

OWATONNA GIRLS SUMMER HOCKEY CAMP

Registration Form

SESSION REGISTERING FOR (CIRCLE): HS/U14 (\$350) Rookies-Park & Rec.. (\$195)
U12/U10 (\$275)
NAME: _____ BIRTHDAY: _____ E-MAIL: _____

ADDRESS: _____ PHONE: _____ T-SHIRT SIZE (CIRCLE): YS YM YL S M L XL

CITY: _____ STATE: _____ ZIP: _____ SHORTS SIZE (CIRCLE): YS YM YL S M L XL

SPECIAL MEDICAL CONDITIONS: _____

INSURANCE COMPANY: _____ POLICY NO.: _____

TYPE OF PAYMENT (if paying by check, please include check number): _____

Complete registration and waiver (on the back) with the registration fee made out to:
Owatonna Girls Hockey Camp, C/O Tim Hunst, 2442 Timberwood Lane NE, Owatonna, MN 55060

Registration due by April 15. All registrations after April 15, please add \$25.00



Owatonna Girls Summer Hockey Camp

June 17-July 21 (excluding July 1-5)
at the Four Seasons Centre in Owatonna, MN
All girls are welcome.

Cost

Rookies (Park&Rec): \$195
U10/U12: \$275
U14/HS: \$350

Rookies Schedule

On Ice M, F 11am-Noon
Dryland M, F 12:15-1:15pm
3on3 Sun 4:30-5:30pm

U10/U12 Schedule

On Ice MWF 9:45-10-45am
Dryland MWF 11am-Noon
3 on 3 Sun 5:45-6:45pm or 7-8pm

U14/HS Schedule

Dryland M, W, F 7:15-8:15am
On Ice M, W, F 8:30-9:30am
Walmart HS Tournament July 19-21

Send Payment by April 15 to:

Owatonna Girls Hockey Camp,
C/O Tim Hunst
2442 Timberwood Lane NE
Owatonna, MN 55060



"The team on
the top of the
mountain didn't
fall there."



Why train in the off-season? Isn't hockey a winter sport?

The philosophy of the OHS Girls Hockey program stresses the importance of maintaining and nurturing well-rounded individuals. Our intention is to put these girls in the best situation to succeed- in both hockey and life. In order for that to happen, we need to help them improve.

The time for individual improvement is in the offseason. Once the season comes around, we need to work more on team, less on individuals. Summer is skill development time. Therefore, most of our time will be spent on the skills of skating, passing, and shooting, with small area games included to tie skills to the game itself.

Who will be coaching?

There will always be a qualified coach on ice and in the dryland facility. These will include (but are not limited to): Tim Hunst – OHS Varsity Girls Hockey Head Coach; Lindsay Macy- OHS Varsity Girls Hockey Assistant Coach; as well as current and former members of the OHS girls hockey team.



OHS GIRLS HOCKEY

The goal of this program:

The coaches of girls hockey at Owatonna High School recognize the potential gains in athletic performance, self-confidence, and team unity that can be created

through hard work and dedication. By making the commit-

ment to improve in the off-season, the participants will see

incredible gains.

Through hard work and training by

knowledgeable

coaches, this summer will prepare our athletes for an even higher level of play.



RELEASE AND INDEMNITY:

In consideration of the acceptance of our child _____ as a student in the Owatonna Girls Summer Hockey Camp, we the undersigned parents, release, remise, and discharge OYHA, OHS, the Owatonna Girls Summer Hockey Camp, it's staff, and organizers from all claims, actions, causes of action, damages and demands by the undersigned parents for loss or injury resulting directly or indirectly from the participation of our child in this program.

The undersigned parents covenant and agree to indemnity and save harmless OYHA, OHS, the Owatonna Girls Summer Hockey Camp, it's staff, and organizers from all claims, actions, causes of action, damages and demands which may be brought up by or on behalf of our child against OYHA, OHS, the Owatonna Girls Summer Hockey Camp, it's staff, and organizers arising out of her participation in the camp, including all costs, damages and expenses incurred in defending any such claims or actions and against any loss arising therefrom.

We acknowledge that the student cannot be accepted into this program but for our executing this release and indemnity.

We have read the release and understand that it is a full final release of all claims for injuries and damages sustained in the Owatonna Girls Summer Hockey Camp and have read over the agreement to indemnity, and understand the responsibilities we have assumed thereunder.

SIGNATURE OF PARENT:

DATE: _____

REFUND POLICY:

No refunds of after May 1, 2013