# WACPC

## Wisconsin Association of Cheer & Pom Coaches, Inc.

# Coed CHEER

udge:		_	

Team:	
Division:	
Performance:	Comp Year:

	Ch	eer Score
	Score	Max Score
		1
,		1
		1
Genuine Spirit		1
Consistent Engagement		1
Crowd Engagement		5
Props Easy to Read/Follow		1
Uniformity of Style		1
Props Enhance Crowd Engagement		1
Creative		1
Strong Technique		1
Proper Use of Crowd Leading Material		5
Precise Placement		1
Precise Technique (strong arms/straight wrists)		1
Precise Synchronization		1
Motions Enhance Crowd Engagement		1
Incorporation of Footwork		1
Cheer Motions		5
Stunts Enhance Crowd Engagement		2.5
Clean/Clear Transitions In & Out of Stunts		2.5
Proper Use of Stunts		5
Precise/ Sharp Movements		1
Precise/Sharp Skills (jumps, kicks, tumbling, stunts)		1
Precise Synchronization		1
Precise Spacing		1
Clean/Clear Transitions		1
Showmanship		1
Confidence		1
Natural, Excited Faces & Smiles		1
Energy Maintained		1
Absence of Mistakes		1
Cheer Execution		10
TOTAL SCORE		30
	Crowd Engagement Props Easy to Read/Follow Uniformity of Style Props Enhance Crowd Engagement Creative Strong Technique Proper Use of Crowd Leading Material Precise Placement Precise Technique (strong arms/straight wrists) Precise Synchronization Motions Enhance Crowd Engagement Incorporation of Footwork  Cheer Motions Stunts Enhance Crowd Engagement Clean/Clear Transitions In & Out of Stunts Proper Use of Stunts Precise/ Sharp Movements Precise/ Sharp Movements Precise Synchronization Precise Synchronization Precise Spacing Clean/Clear Transitions Showmanship Confidence Natural, Excited Faces & Smiles Energy Maintained Absence of Mistakes  Cheer Execution	Strong Voice (volume, projection)  Vocal Enhancements (inflection, ad libs)  Good Pace/Flow  Genuine Spirit  Consistent Engagement  Props Easy to Read/Follow  Uniformity of Style  Props Enhance Crowd Engagement  Creative  Strong Technique  Proper Use of Crowd Leading Material  Precise Placement  Precise Technique (strong arms/straight wrists)  Precise Synchronization  Motions Enhance Crowd Engagement  Incorporation of Footwork  Cheer Motions  Stunts Enhance Crowd Engagement  Clean/Clear Transitions In & Out of Stunts  Precise/Sharp Movements  Precise/Sharp Skills (jumps, kicks, tumbling, stunts)  Precise Synchronization  Precise Spacing  Clean/Clear Transitions  Showmanship  Confidence  Natural, Excited Faces & Smiles  Energy Maintained  Absence of Mistakes  Cheer Execution



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#### **DANCE & ROUTINE FORMATIONS & TRANSITIONS**

Judge Comments

	Team:		
ludge:	Division:		
	Performance:	Comp	

	Dance Score (a minimum of ONE 8-ct of continuous dance from available athletes is required to score)					
	Driver	Score	Max Score	Judge Comments		
	Sharp/Precise Movements		0.5			
	Perfect Motion Technique		0.5			
	Precise Synchronization		0.5			
	Strong Control of Tempo/Rhythm		0.5			
Execution	Visual Appeal		0.5			
e Exec	Showmanship		0.5			
Dance	Confidence		0.5			
	Natural, Excited Faces & Smiles		0.5			
	Energy Maintained		0.5			
	Creative		0.5			
	Dance Execution		5			

