











Play the Game.....Protect the Brain

The 2013-2014 season is just starting. The goal of the PYHA is to protect the STUDENT-athletes and provide a competitive and safe environment for them to participate in.

As with any sport each parent and athlete need to understand the assumed risk of a concussion. Be proactive in the concussion management process that the PYHA has in place. It is designed to provide you as the parent or coach the knowledge to recognize an incident and initiate the proper steps to provide care for your athlete.

Being prepared for the unexpected incident can be the difference between short term and long term outcomes. We only get one brain, take care of it.

Have a fun and safe season,

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