



American Development Model Association Application Process and Agreement

USA Hockey invites interested associations to apply for its Model Association program for Fall of 2013. If your association can follow the development philosophies, training methods, and game play parameters set forth by the American Development Model and the guidelines outlined below, then this is an exciting opportunity for interested associations to earn the Model Association designation from USA Hockey.

If your association is interested in becoming a Model Association, you're encouraged to submit an application.

Application Process:

1. This document will be sent electronically to the contact person on file for each member association in good standing with the local affiliate.
2. Associations that meet guidelines included in this document and wish to be considered should submit signed document via email by May 1, 2013, to Ken Martel (kenm@usahockey.org) for implementation in September 2013.
3. Applications will be reviewed by a five-person committee made up of the following:
 - USAH Senior Director, Hockey Development
 - USAH ADM Technical Director
 - USAH Manager, Youth Hockey
 - USAH ADM Regional Manager
 - Affiliate President
4. Selection will be made and the association will be notified as soon as possible.

Please use the following guidelines as a checklist of qualifications. Questions should be directed via email to Ken Martel (kenm@usahockey.org).

American Development Model Association Requirements

Required Association Qualifications for Hockey at 6U/8U/10U/12U

- Have a hockey director in place who is involved in everyday implementation of the ADM, including practice planning and off-ice training
- Have an age division coordinator for 8U, 10U and 12U age groups
- Have a Learn-to-Skate or Learn-to-Play program
- Have a facility that includes an indoor and/or outdoor area where off-ice training can be performed
- Have a facility that includes a conference and/or video room for video/chalk talk sessions
- All practice and game schedules approved by the hockey director
- Have weekly interaction with USA Hockey staff
- Document and submit practice plans for the season for each team in the Association on a monthly basis
- Complete evaluations on each player in association by 12/1/13 and again by 3/31/14
- Have a skating coach work with each team once per week at the 10U and 12U levels
- Have a stickhandling coach work with each team once per week at the 10U and 12U levels
- Have a goaltending coach work with each team once per week at the 10U and 12U levels
- Conduct a coaches continuing education meeting once per month

- Complete a review of coaching competency for the Association in conjunction with USAH staff and submit a plan for future improvements

Recommended Association Qualifications for Hockey at 6U/8U/10U/12U

Regular season to begin no earlier than Labor Day

- Regular season end no later than March 31
- Players have a minimum three days off at Thanksgiving at the 8U/10U/12U levels
- Players have a minimum seven days off at Christmas at the 8U/10U/12U levels
- Schedule a minimum of two "Try Hockey for Free" days per season
- Have adequate and available locker room space
- Have a minimum of one set of hard board cross-ice dividers

Required at 6U Hockey

- Follow ADM practice plans and guidelines
- Team structure to follow ADM recommendations, team composition, roster size and sorting
- No goaltenders in practice or on game days
- Games or tournaments outside local Affiliate only permitted with approval of ADM regional manager
- Games, tournaments or jamborees outside the United States must be played cross ice.
- No missing school for hockey
- Ice sessions should be 50-60 minutes in duration
- Two on-ice sessions per week
- Maximum of 50 on-ice days
- All in-house game days played in a cross-ice format (3v3 or 4v4 based upon number of kids)
- All away games, tournaments or jamborees played either cross-ice or half-ice

Recommended at 6U Hockey

- No games, tournaments or jamborees outside the United States
- One off-ice session per week (30 minutes)

Required at 8U Hockey

- Follow the ADM practice plans and guidelines
- Follow ADM recommendations on team composition, roster size and sorting
- Full-time goaltenders in practice or on game days used only in special circumstances
- Games or tournaments outside local Affiliate only permitted with approval of ADM regional manager
- Games, tournaments or jamborees outside the United States must be played cross-ice or half-ice.
- No missing school for hockey
- Ice sessions should be 50-60 minutes in duration
- Two or three on-ice sessions per week, inclusive of practices and games
- Minimum of 50 on-ice days and a maximum of 60 on-ice days
- A total of 16-20 cross-ice game days and 34-40 practices
- Players grouped in practice and in games by like ability
- All in-house game days played in a 4v4 cross-ice format
- All outside games, tournaments or jamborees played either cross-ice or half-ice
- No player at the 8U age group can be moved up to 10U hockey

