

**WEST CENTRAL DISTRICT TRACK AND FIELD MEET
MAY 25 AND 26, 2007
GRIFFITHS STADIUM - SASKATOON, SASKATCHEWAN**

Commissioner:

Lyle McKellar
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Entries:

Track entries from each Section are due no later than Tuesday May 22, 2007. Changes to the entries will be taken until 3:30pm on Thursday May 24, 2007. If this is not possible please contact the commissioner as soon as possible.

Event Responsibilities:

Long Jump (6 workers) – Section 1 (101 – 199)
Javelin (4 workers) – Section 2 (200 – 299)
Triple Jump (6 workers) – Section 3 (300 – 399)
Shot Put (4 workers) – Section 4 (400 – 499)
High Jump (3 workers) – Section 5 (500 – 599)
Discus (4 workers) – Section 6 (600 – 699)
Track – Section 1 (2 workers)
 Section 2 (4 workers)
 Section 4 (2 workers)
 Section 5 (3 workers)
 Section 6 (4 workers)
Sound – Executive
Gate – Executive
Awards – Executive

You only need to bring a tape measure and marking tool to run your event site as all other equipment will be supplied by West Central or Griffiths.

Additional Notes:

1. Your schools' E5 is due May 2, 2007.
2. Each event site will have directions on how to run your event but please make yourself familiar with both the SHSAA guidebook and the West Central Bylaws.
3. There will be a coaches meeting immediately following the awards presentation on Saturday to finalize the District Team that will be attending Provincials in Yorkton. Please attend.
4. The schedule for the meet and record performances are also a part of this package. The 9:00 start time on Saturday is when the events are to begin so please make sure you are at Griffiths ahead of time to have your event site ready to go.
5. Please go through the procedure to be followed if there are field and track events that are in conflict for your athletes.
6. If there are any problems during the day make sure to get them dealt with immediately. It is virtually impossible to make corrections at the end of the day or later.
7. There are ribbons for athletes finishing 1st through 6th in each event. Please encourage your athletes (especially track) to pick up their ribbons once the results of their event are read.
8. West Central is responsible to supply two track officials per session at the Provincial Meet in Yorkton.

Friday	Session 1	10:00am
	Session 2	2:00pm
	Session 3	5:00pm
Saturday	Session 1	9:00am (relays)
	Session 2	10:30am
	Session 3	2:30pm
	Session 4	5:10pm (relays)

9. We also require a male and female coach to represent the District.
10. Advancement to finals for the 100 and 200 will be the top two of each heat and the next four fastest times.