



New Hampshire Tomahawks lacrosse is excited to introduce the Girls Elite Program for summer 2014. We will begin with a series of three free 90 minute clinics at no charge for graduation years of 2017, 2018, 2019 and 2020/2021.

Tryouts will follow for the girls summer elite teams on October 27 and November 3. Players will try out by graduation year. (2017, 2018, 2019, 2020/2021) Teams will be announced by November 10th. Winter training will begin on November 24.

New Hampshire Tomahawks Girls Elite Program:

- Graduation Years for summer '14: 2017, 2018, 2019, 2020/2021.
- Maximum Roster Size: 20 players/team max (# of Teams at each graduation year will depend on talent pool and numbers)
- Coaches: 2 coaches/team
- Tournaments: 4 summer tournaments
- Value: One price covers the summer tournament fees, team uniform, winter training, summer practices and recruiting support for high school players
- User Friendly Website: Featuring an organized page for each team and player profiles for high school players.
- Coaching Assignments and Tournaments will be announced by October 1

About the Girls Coordinator, Mandy Rogers:

- Current Bishop Guertin Varsity Head Coach
- Former Division I lacrosse player at Boston University
- Nashua Telegraph Coach of the Year
- Owner of health & wellness program "CleanCalmConditioned"
- ACE Certified personal trainer, 6 years experience in strength & conditioning
- Board Certified health practitioner
- Bachelor's Degree in Business Administration from Boston University

Visit our website:

<http://girls.nhtomahawks.com>

Register for free clinics and tryouts:

<https://girls.nhtomahawkslacrosse.sportngin.com/register/form/361107523>