I may not be there yet, but I am closer than I was yesterday. (unknown)

I have been driven many times upon my knees by the overwhelming conviction that I had nowhere else to go. My own wisdom and all of that about me seemed insufficient for that day. (Abe Lincoln at the height of the Civil War- Abe was an accomplished Wrestler)

Don't look where you fall, but where you've slipped. (unknown)

Success comes in CANS, failure comes in CANT'S. (unknown)

To err is natural; to rectify error is glory. (Washington, as in George, was also a successful Wrestler)

An obstacle is often a stepping stone. (unknown)

It's a little like wrestling a gorilla. You don't quit when you're tired, you quit when the Gorilla is tired. (Strauss)

*Fall seven times, stand up eight.* (Japanese proverb)

We can do anything we want to if we stick to it long enough. (Helen Keller)

Perseverance is not a long race; it is many short races one after another. (Elliot)

Defeat never comes to any man until he admits it. (Daniels)

Don't be afraid to give your best to what are seemingly small jobs. Every time you conquer one it makes you that much stronger. If you do the little jobs well, the big ones will tend to take care of themselves. (Carnegie)

If you're not hitting bumps, you're not moving forward. (unknown)

Don't let the fear of the time it will take to accomplish something stand in the way of doing it. The time will pass anyway; we might just as well put that passing time to best possible use. (Nightingale)

The true meaning of life is to plant trees, under whose shade we do not expect to sit. (Henderson)