		Routine	Formation	ns/Transitions
	Execution Driver	Execution Score	Max Score	
	Clear/Easily Seen		0.5	
su	Good Spacing		0.5	
Formations	Variety (using levels, different shapes, etc)		0.5	
_ -	Appropriate Use of Floor		0.5	
	Formations enhance the routine		0.5	
	Clean Movement		0.5	
su	Creative		0.5	
Transitions	Good Pace		0.5	
	Minimal Downtime		0.5	
	Strong Coordination between Visual Elements		0.5	
	Formations/Transitions Score		5	
	TOTAL SCORE		10	



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#### **TUMBLING & JUMPS**

	Team:	
Judge:	Division:	
	Performance:	Comp Year:

	TUMBLING EXECUTION							
	Execution Driver Few (≤50%) 0.1 - 0.3 Majority (> 50%) 0.4-0.7 M	Score	Max Score	Judge Comments				
	Clear Body Lines		1					
	Strong Technique (solid block, high set, squeezed		1					
STANDING	legs) Clean Entry							
STAN			1					
	Clean Landing		1					
	Correct Skill Form		1					
	Standing Tumbling Execution		5					
	Clear Body Lines Strong Technique (solid block, high set, squeezed		1					
و	legs)		1					
RUNNING	Clean Entry		1					
_	Clean Landing		1					
	Correct Skill Form		1					
	Running Tumbling Execution		5					
	<b>Tumbling Execution Score</b>		10					
			JUMP EX	ECUTION				
	Execution Driver Few (≤50%) 0.1 - 0.3 Majority (> 50%) 0.4-0.7 M	Score	Max Score	Judge Comments				
То	es Pointed	10st - 1 uii (2 73)	1					
_	6							
Le	gs Straight		1					
Hi	os Rotated		1					
Pr	oper Placement (Legs & Arms)		1					
Ba	ck Straight/Chest Up		1					
_	<u> </u>							
	Jump Execution Score		5					
	Execution Driver	<b>Execution Score</b>	Max Score	G & JUMP IMPACT  Judge Comments				
	Few (≤50%) 0.1 - 0.2 Majority (> 50%) 0.3 Most -		0.5					
nship	Confident/Natural		0.5					
Showmanship	Energy Maintained Throughout		0.5					
-s	Genuine Crowd Presence		0.5					
	Team Synchronized		0.5					
ing	Variety of Skills		0.5					
Tumbling	Spacing/Formations		0.5					
	Routine Enhancing		0.5					
	Team Synchronized							
sd			0.5					
Jumps	Spacing/Formations		0.5					
	Routine Enhancing		0.5					
	Impact Score		5					

20

**TOTAL SCORE** 

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0.0

Level Variety Not Met

Judge:

eam:		
Division:		

	W								Performance:				Comp Year:	
	, m.					TUM	BLING DIFFI	CULTY					, , , , , , , , , , , , , , , , , , ,	
	0.3	0.5	0.8	1.0	1.3	1.5	2.0	2.5	3.0	3.5	3.8	4.0	4.5	5.0
	Rolls	Cartwheels	Roundoffs	Series including cartwheels, Roundoffs	Walkover	Series including walkovers	Side Aerials	Series including side aerials	Single Jump handsprings	Standing Tucks	Roundoff Tucks	Roundoff Back Handspring Tucks/Flips	Layouts (stretched out)	Standing Fulls
	Handstands	Combination including handstands					Handsprings	Front flips	Standing/ Running Series including handsprings	Standing series including Tucks/Flips	Single Jump Tucks	Series not already listed including Tucks/Flips	Series including Layouts	Series including twists (full or Arabian)
												Whipback		
		Serie.	s including	directional o	changes (a		borne) or inclu Score will not (		ial to airborn	e skill will ii	ncrease score	2 1/2 point.		
								exceeu 3.0						
# skills each level														
Skill Calculati on														
										Judges N	l Notes:			
enter # athletes	TEAM SIZE									Ü				
	DIFFICULTY			ifficulty Si ivided by i		etes					Tu	ımbling Dif	ficulty Sco	ore /10
							MP DIFFICU							
	EVE!	DACE COORT	<u> </u>			JUI	MP DEFINITI	ONS L DEFINITIO	NIC AND WA	DIETY				
EXPER	.EVEL T	BASE SCORE 4.1	3+ Conne	cted differ	ent novice	e iumns + 1					าดพท			
ADVAN		4.1 3+ Connected different novice jumps + 1 Si 3.1 3+ Connected novice jumps + 1 Novice; 3 D								الا دارانات م.				
	MEDIATE	2.1					l) + 1 Single N			t Jump Ski	ills Shown			
NOVICE		1.1 Connected Beginner Jumps or Toe Touch, Front/Si										ımp Skills S	hown	
BEGINN	NER	0.1	Star, Tuc	k, Double H	look; <b>2 Ju</b>	mps Shown								
				few ≤ 50	%	majority > 5	i0%   i	most ≥ <b>75</b> %	full:	= 100%				
		Bonus (ha	rder skill will dı	rive bonus)				Ju	umps Base Score			Jump Bor	nus Score	
	0.9		Full Te	am + Full T	eam									
	0.8			m + Most										
	0.7			n + Majority										ı
	0.6			am + Few T							Jump Diffic	culty Score		
	0.5			am + Most									/5	
	0.4			n + Majorit	•								,,,	
	0.3			eam + Few			1							ı
	0.2			am + Major						OVE	RALL TUM		MP	
	0.1			Team + Fev							DIFFICUL	Y SCORE		
	0.0			am + Few T									/15	
	0.0		np Skill Occ								, _3			



