



# St Anthony Sports Boosters

## Individual Sports Policies

Revised November 2011, September 2016, March 2018, May 2019

Each individual sport shall have the opportunity to create and manage their own sports policies subject to the approval of the Individual Sports Board of Directors and the SASB Board.

### **I. Required Provisions of Individual Sports:**

- a. Adherence to the SASB Participation and Playing Time Policy
- b. Defined Coach Selection process
- c. Defined Conduct and Discipline Policy for coaches and Players
- d. Annually perform a criminal background check on all coaches
- e. Have each coach annually read, sign, and adhere to the SASB Coaching Guidelines
- f. Annually demonstrate a balanced budget
- g. Annually demonstrate adherence by coaches of each sport to the Minnesota "Concussion Law" effective September 1, 2011:
  - i. All coaches (head and assistants) and officials receive concussion training and education by September 1, 2011 and then at three-year intervals thereafter, which includes first year coaches
  - ii. Coaches must remove an athlete from activity if they exhibit signs, symptoms, or behavior consistent with a concussion and/or are suspected of sustaining a concussion.
  - iii. The law also requires a doctor's signature to return to play if an athlete is removed due to a concussion or is showing signs or symptoms of a concussion.
- h. Individual Sports Boards shall be permitted to authorize (deliver) and accept donations, grants, and scholarships outside of their regular annual operating budgets but must demonstrate a bona fide purpose and benefit with a reasonable use and access requirements to the constituents of the Individual Sport or Sports as defined under Article I, Section 2 of the SASB By-Laws. Additionally, funds should be designated for purposes that are perpetual in nature which may include, but are not limited to, facility and field maintenance/improvements, resources and/or equipment for a particular SASB sport or sports, training and/or skills development, and other real or physical property for which a sport determines is required for and of direct benefit to the SASB program.

### **II. SASB Individual Sport Playing Seasons**

- a. The SASB encourages and supports multi-sport athletes and recognizes that an athlete could participate in a single sport year-round. In an effort to promote a healthy balance among participating SASB sports, youth athletes, and field/gym resources the following guidelines have been established for each SASB recognized sport:



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- b. Each sport shall have only one (1) "in-season" that is authorized by the SASB Board of Directors. The following "in-season" time frames have been set by each sport:
  - i. Baseball- Mid-March through the last week in July
  - ii. Basketball - Mid-October through March 31
  - iii. Football - The last week in July through October 31
  - iv. Hockey- As determined by the Co-Op organization.
  - v. Soccer-April 1 through July 31
  - vi. Softball - Mid-March through the first full weekend in August
  - vii. Volleyball- First week in August through the second week of October
  - viii. Changes to the defined sport seasons shall be approved by the SASB Board of Directors
- c. "In-season" sports should generally coincide with the corresponding sport season of the MSHSL sport season, with the exception being Soccer.
- d. The start and end dates of each recognized season shall not excessively impede on the "in-season" of another sport. There may be times when the tryout sessions and start of one sport season coincides with the end of another season, but preference shall be given to the sport that is approaching "in-season" end.
- e. Camps, Clinics, and Tryouts for each SASB recognized sport may be scheduled outside of the defined "in-season" cycle for each sport and will be considered an SASB approved camp, clinic, and tryout under the following guidelines:
  - i. They are *authorized* and *administered* by the Individual Sport Board for that specific sport for players eligible under Article I, Section 2 of the SASB By-Laws.
  - ii. Authorized and administered camps, clinics and tryouts are those in which the insurance, receipt and management of registration fees, equipment and gym and or field space is the primary responsibility of the SASB Individual Sport Board. Camps, clinics, and tryouts that are "sponsored by" or not emanating from within the SASS will be considered "out of season" and must operate as such under the terms set by St Anthony Community Services.
  - iii. They may not conflict with, in regards to time and place, games, practices or other camps, clinics, or tryouts of recognized SASB sports that are "in-season" and must be limited to a reasonable number annually per sport.

Article II, section f follows below



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- f. Each sport will be allotted 50 hours of gym time at no charge to administer their program until such time the individual sport season begins in accordance with the parameters as outlined in Section II, articles a-e. Gym time usage beyond 50 hours will be subject to availability and charged at Community Center rates and billed to the individual sport. The following exception will be made to Section II, Article f:
  - i. If fields are not available for use at the beginning of the fourth week of March of each year, each spring sport will be allotted additional gym time as allocated in accordance with any agreements made between the spring sports programs at either or both of the February or March fields meetings. Gym time will be allocated until such time that the St. Anthony High School Facilities Director and the St. Anthony Public Works Superintendent approve use on outdoor fields, at which point the gym use policy reverts back to Article f.
  - ii. Sports that use gyms as a course of their normal programming will not be charged for gym time once practice sessions for those sports officially begin and end for the season. (For basketball and volleyball, see articles b. ii. and b. vii. above)