

TRAINING RULES FOR INTERSCHOLASTIC ACTIVITIES IN THE YANKTON SCHOOL DISTRICT

THE KEYNOTE TO PERFECT PHYSICAL CONDITIONING IS THE PROPER TRAINING OF THE WILL POWER AND A WILLINGNESS TO ABIDE BY A FEW FUNDAMENTAL TRAINING RULES. THE RULES FOR THE YANKTON SCHOOL DISTRICT'S INTERSCHOLASTIC PARTICIPANTS ARE AS FOLLOWS:

Eligibility/Participation in Activities

There are specific requirements governing student eligibility for participation in activities. Some regulations are set by the South Dakota High School Activities Association and some by the Yankton School District. One specific regulation has been established by law (SDCL 13-32-9 & [SDCL 13-32-9.2](#)). On first offense, any student adjudicated, convicted, or the subject of a suspended imposition of sentence or suspended adjudication of delinquency, for possession, use, or distribution of a controlled substance or marijuana (as defined by Chapter 22-42) is ineligible to participate in those activities sanctioned by the SDHSAA for one calendar year. The one year suspension for a first offense can be reduced to 30 calendar days if the student participates in an assessment with a certified licensed addiction counselor. If a suspension for a first offense is reduced to 30 calendar days, the student is also ineligible for a minimum of two SDHSAA sanctioned events. If two sanctioned events for which the student is ineligible do not take place within the reduced suspension period, the student's suspension remains in effect until two sanctioned events for which the student is ineligible have taken place. The one year suspension for a second offense may be reduced to 60 calendar days if the student completes an accredited intensive prevention or treatment program. If the suspension for a second offense is reduced, the student is also ineligible for a minimum of six SDHSAA sanctioned events on a third offense, the student will be permanently ineligible for the remainder of their time in high school.

[SDCL 13-32-9.2](#) also states that in order for events to count towards the minimum number of events for which the student is ineligible following a reduction in the suspension for a first or second offense, the student must participate in the entire activity season and may not drop out or quit the activity to avoid suspension. Failure of a student to complete the entire activity season results in the student being ineligible for one year from the date of adjudication, conviction, the subject of an internal adjustment or court appointed diversion program, or subject of a suspended imposition of sentence or suspended adjudication of delinquency. A suspension that is not completed by the student during one activity season carries over to the next activity season in which the student participates. In addition, a suspension that is reduced pursuant to SDCL 13-32-9 is only in effect during the South Dakota High School Activities Association's activity year, which begins on the first day of its first sanctioned event and concludes on the last day of its last sanctioned event. A reduced suspension that is not completed by the end of one activity year shall carry over to the next activity year. A suspension begins on: (1) The day following the notification to a school administrator by the Unified Judicial System that a student has been adjudicated, convicted, the subject of an informal adjustment or court approved diversion program, or the subject of a suspended imposition of a sentence or a suspended adjudication of delinquency for possession, use, or distribution of controlled drugs, substances, or marijuana as defined in chapter 22-42, or for ingesting, inhaling, or otherwise taking into the body any substance prohibited by SDCL 22-42-15 and the school administrator gives notice to the South Dakota High School Activities Association and the students; or (2) The day following the student's admission to a school administrator that the student committed an offense enumerated in subdivision (1), which shall be made with the student's parent or guardian present if the student is an unemancipated minor, and the school administrator gives notice to the South Dakota High School Activities Association. Additionally, although students are ineligible to participate in activity events, competitions, and performances, the school may allow a student to participate in practices.

1. **Abstinence from alcoholic beverages, tobacco, nicotine, illegal drugs, and misuse/abuse of drugs.**

Throughout any calendar year, including the months when school is not in session, the following rules apply to a member of any school activity team, grades 6-12, who has possessed, used or purchased alcohol, tobacco products, nicotine, illegal drugs, or mind altering substances. The individual is to be suspended from all activity/activities he/she is presently participating in. If the offense occurs out of season, the suspension will begin when the next season begins. Individuals on suspension may practice with a team under the supervision of the coach, but cannot dress for or participate in interscholastic competition. The individual shall be present on the sideline/bench during activity contests unless otherwise determined by the coach/advisor or administration. If it is determined that the individual's presence at practices and/or contests is creating a disruption, additional actions may be taken. The student/athlete must complete the season during said suspension or the suspension will not be considered "as served" and the student/athlete will be required to complete the suspension before being able to participate in any other season. If a student/athlete remains violation free for 12 consecutive months, he/she will receive a "clean slate". The administration also reserves the right to determine appropriate consequences for a criminal or civil violation or behavior that has been determined detrimental to the representation of the school in an activity.

