

# CAMPTON NATION

ISSUE 02 : OCTOBER 2013



## Welcome to all Campton United Soccer Club Families!

*By Roger Albrecht, Club President, Campton United SC*

I hope the upcoming season will be an enjoyable experience for you and your children. It is shaping up to be another great soccer season for Campton teams for 2013-14. We are fielding 42 teams in all for U8-U18 boys and girls this season and our youth academy has never been bigger. We are lucky to have such a great group of players and families as a part of Campton Nation!

The club continues to make great strides forward. We are fulfilling our strategic plan to be a leader in soccer development and achievement. Over the last few years, we have made it a priority of the board to secure great practice and game facilities and build a top caliber staff that will be utilizing a soccer curriculum that can maximize the potential for all our players and teams.

Last season's achievements on the field were exceptional. Along with numerous strong finishes across all age groups in league and tournament play, we had an Illinois State-Cup Champion, a State-Cup Finalist, two President's Cup State Champions and a US Club Regional Champion.

Another exciting accomplishment for the Club was for our boys program to be accepted into the US Club Soccer National Premier League – Midwest Developmental League (MDL). To qualify for such inclusion has required the

*[ continues on page 3 ]*

## Mark Your Calendars

**Oct 14:** High School Boys Try-outs

**Oct 19-20:** Silent Soccer Weekend

**Oct 22:** Boys' Night at NIU

**Oct 25:** Girls' Night at NIU

**Oct 30:** Board Meeting

**Oct 31:** No Training U8-14  
Due to Halloween



## Building Players One Pass At A Time

*By Michael Arango, Boys Director of Coaching*

I am excited to welcome back our families to another year with Campton United. My first year with the club was a great experience because of the wonderful players and families I met. I look forward to year two and collaborating with our dedicated staff to help Campton United thrive.

The focus on development for younger players will be the technical aspects of playing. Can we be the bravest players 1v1? Are we able to receive a ball, check shoulders and get our heads up to play quickly?

The coaching staff wants our training environment to be as competitive as possible. We encourage players to fight for every play and every ball. Along the way, someone might get a knock or shed a tear. Hugs and high fives and we will bring them back together. It's never personal. We are Campton United and we need to compete at the highest level we can, all the time. Can we bring match intensity to the training environment?

There has been a positive evolution on the boys' side with our senior teams moving into the Midwest Developmental League (MDL). This league is considered the second best league in the country, just below the United States Soccer Developmental Academy (USSDA). We are focusing on training more and playing less. Who would send their child to a school that had four tests a week and one day of learning? We want each game to be meaningful; a philosophy that falls directly in line with US Soccer Federation.

I am proud and excited about the strides our players have already made, and will continue to make over the next 10 months. I am fortunate to work with a professional coaching staff that strives to be better on a daily basis. I look forward to another year with the BEST parent groups I have ever experienced in my 20 years of coaching.

club to put numerous pieces in place over the last few years in terms of staff, facilities, technology, finances and our curriculum. The benefits to such progress will be felt across all our gender and age groups for many years to come.

Campton United will continue providing children an opportunity to enjoy a higher level of soccer, while still benefiting from team experiences in the same manner as in the past. The club continues to foster this family atmosphere while providing a soccer experience at the highest level of play available. Our full-time Directors of Coaching, part-time coaching staff and Technical Director provide a professional soccer atmosphere and a level of experience unsurpassed in the Chicago region.

At the board level we are constantly looking for ways to improve how we run our organization, communicate more as a club, be more efficient for our parents and provide

the tools necessary for our coaching staff to succeed with the development of your children's soccer skills. For anyone interested in getting more involved with the club, we are always looking for volunteers, particularly to help with planning aspects of our Memorial Day Tournament and upcoming Casino Night. Look within this newsletter for a list of volunteer opportunities. We also are still looking to fill a board position to help with our Sponsorship Program and to help with other fundraising activities.

At any time, please feel free to contact any of the Campton Board members with feedback or to express an interest in volunteering.

Best wishes to all for a fun, developmentally productive season on the pitch!

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## Become a CUSC Volunteer

*By Karen Cooney, Director of Club and Community Affairs*

Campton United is growing and needs YOU! We encourage you to become involved in the many volunteer opportunities available at Campton United. By volunteering, you become well acquainted with our staff, get an inside glimpse into your child's soccer club, and meet many new friends.

Your active participation with Campton United helps result in a successful club for all our players. If every family can participate in some manner, then Campton United will thrive as the BEST soccer club in the western suburbs.

Any level of participation is appreciated, whether it's just a couple of hours throughout the year, making a few phone calls, or serving on a committee. Every little bit helps tremendously!

Below is a list of volunteer opportunities available. Look and see where you can lend your time and talents. Please email your preferences to Karen@camptonunited.com. As the 2013-2014 season has just started, we'd love your input by October 14 so the year's master plan can be finalized.