#### Wisconsin Association of Cheer & Pom Coaches, Inc.

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#### STUNTS & PYRAMIDS

	Team:	
Judge:	Division:	
	Performance:	Comp Year:

			GROUP STUN	TS EXECUTION			
	Execution Driver	Execution Score	Max Score		Judge Comments		
	ong Top Person Technique - locked legs		1				
	ong Top Person Technique - motions / body positions		1				
Str	ong Base Technique - locked arms		1				
Str	ong Base Technique - use of legs		1				
Str	ong Technique - tight core		1				
Per	fect Control		1				
Coı	rect Dismount & Tosses Technique		1				
Per	fect Synchronization / Timing		1				
Per	fect Spacing		1				
Cle	anly Performed Higher Skills in Difficulty Level		1				
	Group Stunts Execution Score		10				
	Execution Driver	Franchism Comm		EXECUTION	ludes Comments		
Str	ong Top Person Technique - locked legs	Execution Score	Max Score		Judge Comments		
Str	ong Top Person Technique - motions / body positions		1				
	ong Base Technique - locked arms		1				
	ong Base Technique - use of legs		1				
	ong Technique - tight core		1				
	fect Control		1				
	fect Transitions		1				
Perfect Synchronization / Timing			1				
	fect Spacing		1				
Cleanly Performed Higher Skills in Difficulty Level			1				
	Pyramids Execution Score		10				
	1 yrumus Execution score	OVER	-	PYRAMIDS IMPACT			
	Execution Driver	Execution Score	Max Score		Judge Comments		
	iety: number of skill categories performed in stunts OR amids (0.2 per category, max 5)		1	Circle Categories Observed:	Inversion Release Twisting Tosses Coed	Dismounts	Other Stunts
	Personnel: min # of bases/bracers used, max # of athletes used		0.5				
UNTS	Formations: clear/easily seen, variety, appropriate use of floor		0.5				
ΓZ	Transitions: creative stunt sequences, minimal downtime		0.5				
	Showmanship: engaging, energy maintained		0.5				
	Personnel: min # of bases/bracers used, max # of athletes used		0.5				
AMI	Formations: clear/easily seen, variety, appropriate use of floor		0.5				
	Transitions: creative stunt sequences, minimal downtime		0.5				
	Showmanship: engaging, energy maintained		0.5				
	Impact Score		5				
	TOTAL SCORE		25				



Judge:	

Team: Division:

Performance:

Comp Year:

