Listed below are the top rated teams that competed in the 2009-2010 Great Northwest season. We list 32 teams each for grades 6, 7 and 8 for purposes of determining who will be invited to the League Championship Tournament (LCT). These ratings are a by-product of the power rating system. Our ratings work on a formula basis, much like college basketball's RPI or college football's Bowl Coalition rating system. You will note that most teams are rated behind one or more teams they defeated the previous season and, conversely, rated ahead of one or more teams to which they lost during the course of the season. It is consistency during the season against strong competition that determines the final ratings.

The ratings formula awards teams points for defeating A or B+ teams and takes points away for losing to teams rated B or lower. That is why it is virtually impossible for a team to be ranked in the top 32 that does not regularly play A or B+ teams. The number of meets won - - or overall record - - is relevant only if achieved against strong competition. If you coach a team that we rated "B" and you want the opportunity to move up in the rankings because you think your team can compete at that level, consider registering as a "B+" team for the 2010-2011 season. On a related issue, Wisconsin based teams that are invited to the Wisconsin State Invitational Championship Tournament, but decline, miss an opportunity to show that they can compete at the highest level and therefore the opportunity to move up in the rankings.

Note also Paragraph B-11 in your 2009-2010 rule book: "Teams that fail to play at least three meets during the 2009-2010 season, or who declined to play in the most recent LCT and offer no legitimate excuse for doing so, will not be included in this season's year-end rankings of top 32 teams at each grade level." There are at least one or two teams at each grade level that would otherwise have been ranked below, but are not, because of Rule B-11. We have, however, made exceptions for teams that played in at least two strong meets last season and have made a more significant commitment to the League for the 2010-2011 season.

Teams that dropped in the rankings from the season before shouldn't necessarily feel that they have regressed. At each grade level, we added several teams for the 2009-2010 season. Many of these teams were rated at the B+ level or higher, making it more difficult to make the top 32. Also, since one or more teams at each grade level decline their invitation to attend the LCT because of conflicts, some teams not listed in this original top 32 ranking will likely be included in the final LCT field at most grade levels.

	9th Grade Girls (Last Season's 8th Grade)		8 <sup>th</sup> Grade Girls (Last Season's 7 <sup>th</sup> Grade)		7th Grade Girls (Last Season's 6th Grade)		6th Grade Girls (Last Season's 5th Grade)
1.	Superior	1.	Marshfield	1.	Rice Lake Gold	1.	Chippewa Falls Cardinal Flight Red
2.	Neillsville	2.	Eau Claire Xplosion	2.	Eau Claire Hurricanes	2.	Bloomer St. Paul
3.	Forest Lake Gold	3.	White Bear Lake Orange	3.	White Bear Lake Orange	3.	Somerset Black
4.	Ladysmith	4.	Cameron	4.	Fall Creek	4.	Marshfield
5.	Chippewa Falls Cardinal Flight Red	5.	Duluth East	5.	Fall River	5.	Hudson White
6.	Onalaska Suns	6.	Cambridge-Isanti	6.	Stanley-Boyd Orange	6.	D. C. Everest White
7.	Amherst	7.	Chippewa Falls Cardinal Flight Red	7.	Chippewa Falls Cardinal Flight Red	7.	Esko
8.	Mondovi	8.	D. C. Everest Green	8.	Black River Falls	8.	La Crosse Central Red
9.	Assumption	9.	Adams-Friendship	9.	Somerset	9.	Onalaska Suns
10.	La Crosse Central Red	10.	Neillsville	10.	Holmen Shockers	10.	Altoona
11.	Marshfield Black	11.	Sun Prairie	11.	West Salem	11.	Red Wing
12.	D. C. Everest White	12.	Fall Creek	12.	Assumption	12.	Northwestern Gold
13.	Eau Claire Volunteers Blue	13.	Northwestern	13.	Columbus	13.	Baraboo
14.	La Crosse Logan	14.	Columbus	14.	Stillwater	14.	Boyceville
15.	Hermantown	15.	Stillwater	15.	La Crosse Logan	15.	D. C. Everest Green
16.	Arcadia	16.	Aquinas	16.	D. C. Everest Green	16.	Eau Claire Mercury
17.	Bloomer	17.	St. Croix Central	17.	Marshfield	17.	Antigo
18.	Durand	18.	Bangor	18.	Prairie du Chien	18.	Eau Claire Shamrocks
19.	Nekoosa Blue	19.	La Crosse Central	19.	Adams-Friendship	19.	Menomonie Maroon
20.	Wausau West	20.	Ladysmith	20.	Altoona	20.	Wittenberg-Birnamwood
21.	Weyauwega-Fremont	21.	La Crosse Logan	21.	Eau Claire Shooting Starz	21.	White Bear Lake Orange
22.	Eau Claire Premier	22.	Barron	22.	La Crosse Central	22.	Holmen Hurricanes
23.	Goodhue	23.	Wisconsin Rapids Lincoln	23.	Onalaska Suns	23.	Stillwater Black
24.	Colfax	24.	Rhinelander	24.	Marathon Red	24.	Black River Falls
25.	Altoona	25.	Auburndale	25.	Stevens Point Red	25.	Neillsville
26.	Colby	26.	Glenwood City	26.	Hayward	26.	Merrill
27.	Portage	27.	Boyceville	27.	Auburndale	27.	Eau Claire Volunteers Blue
28.	Barron	28.	Reedsburg White	28.	Menomonie Maroon	28.	Colfax
29.	Adams-Friendship	29.	Colfax	29.	Baldwin-Woodville	29.	Cambridge-Isanti
30.	La Crescent	30.	Chippewa Falls Cardinal Flight White	30.	Stevens Point Black	30.	Stillwater White
31.	Rice Lake	31.	River Falls Gold	31.	Colfax	31.	Rice Lake
32.	Holmen Hustle	32.	Hayward	32.	Hudson White	32.	White Bear Lake Black