### CLUB EVENTS

*Help Staff/Board of Directors organize, plan and coordinate the following events:*

- Welcome Back Ice Cream Social or Picnic
- Professional or Collegiate Soccer Match Events
- College Showcase Event
- Open House for non-members
- Club Overnight "Lock-In"
- Community Service Projects (i.e., Community Food Drive)

### Casino Night

- Sponsorships
- Merchant Donations
- Silent Auction
- Raffles
- Decorations
- Volunteers

### Midwest Cup Tournament Assistant Director Positions

- Field Marshall
- Parking
- Concessions
- Sponsorships

### CLUB RELATED VOLUNTEERS

*Help Staff/Board of Directors organize, plan and coordinate the following:*

#### Spirit Wear

#### Field/Yard Maintenance

**Social Media Coordinator**  
(i.e., Facebook, Instagram, Twitter, Vine, Pinterest, etc.)

#### Advisory Committee

- Governance
- Sponsorship
- Marketing
  - Press Release Coordinator





## Introducing Our Newest Staff Additions

Please help us in welcoming our new additions to our coaching staff, who joined Campton United this fall.



**JJ Ruane** - JJ joins us as our Director of Youth Development. He brings a wealth of experience to the club as a former Director of Coaching at various clubs in the Chicagoland area. JJ will be coaching the U9 Girls' teams and the U11 Navy Boys, while overseeing the Academy Program and the U8-U9 teams. We're excited to welcome JJ to Campton Nation.



**Brian Visser** - Brian joins our Goalkeeper staff after a great playing career at DePaul University, where he was an All Big East Selection. After college, Brian played professionally with the Portland Timbers and the Dayton Lions. Welcome Brian to the Campton Nation family.

**Jason Seger** - Jason joins Campton United from Matrix FC where he was both a founder and a coach. Jason has over 20 years playing and coaching experience in Chicago as an elite Goalkeeper. He played at the College of DuPage, leading his team to a National Championship in 1993. We are excited to have Jason, along with his two sons John and Jack, join the club.



**Tanya Garcia** - Tanya joins Campton United from Revolution Soccer Club. She was identified as an up and coming young coach at a State Coaching course conducted by Brian Nail. She will coach the U8 Navy girls this fall while also playing soccer at Elgin Community College. Welcome Tanya!

## #CamptonNation

By Chris Brown, Girls Director of Coaching/College Advisor

As we turn the calendar over to start the 2013-2014 Club soccer season, I would like to welcome back all the new and returning families to #CamptonNation. What I have observed over the last few weeks with Team Camp and now team trainings, I couldn't be more excited. I'm enthused about the development of the players and the upcoming season for Campton United. I look out on the fields at night watching our coaches train our players with a passion, energy and an enthusiasm that is hard to find elsewhere. The players are responding, working hard to craft their skills, build team unity and camaraderie, all while developing a passion for the game. The environment is changing; I believe Campton United is starting to separate itself from other clubs, especially in the Fox Valley area.



I look at the depth of coaches, depth of players across our younger ages and the reemergence of our High School Girls program. In my eyes, there is no better time to be part of #CamptonNation, than right now. Our younger girls program (U8-U12) is developing at the right pace, while also performing at very high levels in state events. Our U13-U14 girls groups are taking big leaps and really performing high at a State level as well as on a regional level. The reemergence of our High School girls program has been the key to helping restructure the powers in the Fox Valley area across the club landscape. This year, we have 74 players across our High School Girls program, resulting in a U15, two U16 and three U17 teams.

In addition to the reemergence of the HS program, we are charting into new waters, as many of our U16 and U17 are navigating through the college recruiting process. Players are receiving college letters, taking campus visits and trying to steer the next step in life after High School, while also paving the way for all of our younger teams.

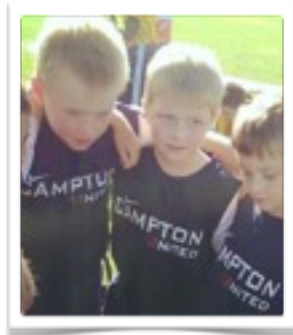
I'm excited to be part of the leadership group, to help educate, develop and provide passion to our players.

I look forward to seeing you all on the pitch this year!

# Did You Know The History of Campton United's Academy Program?

*By Brian Nail, Director of Soccer*

This fall, we celebrate the 10th class of Campton United Academy players into our club. I was the Academy Director in 2003 when we began a program for players aged 5-8, which would allow them to both train and develop in. Over the last decade, a very large portion of our club has been



shaped by the curriculum and training that we developed back then.

We often discuss development as being a long-term process and plan. This year, we are truly getting to see the results of our Academy players from their very first year in the program. These players are our current U18 Boys and U17 Girls teams.



On the Girls side, we have three U17 teams, with over 40 players. Their commitment to the club, with both their time and their effort, has been instrumental in the resurgence of our Senior Girls program, one that did not exist for many years. With the guidance of our Girls' Director, Chris Brown, many of the girls will be narrowing their college choices this coming year.