<b>1</b>			CDOUD 8-C	OED STUNT/DVBAMID DI	EEICLUTY			Comp Year:	
GROUP & COED STUNT/PYRAMID DIFFICULTY  DEFINITION									
INVERSION RELEASE TWISTING DISMOUNT  **Single base bump ups (for inversions/releases/twists) : All Girl + 1 level & Coed +2				OTHER STUNTS TOSSES COED		COED	PYRAMIDS		
**Single base bump up	ps (for inversions/releases/twist level** Does not apply to pyr			NOT COED		**Pyramid skills are coed, unless s		ess specified**	
			BEGINNER LEVEL						
To ground		1/2 twist to below prep	Straight to ground  To below prep	Below prep level (vertical/horizontal)  Prep level (vertical/horizontal) includes shoulder level			Shoulder Sit	Braced DOUBLE-BASED Stu release/twisting/inversion s	
without release	To below prep (vertical/horizontal) 1/4 to any skill		Straight cradle from prep (1 or 2 leg)	T-lift/Russian lift Prep single leg+ Show n go (1 or 2 legs) Assisted chair			eginner coed dismounts	Hands / Extended Level (1 walk in or toss up w/bracer(s	
		NOVIC	E LEVEL(single leg = target, to	rch, lib, or hitch. Any other leg position is cons.	idered a single leg w	w/body position	on)		
To below prep without release	To prep (vertical/horizontal)	Less than full to prep or extended	Straight cradle from extended+	Extended level (vertical/horizontal)	Straight ride Ball Arch / Bal Arch		Chair	Braced FEMALE SINGLE BASED release/twisting/inversion : Extended Level (1 or 2 walk in or toss up with ONE ARM w/	stunt skills leg) -
To ground	BEGINNER release with 1/2 +		Up to 1/2 twist	Extended single leg	Pretty Girl Ar Pike Arch Kick	A33	isted INTERMEDIATE coed skills	Extended Toss Up W/ BRACER(S) AT TOP  Braced roll from prep level or below to below prep le  Braced flip to below prep	
with release		Modified full to prep or extended	Full twist from prep or below	Unassisted chair	Toe Touch	·   '	Novice coed dismounts	Braced INTERMEDIATE release/twist skills	ing/inversion stunt
	I	I	T	INTERMEDIATE LEVEL					
To prep without release	To extended (vertical/horizontal)	Full to prep	Full twist from extension	Extended single leg with body position			Hands	Extended Single Leg Toss Up w/ Bi Braced roll from prep level or bel	ow to prep level
	High to low (1 or 2 leg)	1/2 to extended single leg+			Full twist		Press Extension	Vertical top person performs braced release with hips passing above extended level without twist to prep	
To below prep with release	NOVICE release with 1/2 + twist	Modified full to extended single leg+	Full to 1% twist from extended single leg	Single base hands		As	sisted SKILLED coed skills	coed skills  Braced flip from below prep to pro  Braced flip to below prep with 1	
							ermediate coed dismounts	Braced SKILLED release/twisting/inversion stuni	
To extended+	To extended single leg+ (switch up)  INTERMEDIATE release with 1/2 + twist	Prep to prep full  High to low (1 or 2 leg)	2+ trick without twist  Full to 1¼ twist from extended single leg body	n Upassisted INTERMENIATE	2+ trick without twist not previously defined		Straight to extended	Extended single leg+ with bracer(s) at (all groups coed) Extended Single Arm Toss Up w/ B	
without release						out	ess to extended single leg+	Braced roll from prep level or below  Vertical top person performs brace passing above extended level withou	d release with hips
To prep from below prep+						Assi	sted ADVANCED coed skills	Braced flip from prep to Braced flip from ground Braced flip from below prep to prep twist	to prep
with release		1/2 + twist	Full to extended single leg	position				Skilled coed dismounts	Back handspring (inversion) with release.  Braced ADVANCED release/twisting/i
To autor de de				ADVANCED LEVEL				Vestical ten new	d salana y 245 52
To extended+ from below prep+ with release	Low to high - single leg, switch foot ending in single leg+	Low to high full to extended+		Single base hands+ with release		Strai	ght to extended single leg +	Vertical top person performs braced passing above extended level wi  Braced flip from prep+ to a	th twist to prep
Handstand to prep with release	High to high - single leg, switch foot ending in single	Full to extended single leg body position	2 trick including twist	Straight to extended single base hands	2 trick includi twist	ing F	ress One Arm Extended	Braced flip from prep to prep w	rith 1/2 twist +
To prep from ground with release	leg+ SKILLED release with 1/2 +	1 1/2+ to extended (2 leg)		Press extended single base single leg+ Unassisted SKILLED			sisted EXPERT coed skills	Braced EXPERT release/twisting/inversion stunt skill:	
	twist			single based skills		A	dvanced coed dismounts		
To extended+ from		1 1/2+ to extended single leg		EXPERT LEVEL				Vertical top person performs brace	d release with him
ground with release (with or without twist)	Low to high - body position switch foot to body position	body position  High to high ending in 2 leg		Straight to extended single base single leg+ (main base or coed grip)		Straight to extended one arm		passing above extended level with the Braced flip from extended to	wist to extended+
Handstand to extended+ with release	High to high - body position switch foot to body position	High to High ending in single leg+	3+ trick including twist	Press extended single base single leg+ (main base or coed grip)	3+ trick includ twist		Straight to extended single leg body position	Braced flip from ground to	
ADVANCED inversion with 1/2 +Twist	ADVANCED release with 1/2 + Twist	Double twist to extended+		Unassisted ADVANCED single based skills			Braced flip from prep+ to  Expert coed dismounts Back handspring (inversion		
	·		<u> </u>						
4 . 6	F00/ 1	Pyramid Base Score	N	/lax 1	Bracer Bonus - Sco		Max 1		
1<-few < 50%   majority ≥ 50%   most ≥ 75%   full = 100%			No connected elements         0           2 Beg OR 1 Pyr Any Level         0.1		Double Braced a				
www.paraceanal.l. l. o. lo. l. o. lo.				2 DCB ON 1 F yr Arry Level		U.1	Jingle blaced a		0.2