- a. **First Offense:** The student/athlete will be suspended for 14 consecutive calendar days of activity competition or two contests, whichever is greater, even if the present activity ends and the next activity

begins. The student involved in a fine arts program will be suspended for 14 consecutive calendar days of activity competition or the next public appearance of each activity they are involved in, whichever is greater, even if the present activity ends and the next activity begins. Suspensions may include more than one activity depending upon the time of the violation. The suspension may carry over to the next activity or the next school year.

- b. **Second Offense:** As long as the second offense is within 12 months of the prior violation, it will result in the individual being suspended for 42 consecutive calendar days of activity competition or six contests, whichever is greater, even if the present activity ends and the next activity begins. The student involved in a fine arts program will be suspended for 42 consecutive calendar days of activity competition or the next two public appearances of each activity they are involved in, whichever is greater, even if the present activity ends and the next activity begins. Suspensions may include more than one activity depending upon the time of the violation. The suspension may carry over to the next activity or the next school year.
- c. **Third Offense:** As long as the third offense is within 12 months of a previous violation, it will result in the individual being suspended for one full calendar year from the date of the violation, even if the present activity ends and the next activity begins. A student may be able to reduce the suspension to 84 consecutive calendar days or ten contests, whichever is greater if the individual participates in an assessment with a certified chemical dependency counselor or completes an accredited intensive prevention or treatment program. If the suspension is reduced to 84 consecutive calendar days, or ten contests, whichever is greater, the suspension may carry over to the next activity or the next school year.

In addition to the above consequences, we believe it is very important to provide assistance to the student who has violated a training rule. Therefore our School Prevention Specialist will arrange an initial meeting with the student/athlete and administer a Drug/Alcohol Screen. The student/athlete will then meet with the School Prevention Specialist once per week through the end of the suspension period. Further recommendations will be provided by the School Prevention Specialist to the parent/guardian, to the student/athlete and to school administration. The School Prevention Specialist will arrange a follow-up meeting with the student/athlete sometime after the activity suspension period has ended.

2. The above rules apply if the report is made and substantiated by legal authorities, the parent or guardian of the individual or the individual's voluntary admission.

Provision for notice to school officials and parent or guardian by law enforcement agency where student suspected of violating state drug or alcohol laws: Notwithstanding any other provision of law, a law enforcement agency may provide notice to public or nonpublic school officials and parent or guardian of any incident occurring within the agency's jurisdiction in which the agency has probable cause to believe a school student has violated any provision of state law involving alcohol or illegal drugs. However, if there is a prolonged criminal investigation and revealing information would jeopardize a successful conclusion to the case, the law enforcement agency may provide the notice at some later appropriate time. The notice shall be in writing and sent to the Superintendent, Activity Director and Principal.

3. The AD/Building Principal will inform parents or guardians and coach when disciplinary action is taken regarding these rules.

PARTICIPANT'S SIGNATURE _____ **DATE** _____

PARENT'S/GUARDIAN'S SIGNATURE _____ **DATE** _____

Per Yankton School Board Policy, students wishing to participate in extracurricular activities, school recognized club sports, or any other school sponsored organization activity must comply with the following Yankton School District Attendance Policy.

POLICIES FOR PARTICIPATION IN SCHOOL SPONSORED ACTIVITIES AND FUNCTIONS

- a. Students wishing to participate in extracurricular activities, any function sponsored by the school, participation in school recognized club sports, or any other school sponsored organization activity held that day or evening must be in school the entire school day of the event. School Administration may excuse student absences and allow the student to participate in a school sponsored extracurricular activity or function despite the student's failure to be in school the entire day of the event upon a showing of exceptional circumstances or doctor note indicating the student was seen by the doctor on the day of the absence.

- b. On the day of an event, a student who misses a period of class during which a test should have been taken or work turned in will not be allowed to participate on that day unless the test and/or work is made up prior to the start of or departure for the activity. School Administration may excuse student absences and allow the student to participate in a school sponsored extracurricular activity or function despite the student's failure to be in school the entire day of the event upon a showing of exceptional circumstances or doctor note indicating the student was seen by the doctor on the day of the absence. It is the responsibility of the student to make arrangements with the teacher to make up the work.

I have read and understand POLICIES FOR PARTICIPATION IN SCHOOL SPONSORED ACTIVITIES AND FUNCTIONS.

Parent Signature _____ Date _____

Student Signature _____ Date _____

Please Print Student Name _____ Grade _____