



The Olympic Dream Starts Here.

2018 - MEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTYLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
BANTAM	Born 2010-2011	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	40, 45, 50, 55, 60, 65, 70, 75, 75+ (15 lbs. maximum difference)
INTERMEDIATE	Born 2008-2009	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	50, 55, 60, 65, 70, 75, 80, 87, 95, 103, 112, 120, 120+ (20 lbs.max difference)
NOVICE	Born 2006-2007	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 140+ (25 lbs. maximum difference)
SCHOOLBOY	Born 2004-2005	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152, 160, 175, 190, 210, 265
CADET (Men)	Born 2002-2003	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one-minute and 2 two-minute periods	88, 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285
UWW CADET (Men)	Born 2001-2003	Two two-minute periods with 30 second rest between periods	N/A	39-42 KG/86-92.5 LBS, 46/101.25, 50/110.25, 54/119, 58/127.75, 63/138.75, 69/152, 76/167.5, 85/187.25, 85-100/187.25-220.5, 125/275.5*
JUNIOR (Men)	Born 9/1/1998 & after, plus enrolled in grades 9-12	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one-minute and 2 two-minute periods	100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285
UWW JUNIOR WORLD (Men)	Born 1998-2000 2000 with medical certificate	Two three-minute periods with 30 second rest between periods	N/A	46-50 KG/101.25-110.25 LBS, 55/121.25, 60/132.25, 63/138.75*, 66/145.5, 70/154.25*, 74/163, 79/174*, 84/185, 96/211.5, 120/264.5
UNIVERSITY (Men's Freestyle)	At least 17 & less than 28 years old on 1/1/2018, & must have graduated from HS	Two three-minute periods with 30 second rest between periods	N/A	57 KG/125.7 LBS, 61/134.5, 65/143.3, 70/154.3, 74/163, 80/176.4*, 86/189.6, 97/213.9, 125/275.6
UNIVERSITY (Greco-Roman)	At least 17 & less than 28 years old on 1/1/2018, & must have graduated from HS	Two three-minute periods with 30 second rest between periods	N/A	59 KG/130.1 LBS, 63/138.6*, 66/145.5, 71/156.5, 75/165.4, 80/176.4, 85/187.4, 98/216.1, 130/286.6
SENIOR (Men's Freestyle)	Born 1998 or before 1999-2000 with medical certificate	Two three-minute periods with 30 second rest between periods	N/A	57 KG/125.7 LBS, 61/134.5, 65/143.3, 70/154.3, 74/163, 86/189.6, 97/213.9, 125/275.6
SENIOR (Greco-Roman)	Born 1998 or before 1999-2000 with medical certificate	Two three-minute periods with 30 second rest between periods	N/A	59 KG/130.1 LBS, 66/145.5, 71/156.5, 75/165.4, 80/176.4, 85/187.4, 98/216.1, 130/286.6
USA WRESTLING MASTERS (Men—All Styles)	Div. A: Born during the years of 1984 and 1993 Div. B: Born during the years of 1975 and 1983 Div. C: Born during the years of 1966 and 1974 Div. D: Born during the years of 1957 and 1965 Div. E: Born 1948 and 1956.	Two three-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	50-58 KG/110.25-127.75 LBS, 63/138.75, 69/152, 76/167.5, 85/187.25, 97/213.75, 97-130/213.75 - 286.5

* Not a UWW weight

Chart is effective from September 1, 2017 to August 31, 2018. Based on UWW regulations for Senior Competitions, Senior Age Groups do not go into effect until January 1, 2018.



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2018 - WOMEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTYLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
INTERMEDIATE	Born 2009-2011	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	45, 50, 55, 60, 65, 70, 75, 80, 85, 85+, 85++, 85+++
NOVICE	Born 2006-2008	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	60, 65, 70, 75, 80, 85, 90, 95, 102, 110, 118, 118+, 118++, 118+++
SCHOOLGIRL	Born 2004-2005	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	81, 89, 97, 105, 113, 120, 128, 137, 145, 155, 175, 195
CADET (Women)	Born 2002-2003	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one-minute and 2 two-minute periods	84, 88, 95, 101, 108, 115, 124, 132, 143, 154, 172, 198
UWW CADET (Women)	Born 2001-2003	Two two-minute periods with 30 second rest between periods	N/A	36-38 KG/79.25-83.75 LBS, 40/88, 43/94.75, 46/101.25, 49/108, 52/114.5, 56/123.5, 60/132.25, 65/143.25, 70/154.25, 78/172*, 84/185*, 100/220.5*
JUNIOR (Women)	Born 9/1/1998 & after, plus enrolled in grades 9-12	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one-minute and 2 two-minute periods	97, 105, 112, 117, 121, 125, 130, 139, 148, 159, 172, 198
UWW JUNIOR WORLD (Women)	Born 1998-2000 2000 with medical certificate	Two three-minute periods with 30 second rest between periods	N/A	40-44 KG/88-97 LBS, 48/105.75, 51/112.25, 55/121.25, 59/130, 63/138.75, 67/147.5, 72/158.75, 79.5/175.25*
UNIVERSITY (Women)	Born 1994-2000 & athlete must have graduated from high school	Two three-minute periods with 30 second rest between periods	N/A	48 KG/105.75 LBS, 53/116.8, 55/121.25, 58/127.9, 60/132.3, 63/138.75, 69/152.1, 75/165.3
SENIOR (Women)	Born 1998 or before 1999-2000 with medical certificate	Two three-minute periods with 30 second rest between periods	N/A	48 KG/105.75 LBS, 53/116.8, 55/121.25, 58/127.9, 60/132.3, 63/138.75, 69/152.1, 75/165.3
USA WRESTLING MASTERS (Women-Freestyle)	Div. A: Born during the years of 1984 and 1993 Div. B: Born during the years of 1975 and 1983 Div. C: Born during the years of 1966 and 1974	Two three-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	50-58 KG/110.25-127.75 LBS, 63/138.75, 69/152, 76/167.5, 85/187.25, 97/213.75, 97-130/213.75 - 286.5

* Not a UWW weight

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