



HOCKEY CANADA

NATIONAL SKILLS STANDARDS & TESTING



Skills Testing - Data Recording Sheet

PERSONAL INFORMATION				TEST RESULTS												GOALTENDER TEST RESULTS				
Name		Position	Gender	Passing Accuracy		Fwd Agility Weave w/o Puck (secs)	Fwd Agility Weave w/ Puck (secs)	Shooting Accuracy		Figure 8's (secs)	Transition Agility w/o Puck (secs)	Transition Agility w/ Puck (secs)	Fwd Speed w/o Puck (secs)	Fwd Speed w/ Puck (secs)	Bwd Speed w/o Puck (secs)	Bwd Speed w/ Puck (secs)	Re-bound Control (points)	Iron Cross		Lateral Movement (secs)
First	Last			(/ 5) Fh	(/ 5) Bh			(/ 30) Fh	(/ 30) Bh									A. (secs)	B. (secs)	
1																				
2																				
3																				
4																				
5																				
6																				
7																				
8																				
9																				
10																				
11																				
12																				
13																				
14																				
15																				
16																				
17																				
18																				
19																				
20																				
21																				

Team Name: _____

Age Division: _____

Date of Test: _____

Coach: _____

Level: _____

Test #: _____

Phone: _____

Email: _____

Signature #1: _____

Signature #2: _____

NOTE: (Bh=backhand, Fh=forehand)