



LEARN TO SKATE EVALUATION

PLAYERS NAME:	COMMENTS:
DATE:	
AGE:	
ASSOCIATION:	
COACH:	
REPEAT L2S1 <input type="checkbox"/> ADVANCE TO L2S2 <input type="checkbox"/> ADVANCE TO HOCKEY PROGRAM <input type="checkbox"/>	

LEARN TO SKATE CURRICULUM 1	✓ = PASSED X = NEEDS IMPROVEMENT
A. GETTING UP	
B. BASIC STANCE	
C. BALANCE – REACH UP, TOUCH TOES	
D. MARCH WITH 2 FOOT GLIDE	
E. BALANCE – DIP & 2 FOOT GLIDE	
F. SWIZZLES FORWARD - INSIDE EDGES	
G. T-PUSH WITH 2 FOOT GLIDE	
H. SNOW PLOW STOP – 1 FOOT L/R	
I. SCOOTING – L/R	
J. FORWARD STRIDE / ALTERNATE FEET	
LEARN TO SKATE CURRICULUM 2	✓ = PASSED X = NEEDS IMPROVEMENT
K. BACKWARD STANCE	
L. BACKWARD GLIDING	
M. FORWARD C-CUTS	
N. FORWARD STRIDE /SKATING	
O. BACKWARD C-CUTS	
P. SNOW PLOW STOP – 2 FOOT	
Q. GLIDE TURN - 2 FEET	
R. PUCK HANDLING – PROPER GRIP	
S. SWEEP PASS	
T. SWEEP SHOT	