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	9th Grade Boys		8th Grade Boys		7th Grade Boys		6th Grade Boys				
	(Last Season's 8th Grade)		(Last Season's 7th Grade)		(Last Season's 6th Grade)		(Last Season's 5th Grade)				
1.	Marshall	1.	Superior	1.	Gale-Ettrick-Trempealeau	1.	Onalaska Royals				
2.	Holmen Jr. Vikings	2.	Menomonie	2.	Eau Claire Thunder	2.	Prairie du Chien				
3.	La Crosse Central Red	3.	West Salem Black	3.	Chippewa Falls Cardinal Hoops Red	3.	La Crosse Central Red				
4.	Marshfield Tigers	4.	Wisconsin Rapids Lincoln Red	4.	Neillsville	4.	Marshfield Tigers				
5.	White Bear Lake Orange	5.	Prescott	5.	D. C. Everest Gold	5.	Eau Claire Hawks				
6.	Red Wing Purple	6.	Marshfield Black	6.	Marshall	6.	Wisconsin Rapids Lincoln Red				
7.	Mondovi Magic	7.	Athens	7.	Marshfield Black	7.	Superior				
8.	Fall River	8.	D. C. Everest Green	8.	Hudson White	8.	Eau Claire Swish				
9.	Menomonie White	9.	Reedsburg Area	9.	Holmen Rimrockers	9.	Cochrane-Fountain City				
10.	Pacelli	10.	Wausau East	10.	Hermantown	10.	Elk Mound				
11.	Hudson White	11.	Wausau West	11.	White Bear Lake	11.	Holmen Vikings				
12.	Reedsburg Blue	12.	Eau Claire Tigers	12.	Menomonie White	12.	Chippewa Falls Cardinal Hoops Red				
13.	Chetek	13.	Holmen Force	13.	Bangor	13.	Hudson White				
14.	Stillwater White	14.	Eau Claire Suns	14.	Rhinelander	14.	Arcadia				
15.	West Salem	15.	Eau Claire Rebels	15.	Stillwater White	15.	Eau Claire Rebels				
16.	Cloquet	16.	Hudson	16.	Lakeland	16.	Chisago Lakes				
17.	Hayward	17.	Neillsville	17.	Stillwater Red	17.	Prescott Red				
18.	Eau Claire Rebels White	18.	Chisago Lakes	18.	Melrose-Mindoro	18.	Hudson Blue				
19.	Duluth East Rebels Red	19.	Rice Lake Gold	19.	Newman Catholic	19.	Stillwater White				
20.	Stevens Point Red	20.	Arcadia	20.	St. Croix Central	20.	Turtle Lake				
21.	Portage	21.	Mosinee	21.	West Salem Black	21.	Menomonie White				
22.	Tomah Black	22.	Baldwin-Woodville	22.	Wisconsin Rapids Lincoln Red	22.	Cadott				
23.	Onalaska Royals	23.	Stratford	23.	Onalaska Royals	23.	Antigo				
24.	Westby Red	24.	Cloquet	24.	Holmen All Stars	24.	West Salem Black				
25.	Eau Claire Cagers Purple	25.	Rice Lake Blue	25.	Altoona Red	25.	Stillwater Red				
26.	Gale-Ettrick-Trempealeau	26.	Eleva-Strum	26.	Boyceville	26.	Westby				
27.	Blair-Taylor	27.	Altoona Black	27.	Barron	27.	Sparta				
28.	Superior	28.	Red Wing Purple	28.	Rice Lake Blue	28.	La Crosse Logan				
29.	Cochrane-Fountain City	29.	Aquinas	29.	Eau Claire Rebels	29.	Chippewa Falls Cardinal Hoops White				
30.	Auburndale	30.	Tomah Black	30.	Black River Falls	30.	Columbus Catholic				
31.	Colfax	31.	Gale-Ettrick-Trempealeau	31.	Reedsburg Blue	31.	New Richmond				
32.	Elk Mound	32.	Sparta	32.	Rice Lake Gold	32.	Red Wing Red				