



Honeoye Falls - Lima Youth Football & Cheerleading League, Inc.

P.O. Box 481
Honeoye Falls, New York 14472
www.hflyouthcougars.com

Dear Prospective Coach Candidate:

We are in the process of filling the head and assistant coaching positions for the 2013 season. This application is for new as well as returning coaches. No one will be considered for a coaching position without a current application on file.

We want to thank you for your interest in coaching our youth. In addition to the application form, you may submit any additional information, comments and suggestions that you feel would be helpful to us.

The deadline to submit your application for any of our head coaching positions is June 20th. The Board will approve head coaches at the Board of Directors meeting in July.

There is no deadline to submit applications for assistant coach positions, but submitting your application as early as possible will help our organization plan for the coming season. Assistant coaches are chosen by the head coach but must be approved by the Board of Directors.

Returning coaches must also submit a new application to be considered for the current season.

The position of head/assistant coach is a board of directors appointed position. As such, no definite period of time is guaranteed and with the approval of the board of directors may terminate your position without prior notice for reasons board has investigated and found to be detrimental to our purpose of the HFL Youth Cougars.

Thank you,

HFL Cougars Board of Directors



Honeoye Falls - Lima Youth Football & Cheerleading League, Inc.

COACH APPLICATION FORM

Name: _____

Address: _____

City: _____ State: _____ Zip: _____ E-

mail: _____

Phone: (____) _____ Cell Phone: (____) _____

POSITION APPLYING FOR:

- Head Football Coach
- Assistant Football Coach
- Head Cheerleading Coach
- Assistant Cheerleading Coach

TEAM (circle one):

A B C Flag

Children in the program:

Name	Age	Team	Division
_____	_____	football/cheer	A B C Flag A
_____	_____	football/cheer	B C Flag A B
_____	_____	football/cheer	C Flag A B C
_____	_____	football/cheer	Flag

Have you ever been convicted of a crime? YES NO

COACHING BACKGROUND

HAVE YOU PLAYED THIS SPORT? YES NO HOW MANY YEARS? _____

HAVE YOU HAD ANY FORMAL TRAINING AS A COACH? YES NO
IF YES PLEASE DESCRIBE (I.E. PE DEGREE, COACHING COURSES, CLINCS, ETC.)

PLEASE RATE YOUR KNOWLEDGE OF THE FOLLOWING TOPICS WITH REGARD TO THIS SPORT BY CIRCLING THE APPROPRIATE NUMBER.

- 1 = KNOW VERY LITTLE ABOUT IT
- 2 = HAVE REASONABLE GOOD KNOWLEDGE ABOUT IT
- 3 = KNOW A GREAT DEAL ABOUT IT

- 1 2 3 BASIC TECHNIQUE
- 1 2 3 ORGANIZING A PRACTICE
- 1 2 3 ADVANCE TECHNIQUE
- 1 2 3 DEVELOPING SPORTSMANSHIP
- 1 2 3 RULES OF THE SPORT
- 1 2 3 MOTIVATING YOUNGSTERS
- 1 2 3 STRATEGY OF THE SPORT
- 1 2 3 COMMUNICATION SKILLS
- 1 2 3 ORGANIZING A CONTEST
- 1 2 3 WORKING WITH PARENTS
- 1 2 3 ATHLETIC NUTRITION
- 1 2 3 WARM UP TECHNIQUE
- 1 2 3 EQUIPMENT NEEDS AND SPECIFICATIONS
- 1 2 3 INJURY PREVENTION AND TREATMENT
- 1 2 3 PHYSICAL CONDITIONING TECHNIQUES
- 1 2 3 GENERAL PRINCIPLES FOR TEACHING SPORTS SKILLS

DESCRIBE IN DETAIL YOUR PHILOSOPHY/ GOALS OF COACHING THIS SPORT.

I certify that the facts in this application are true and complete to the best of my knowledge and understand that, if approved; falsified statements will be cause for immediate dismissal. I authorize investigation of all statements contained herein to be true. I also understand that I will subject to a criminal background check.

As a coach, I will serve as a liaison between the team's Parents and the Board of Directors. Part of my responsibility will be to adhere to the guidelines and rules as set forth in the HFL Participation Handbook as well as the Bylaws and Rules of the Finger Lakes Youth Football & Cheerleading League (FLYFCL).

SIGNATURE: _____

DATE : _____

FLYFCL

COACHES' CODE OF ETHICS

I hereby pledge to live up to my certification as an NYSCA coach by following the NYSCA Coaches' Code of Ethics.

I will place the emotional and physical well-being of my players ahead of a personal desire to win.

I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.

I will do my best to provide a safe playing situation for my players.

I will promise to review and practice the basic first aid principles needed to treat injuries of my players.

I will do my best to organize practices that are fun and challenging for all my players.

I will lead by example in demonstrating fair play and sportsmanship to all my players.

I will provide a sports environment for my team that is free of drugs, tobacco, and alcohol, and I will refrain from their use at all youth sports events.

I will be knowledgeable in the rules of each sport that I coach, and I will teach these rules to my players.

I will use those coaching techniques appropriate for each of the skills that I teach.

I will remember that I am a youth sports coach and that the game is for children and not adults.