Recommended at 8U Hockey

- No games, tournaments or jamborees outside of the United States
- One off-ice session per week (30-40 minutes)

- All practices and in-house game days played with intermediate nets

Required at 10U (Squirt) Hockey

- A total of 11-12 skaters and 1-2 goalies per team
- Ice sessions should be 50-60 minutes in duration
- Three or four on-ice sessions per week, inclusive of practices and games
- Minimum of 95 ice sessions per year
- Minimum 3-to-1 practice-to-game days ratio
- Practice session content developed with approval of hockey director
- Follow ADM practice guidelines (station-based, small-area games)
- Minimum 20 and maximum of 25 game days and a maximum of 35 games
- Games and tournaments outside local Affiliate need approval of ADM regional manager
- No games, tournaments or jamborees outside of U.S. where body checking is allowed
- No missing school for hockey
- Two off-ice training sessions per week (30-40 minutes)
- Minimum of two teams per on-ice practice session (3 recommended, 30-40 players)
- No single team practice sessions
- Players grouped by like ability in practices and games per ADM guidelines
- Equal playing time for all players

Recommended at 10U (Squirt) Hockey

- No games, tournaments or jamborees outside of the U.S.
- Rotating positions so that players experience both forward and defense positions

Required at 12U (Pee Wee) Hockey

- Games or tournaments outside local District only with approval of ADM regional manager
- No games, tournaments or jamborees outside the U.S. where body checking is allowed
- Four on-ice sessions per week, inclusive of practices and games
- Minimum 3-to-1 practice-to-game day ratio
- Practice session content developed with approval of hockey director
- Follow ADM practice guidelines
- Minimum of 105, maximum 120 ice sessions per year, including 80-90 practices
- Minimum 30 to maximum of 35 game days with a maximum of 40 games
- 60 minutes per ice session (minimum)
- Teams consisting of 11-13 skaters and two goalies (recommended 12 skaters and 1-2 goalies)
- On-ice practice sessions include 2-3 teams
- No single team practice sessions
- Two off-ice training sessions per week (30-40 minutes)
- One chalk talk/video session per week
- Players at the 12U age group cannot be moved up to 14U hockey
- Equal playing time for all players

Recommended at 12U (Pee Wee) Hockey

- Rotating positions so that players experience both forward and defense positions

14U (Bantam) Hockey

- Put together a stair step development plan to incorporate age-appropriate training methods on a 'go forward' basis.

The signatures below of the Association President and Affiliate President shall constitute the Association's and the Affiliate's agreement that the Association shall comply with all of the elements above listed above as "Required" at each particular age level. The Association President shall also identify with a checkmark which of the elements listed as "Recommended" that the Association intends to substantially comply with in the 2013-14 season. Upon acceptance of the Association's and Affiliate's representations as to the "Required" and "Recommended" elements, the signatures of the USA Hockey Senior Director, Hockey Development and USA Hockey ADM Director shall constitute USA Hockey's designation of the Association as an "American Development Model Association" (the "Designation") for the 2013-14 season.

To renew the Designation for subsequent seasons, the Association President and Affiliate President shall complete a new Application Checklist in the form provided by USA Hockey (additional elements may be added in subsequent seasons) and submit the completed form to USA Hockey for approval by USA Hockey.

No other rights or licenses are granted by USA Hockey to the Association except the Designation specifically set forth herein. If Association seeks rights or licenses to use other trademarks or service marks of USA Hockey, such rights or licenses shall be set forth in a separate agreement. The Designation is not an exclusive right, and USA Hockey may grant to other associations, clubs or programs the same rights as are granted hereunder, including the right to use the Designation. The Association shall not use any designation related to USA Hockey or USA Hockey's teams or programs other than the Designation, without the prior written consent of USA Hockey.

If at any time the Association fails to comply with the "Required" elements above, or fails to substantially comply with the "Recommended" elements checked above, then USA Hockey may withdraw the right to use the Designation by written notice to the Association, upon which the Association shall immediately cease using the Designation.

Affiliate President

Association President

USAH Senior Director Hockey Development

USAH ADM Director