

Criteria for High School Snowboard & Freeski Team Awards Program

The following criteria will demonstrate how students become eligible to receive school awards through participation on the G Team Competition Snowboarding Team.

- I. Documentation that demonstrates how the time requirement (at least 150 hours) will be met.
 - A. Athletes are required to participate in both practice and competitions. Daily attendance records will be kept to establish the accrual of participation.
 - B. Practices for athletes are held on average 3 days per week for 6.5 months, estimating a total of 78 days or 156 hours of practice. Athletes must participate, at minimum, 85% of scheduled practices for freestyle or alpine, resulting in, at minimum, 125 hours.
 - C. Due to the nature of snowboarding & freeskiing, events are specialized into disciplines: Slalom, Giant Slalom, Halfpipe, Slopestyle, Boardercross/Skiercross, Banked Slalom and Rail Jam. Competitions for athletes are scheduled as single or double day events with a total of 3-4 events per discipline during the season. Athletes must specialize in at least two disciplines. Therefore, athletes must participate in at least 2 events per discipline, competing in at least total of 4 events. As a result, participation will accrue at least a total of 32 hours of competition.
Through the combined participation of practice and competition, athletes who meet or exceed the team's requirements will meet the time requirement set by the High School.
 - D. Athlete must participate in at least one event at the High School State Championships.
- II. Demonstrate how the requirement for public contests, performances, and/or competitions will be met.
 - A. Athletes are required to participate in the Upper Midwest Alt Series, a regional snowboarding competition series sanctioned by the United States of America Snowboarding Association.
 1. Athletes must specialize in at least two disciplines of competitive snowboarding or freeskiing within USASA competitions.
 2. Athletes compete in regional events within their own age division on an individual and team basis.
 - B. Athletes are required to compete in at least one event at the High School State Championships.
 1. Athletes will accrue points, which are awarded through their finishes.
 2. In order to become a "regional champion" for the selected discipline/division athletes will accumulate points towards the High School Championship for their team.
- III. Demonstrate how the criteria for level of performance will be met.
 - A. Participation by athletes must be of the "advanced" level as opposed to the "entry" level.
 1. Athletes will be evaluated initially to assure their performance level as being advanced.
 2. Athletes will then be evaluated on an on-going basis throughout the season, in order to meet or exceed the requirements for being at the advanced level. Requirements include:
 - a. Mastery of basic fundamentals of snowboarding.
 - b. Mastery of skills and techniques necessary for their specialized disciplines.
 - B. Athletes who meet or exceed the above requirements for training will be awarded with a "Participation" Award. Athletes who meet or exceed the above requirements for training and competitions will earn an award at the "Lettering Level."