# St. Anthony Sports Boosters Coaches Guidelines

## PURPOSE OF ST. ANTHONY SPORTS BOOSTERS

St. Anthony Sports Boosters strongly believe that young athletes should be challenged at a level which is proportional to their skill and ability. We believe that the young athlete is best served in an environment where concerns for physical and emotional well being are key considerations.

St. Anthony Sports Boosters defines a successful athletic experience as one in which skills, development, good sportsmanship, and good, clean competition are vigorously promoted, and that winning and losing are a learning experience rather than factors to determine self-worth.

## Code of Ethics for coaches

- 1. I will treat each individual player, opposing coach, official, & administrator with respect and dignity.
- 2. I will do my best to learn the fundamental skills, teaching techniques and strategies of the game.
- 3. I will become familiar with the rules of the game.
- 4. I will become familiar with the objectives, rules, & regulations of the Saint Anthony Sports Boosters.
- 5. I will uphold the authority of the officials assigned to the contest in which I coach and I will assist them in every way to conduct fair and impartial competitive contests.
- 6. I will learn the strengths and weaknesses of my players in order that I might place them into situations where they have maximum opportunities to achieve success.
- 7. I will be patient and supportive and take the time to work with each player regardless of ability or potential.
- 8. I will encourage my players to report physical injury or pain without fear of ridicule or loss of self esteem.
- 9. I will be a supportive listener to my players when they respectfully voice their opinions or ask questions about technique and strategy.

- 10. I will conduct my practices and games so that players have an opportunity to improve their skill level through active participation.
- 11. I will communicate to my players their rights and responsibilities.
- 12. I will report any irregularities that violate sound, competitive practices.
- 13. I will protect the health and safety of my players by insisting that all of the activities under my control are conducted for their psychological and physiological welfare rather than the vicarious interests of adults.

## **Disciplinary Process**

- 1. Athletes who demonstrates problem behavior:
  - Coach should discuss issue with the player, reduce playing time if necessary, but contact parents <u>before</u> playing time is reduced. If the situation continues, the coach may dismiss the player from the team after first consulting with the sport specific board of directors.
- 2. Coach who demonstrates problem behavior:
  - The issue should immediately be forwarded to the sport specific board of directors who should investigate and initiate corrective action which may include bringing the matter to the attention of the St. Anthony Sports Boosters' board.

#### Zero Tolerance Rules

- 1. A Coach and player will refrain from the use of abusive or vulgar language when dealing with a player, coach, or official in any game or practice.
- 2. A Coach and player will refrain from any inappropriate physical contact when dealing with a player, coach, or official in any game or practice.

## Participation and Playing Time

The amount of playing time per player is always a major concern for players, parents, coaches, and the Saint Anthony Sports Boosters. The following guidelines should be implemented by coaches in all programs sponsored by the Saint Anthony Sports Boosters:

1. Playing time should be reasonably balanced per game if the team member demonstrates good attendance for practices and games; shows respect towards teammates, coaches and others; and listens and tries to improve skills throughout the season.

Skill variation should have no bearing on playing time. The goal should be to win or lose as a team and improve as a team.
 If a coach feels that a team member is not demonstrating the behavior listed in #1 above, the coach must follow the steps in the Disciplinary Process outlined in these Coaches Guidelines before playing time for the team member is affected.
 I HAVE READ, UNDERSTAND AND AGREE TO FOLLOW THE ST. ANTHONY SPORTS BOOSTERS COACHING GUIDELINES.

Sport Officer DATE