



## *Mite to Squirt Transition Clinic*

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This is a **FREE** clinic for KC Stars Mites (U8 2004's) moving up to Squirt AND new Squirt or Pee wee players that just started to play or will start this fall. The main goal of this clinic is to prepare U8 cross-ice skaters for their next level of play.

### **Dates:**

**Sunday July 28th or Sunday August 4th, 3:00-5:00pm.**

Same information will be presented at both clinics. Players can attend either clinic. Arrive in street attire with tennis shoes. Bring your hockey gear for the on-ice portion. Parents are welcome to stay, help players get dressed, and observe.

### **Clinic Structure:**

- Chalk talk including rules of the game, penalties, terms
- Off-Ice demonstration (dry walk through) including face-offs, off-sides, positioning
- On-Ice instruction including face-offs, off-sides, positioning
- Scrimmage, put it in motion

### **Location:**

KC Ice Center  
19900 Johnson Drive  
Shawnee, KS

### **For more information contact:**

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