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CEP Materials & Resources

Coaching Materials from USA Hockey

http://www.usahockey.com//Template_Usahockey.aspx?NAV=CO_07&ID=19650

http://www.usahockey.com//Template_Usahockey.aspx?NAV=CO_07_02&ID=19686

Materials Distributed at USA Hockey Coaching Clinics:

Manuals for level 1,2,3

Practice Plan Manuals

Heads Up Hockey Kit

Responsible Sports Program

Official Rules of Ice Hockey

Small Area Games Manual and Disk

Checking the Right Way Manual

Red White and Blue Coaching Plans

Additional Materials Available On Coaches Website

http://www.usahockey.com//Template_Usahockey.aspx?NAV=CO_07_05&ID=275670

6 & under mini-Mites

Basic Structure for 6U practices

6 sample practices

8 & under Mites

Basic Structure for 8U Mite practices

Off-ice Mite practice philosophy

Off-ice Mite practice plans



USA Hockey, the national governing body for the sport of ice hockey, is a member of the International Ice Hockey Federation and the United States Olympic Committee





20 sample (on-ice) practice plans

10 & under Squirts

8 Goaltender practice plans

40 sample (on-ice) practice plans

Goaltending Content

http://www.usahockey.com/usahgoalies/default.aspx?NAV=AF_11&ID=265716

Downloadable practice plans with drill explanations and embedded video links
(Beginner, Intermediate and Advanced levels)

Warren Strelow Goaltender Mentor Program

Articles, drills and related goaltender content

NTDP Stick Skills

http://www.usahockey.com//Template_Usahockey.aspx?NAV=CO_07_03&ID=193748

20 downloadable videos

Body Contact & Checking Materials

http://www.usahockey.com//Template_Usahockey.aspx?NAV=CO_07_04&ID=270654

http://www.usahockey.com//Template_Usahockey.aspx?NAV=ET_03&ID=299508

Introduction to Body Contact

Advanced Body Contact

Checking the Right Way for Youth Hockey

Off-Ice Checking Drills (video)

USA Hockey Magazine podcasts (audio)

On-Ice Clips, PDF files, audio links





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Age Specific Module Content

http://www.usahockey.com//Template_USAHockey.aspx?USAHockeyType=ICE

Modules include workbooks for each chapter for the coaches to print and download to assist in season planning and execution. Modules also include practice plans and other materials.

Parent Education Information

Hockey Parents: Make a Difference (video)

Zero Tolerance Policy (PDF)

How to Turn Difficult Parents into your Best Volunteers (Power Point)

2004 Parent Education Seminar (Power Point)

Disabled Coaching Manual

ADM Materials

www.admkids.com

Printable ADM Guide (PDF)

ADM Stage Breakdown documents (PDF)

ADM 'FAQ' page

Windows of Trainability chart



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