduct

As a member of the Rice Lake Hockey Association, I recognize that being part of a hockey team is both a privilege and a responsibility. I understand that my behavior, on and off the ice, reflects not only on myself but also on my teammates, coaches, parents, and the entire association. I agree to uphold the following standards:

### Respect

1. I will respect my teammates, coaches, opponents, referees, volunteers, and fans at all times.
2. I will use appropriate language and never engage in name-calling, bullying, harassment, or discrimination of any kind.
3. I will respect the facilities, locker rooms, equipment, and property of others.
4. The handshake line is for real. I will be a good sport and never “trash talk” with a player on the opposing team.
5. I will NEVER put down my teammates – at the rink or away from it.
6. I will conduct myself at all times in a way that reflects positively on me, my parents, friends, teammates, coaches and the Rice Lake Hockey Association.

### Effort & Attitude

1. I will give my best effort during practices, games, and team activities.
2. I will come prepared, on time, and ready to participate and listen to my coaches.
3. I will maintain a positive attitude, support my teammates, and accept both victories and defeats with dignity.
4. I can celebrate a goal scored with my teammates – sticks up, high fives, or hugs – but “showboating” is not allowed.

### Sportsmanship

1. I will play fair and follow the rules of the game.
2. I will accept referee and coach decisions without argument.
3. I will represent my team and association with pride and good conduct, on and off the ice.
4. This is a team sport and emphasis will be placed on the team rather than the individual. We will not have good, bad, or most valuable players. Everyone will make a contribution in his/her own way.

### Safety & Responsibility

1. I will play the game safely and avoid actions that could harm myself or others.
2. I will wear all required safety equipment properly at all times.

3. I will report any injuries or unsafe behavior to a coach or responsible adult.
4. I will never use my hockey equipment to intentionally harm my teammates, other players, coaches, parents or referees.

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### **Commitment**

1. I will communicate with my coaches if I cannot attend a practice or game.
2. I will take responsibility for my actions and choices.
3. I will honor the privilege of being part of this team by giving respect, effort, and integrity in all that I do.

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### **Consequences for Misconduct**

Failure to follow this Code of Conduct may result in any of the following:

- Warnings from coaches or association staff
- Reduced playing time
- Suspension from practices or games
- Removal from the team or association (for repeated or serious violation(s))

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### **Player Acknowledgment**

I have read and understand the Rice Lake Hockey Association Player Code of Conduct. I agree to follow these rules and represent my team, my family, and my community with respect and sportsmanship.

**Player Name:** \_\_\_\_\_  
**Player Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_