

USA WRESTLING BASIC VOCABULARY

APPENDIX 1 - BASIC VOCABULARY

Every member of the officiating team must be perfectly familiar with and apply the vocabulary set out below. This vocabulary constitutes the official means of communication between members.

SALUT The wrestlers must greet each other.

START The invitation to the wrestlers standing at opposite corners of the mat to step to the centre to be examined and shake hands. After this, they will return to their respective corners and await the referee's whistle calling on them to begin wrestling.

CONTACT The referee calls upon the wrestler to place both his hands on the back of his opponent, who is underneath on the ground. Wrestlers in the standing position must assume 'body-to-body' contact.

OPEN The wrestler must alter his position and adopt more open wrestling tactics.

DAWAI The referee encourages the wrestlers to wrestle more actively.

ATTENTION The referee warns the passive wrestler before requesting a caution for refusal to assume the correct "par terre" position.

ACTION The wrestler must execute the hold that he has initiated.

HEAD UP The wrestler must raise his head. This order is given by the referee in the case of repeated attacks by a wrestler who thrusts his head forward.

LEG The wrestler has committed a leg error (Greco-Roman).

POSITION Initial position of the wrestlers on the ground (or in ordered contact in Greco-Roman wrestling), before the referee blows his whistle.

A TERRE The bout is resumed in the "par terre" position.

PLACE By striking the mat with his hand and at the same time pronouncing the word 'place' the referee reminds the wrestlers not to flee the mat.

DANGER The danger position.

FAULT An illegal hold or violation of the technical Rules.

STOP This word means the stopping of the bout.

ZONE This word must be spoken in a loud voice if the wrestlers enter the red zone.

CONTINUE The bout must be resumed upon this order by the referee. The referee also uses this word to have the wrestling continued if the wrestlers stop due to confusion and look at him as if they are asking for an explanation.

TIME OUT When one of the wrestlers stops wrestling, intentionally or because of injury or any other reason, the referee will use this expression to ask the timekeeper to stop his stopwatch.

CENTRE The wrestlers must return to the center of the mat and continue the bout there.

UP The bout must be resumed in the standing position.

INTERVENTION The judge, referee or mat chairman call for intervention.

OUT A hold applied outside the mat.

OK The hold is valid (legal, correct). If the judge and mat chairman are sitting in a position that does not allow them to follow closely what is taking place on the opposite side, the referee must raise his arm to indicate whether the hold at the edge of the mat was executed within the boundaries of the mat or outside.

NON This word is used to indicate that an action is not valid and is consequently void.

TOUCHE The word used to indicate that the wrestler is beaten by a 'fall.' For a fall, the referee himself says 'tombé', strikes the mat with his hand, and blows his whistle to indicate the end of the bout.

DECLARE BATTU The decision made subsequent to a defeat by decision of the officiating team.

DEFEAT The opponent is beaten.

DISQUALIFICATION The disqualification is announced for unsportsmanlike conduct or brutality.

FIN The end of the bout.

CHRONOMETRE The timekeeper must stop or start the stopwatch on this order from the referee.

GONG The sound of the gong marks the beginning and end of a bout.

REFEREE The official conducting the bout on the mat.

JUDGE The official who assists the referee and awards the points to the wrestlers during the bout. He is also required to note all the actions executed during the bout on his score sheet.

MAT CHAIRMAN The mat chairman, who is the official responsible for a mat. He is obliged to break a tie vote between the referee and judge in case of a dispute.

CONSULTATION The mat chairman consults with the referee and judge before announcing a disqualification or decision on any matter on which there has been disagreement.

CAUTION The penalty issued by the referee to a wrestler for violation of the Rules.

CLINIC The referees' course.

PROTEST The protest filed as a result of a decision, whatever it may be.

DOCTOR The official doctor for the bout.

VICTORY The referee declares the winner.

NO JUMP Referee's comment to the wrestler par terre who jumps forward in order to prevent his opponent being able to initiate a hold.

ORDERED HOLD Provision laid down in article 49.

SCORESHEET Sheet on which the match results are entered.

ROUNDSHEET Competition sheet on which the brackets appear.