ADULT PLAYERS
A benefit of membership is belonging to a growing National Governing Body which trains and selects Men’s and Women’s National Teams at various levels, including the Olympic and Paralympic Winter Games. In addition, you become united with some 174,000 adult members of USA Hockey.

Additional benefits of membership include:
- Uniform Playing Rules
- Local Programs – Sanctions and Discipline Procedures
- Adult National Championships at multiple levels of play
- Access to unique playing opportunities and skills clinics
- Referee Education Program
- Coaching Education Program
- Adult Recreational Tournaments
- General Liability, Sports Accident, Theft and Catastrophic Medical Insurance Coverage
- Annual subscription to USA Hockey Magazine and access to usahockey.com
- Special app specifically for adult players

BEING INVOLVED IN THE GAME
Another benefit of membership that is often overlooked is the ability to give something back to the game. All of USA Hockey’s programs rely heavily on volunteers in both leadership and hands-on grassroots positions. To fill these volunteer positions, we need individuals who are committed to the game, maintain a positive attitude and are willing to share information with the next generation of participants.

As an adult hockey player, you have experience in the game that is valuable to the next generation of players and USA Hockey asks you to be involved in our great game. Please read the information contained in this brochure to learn about some of the many opportunities available.

ADULT CLASSICS
USA Hockey sponsors an annual series of recreational, non-checking tournaments for adult players. These tournaments are open to registered teams in Gold, Silver, Bronze, Over-30, Over-40 and Women’s Divisions, and all are held in adult destination locations.

USA Hockey invites you, your teammates and families to enjoy your experience at these tournaments. With the cooperation of all players, coaches and team officials, the Adult Classics have been a success at all levels.

LABATT BLUE/USA HOCKEY
ADULT NATIONAL CHAMPIONSHIPS
USA Hockey conducts different levels of Labatt Blue/USA Hockey Adult National Championships, including six divisions each for men’s and women’s teams. All teams competing are state champions, Classic champions or sanctioned qualifiers.

Our primary goal is to provide equitable competition for all participating teams. For more information about these tournaments, please call the adult hockey department at 719-576-USAH (8724).

ADULT PLAYERS
A benefit of membership is belonging to a growing National Governing Body which trains and selects Men’s and Women’s National Teams at various levels, including the Olympic and Paralympic Winter Games. In addition, you become united with some 174,000 adult members of USA Hockey.

Additional benefits of membership include:
- Uniform Playing Rules
- Local Programs – Sanctions and Discipline Procedures
- Adult National Championships at multiple levels of play
- Access to unique playing opportunities and skills clinics
- Referee Education Program
- Coaching Education Program
- Adult Recreational Tournaments
- General Liability, Sports Accident, Theft and Catastrophic Medical Insurance Coverage
- Annual subscription to USA Hockey Magazine and access to usahockey.com
- Special app specifically for adult players

BEING INVOLVED IN THE GAME
Another benefit of membership that is often overlooked is the ability to give something back to the game. All of USA Hockey’s programs rely heavily on volunteers in both leadership and hands-on grassroots positions. To fill these volunteer positions, we need individuals who are committed to the game, maintain a positive attitude and are willing to share information with the next generation of participants.

As an adult hockey player, you have experience in the game that is valuable to the next generation of players and USA Hockey asks you to be involved in our great game. Please read the information contained in this brochure to learn about some of the many opportunities available.

ADULT CLASSICS
USA Hockey sponsors an annual series of recreational, non-checking tournaments for adult players. These tournaments are open to registered teams in Gold, Silver, Bronze, Over-30, Over-40 and Women’s Divisions, and all are held in adult destination locations.

USA Hockey invites you, your teammates and families to enjoy your experience at these tournaments. With the cooperation of all players, coaches and team officials, the Adult Classics have been a success at all levels.

LABATT BLUE/USA HOCKEY
ADULT NATIONAL CHAMPIONSHIPS
USA Hockey conducts different levels of Labatt Blue/USA Hockey Adult National Championships, including six divisions each for men’s and women’s teams. All teams competing are state champions, Classic champions or sanctioned qualifiers.

Our primary goal is to provide equitable competition for all participating teams. For more information about these tournaments, please call the adult hockey department at 719-576-USAH (8724).
HOW DO OFFICIALS GET STARTED?

All officials who work sanctioned games must register with USA Hockey. This involves the completion of a simple registration form and the payment of a nominal annual registration fee. After registering, the applicant must pass an open-book rules exam that is designed to cover the basic playing rules that are required knowledge for the lower levels of hockey. New officials will also have to obtain a black hockey helmet, official’s sweater, black pants and a whistle.

USA Hockey conducts more than 400 pre-season educational seminars for its officials during the fall months. These full-day seminars are mandatory for all officials registering with USA Hockey. All seminars are conducted free-of-charge to all participants. The content of these educational seminars ranges from on-ice skills to rules interpretations to advanced theories of officiating. As experience is gained, officials advance to higher-level seminars.

WHAT ARE THE VARIOUS LEVELS OF OFFICIATING?

First-year officials must register as a Level 1 official and may officiate at the lower levels of hockey. New officials who have past experience in officiating ice hockey may register at a different level, on a case-by-case basis, as determined by the District Referee-in-Chief.

Officials are allowed to advance to each level season, up to their highest level, which is Level 4. Level 2, 3 and 4 officials need to complete a closed-book exam and will receive performance feedback through the Officials Evaluation Program. Level 4 officials will also need to successfully complete a skating exam.

Level 1 is the introduction of the basic skills in hockey of skating, puck handling, passing, receiving and shooting. Topics covered include leadership qualities, communication, teaching skills, progression and skill analysis. Four teaching progression practice plans are provided to each attending the clinic.

The Level 2 clinic involves the study of coaching skills such as the role of the coach, teaching techniques, and practice organization.

Individual player skills such as skating, puck control, shooting, body play, and team development related to the basic concepts of offensive and defensive team play.

The Level 3 clinic involves the study of coaching psychology and physiology as they relate to hockey. Player development skills include body checking, over speed skating and dryland training. Discussion will take place on team concepts and systems, which include defensive, offensive and special situations.

The Level 4 clinic examines in great depth the psychological, motivational and teaching aspects of coaching young athletes, along with the physiological and conditioning requirements of training ice hockey players. It also covers more complex tactics and systems and advanced levels of player skills and development.

Level 5 clinic (National Hockey Coaches Symposium) examines in great depth the physiological aspects of coaching young athletes. It also takes a more in-depth look at systems of team play and player skill development at the international level. Daily, small-group breakout sessions occur with an assigned leader that addresses present-day hockey issues. The Level 5 clinic is generally held every two years.

WHERE CAN I FIND A TEAM TO COACH?

Most local youth hockey organizations are in need of coaches, and especially those who have experience playing the game. Ask the personnel at your rink about who to contact in your area to find out more about becoming a youth hockey coach. Or, to find hockey near you, check out usahockey.com for local contact information.