\*\*\* Base Score is based on Coed Stunts only \*\*\*

	Coed Stunt	Base Score	Group Stunt Bonus (Max 1 - Coed or Quad)						
	4 Majority	4 Most+	Few	Majority	Most	Full			
Beg	0.5	1.5	İ						
Novice	2.0	3.0	No Points						
Inter	3.5	4.5	]						
Skilled	5.0	6.0	0.1	0.2	0.4	0.6			
Adv'd	6.5	7.5	0.2	0.4	0.6	0.8			
Expert	8.0	9.0	0.4	1.0					

Coed Stunt Base Score	Group Stunt Bonus (max 1)

Pyramid Base Score	Max 1
No connected elements	0
2 Beg OR 1 Pyr Any Level	0.1
2 Novice OR 1 Novice & 1 Beg	1.1
1 Inter & 1 Novice	2.1
2 Inter OR 1 Skilled & 1 Novice	3.1
1 Skilled & 1 Inter	4.1
2 Skilled OR 1 Adv'd & 1 Inter	5.1
1 Adv'd & 1 Skilled	6.1
2 Adv'd OR 1 Expert & 1 Skilled	7.1
1 Expert & 1 Adv'd	8.1
2+ Expert	9.1

Single Braced at Top	0.3
Bracer Bonus - Scoring Pyramid 2	Max 1
Double Braced at Top	0.1
Single Braced at Start	0.2
Single Braced at Top	0.3
Transition Bonus	Max 1
2 Variety of Transition Skills	0.1
3+ Variety of Transitions Skills	0.2
Quantity Bonus	Max 1
3+ Pyramids in Scoring Range	0.1

Pyramid Base Score	Bracer P1	Bracer P2	Transition	Quantity

Coed/Group Stunts Difficulty Score (Max Score = 10)

Pyramids Difficulty Score (Max Score = 10)