Our U18 Boys were the State Cup Champions of Illinois this past summer. They also competed in Regionals in Iowa. This fall, the boys will lead their high school teams as the top players in the Fox Valley area.

Within both the U18 Boys and U17 Girls Teams, you will find Campton United Academy Alumni. The players have stayed with our club throughout the years, playing both for Navy and White teams. The Academy Alumni are the backbone of their teams. Their performance shows the potential of all players when given the time to develop. We are very proud of their longevity and accomplishments with our club.

We welcomed over 60 players this fall to our Academy program and Campton Nation. We are all excited to see how these players grow and develop within our club. I am confident that our training and curriculum will prepare them for the many successful years with the beautiful game of soccer.

# I Screamed, You Screamed, We All Screamed For All Ice Cream!



*By Karen Cooney, Director of Club and Community Affairs*

Over 750 people recently attended our first annual Ice Cream Social, kicking off our Fall Soccer season.

Parents and kids of all ages enjoyed each other's company and the delicious ice cream from Colonial Café.

Kids had a blast playing pick-up soccer games, winning prizes from Colonial Café, climbing around on the playground and running around with teammates. Parents enjoyed connecting with friends as well.

Our Technical Director, Chad Flanders, welcomed everyone to the start of Campton United's Fall season and introduced our Directors and Coaching Staff.

A Shout-Out of thanks goes to:

- U15-U17 High School Girls for scooping all the ice cream
- Theresa Coine for your help in coordinating the event
- Amy Belloli and Ronnie Schramme for your preparation and clean-up of the event
- Stephanie Albrecht for being our Event Photographer
- Colonial Café and The Warta Family/Aldi Corporation for their donations

Thanks for coming out to the Ice Cream Social and for making this successful event one that will be enjoyed for years to come!



# Governance Update

By Nicole Blankenship, Chairperson

*What is governance?* Simply defined, governance is the act of governing. It is the process of decision-making as well as the process by which decisions are implemented. The term governance can apply to all types of organizations - large and small, for-profit and not-for-profit.

Promoting governance best practices is a priority for Campton United Soccer Club. In late summer 2012, the Campton Board of Directors, under the leadership of Roger Albrecht, President, created a Governance Committee to serve in an advisory capacity to the Board on matters relating to non-profit, organizational governance. A call for volunteers was issued last fall, and the following members were selected for their expertise:

- **Nicole Blankenship, Chairperson**
- **Chad Marquardt, Secretary**
- **Roger Albrecht, President, Board of Directors**
- **Chad Flanders, Technical Director**
- **Karrsten Goettel, Legal Advisor**
- **Brian Nail, Director of Soccer**

The Governance Committee's primary objective is to ensure that the club has proper bylaws, policies and documentation in place – in other words, effective governance. We stress the importance between governance and management. Our role is more of an oversight body than a managing group. We make recommendations to the Board of Directors; however, the day-to-day management of the club is left, as it should, to the staff. The Governance Committee does not make decisions on behalf of the club, but rather, recommends policies and procedures to the Board of Directors, and it is the Board that must ultimately approve all new or revised policies and procedures.

An additional goal of the Governance Committee is to ensure that decision making, policies and procedures are communicated to the membership of the club in a timely manner. The Governance Committee has, since its first meeting in October 2012, considered all manner of governance issues including, but not limited to:

- Bylaws
- Conflict of Interest and Disclosure Policy
- Whistleblower Policy
- Office/Employee policies
- Board of Directors terms
- Board policies

Over the past several months the committee has drafted and received Board approval for revised bylaws as well as conflict of interest and whistleblower policies. Other office-related policies are currently being reviewed, and the committee is assisting in drafting employee policies and procedures as well.

The Governance Committee meets monthly and is always open to hear from members. If you have a governance question or a governance-related topic for the committee to include on its next meeting agenda, please contact Nicole Blankenship at [nblankenship@aap.org](mailto:nblankenship@aap.org) or by phone at 630-673-3368.

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## Lines of Communication

Here are guidelines to follow for when you have a question and aren't sure whom to direct it toward.

### Team Coordinators

- All training, game and tournament logistical questions.
- General club information.
- If Coordinators don't have the answer, they will either get the answer for you or direct to you to the correct contact person.

### Team Coaches

- Player specific questions.
- Player development. Don't wait to the end of the season to find out how your son/daughter is performing. Ask now.
- Team issues.
- Issues with other team players or families.

### Directors of Coaching

If you have already contacted your coach and were not satisfied with the answer, then contact Girls' Director, Chris Brown, Boys' Director, Michael Arango or Youth Director (Academy-U9), J.J. Ruane.

If your coach is a Director, then follow these guidelines:

- If your coach is Chris Brown, Michael Arango or J.J. Ruane, then contact Brian Nail, Director of Soccer.
- If your coach is Brian Nail, then contact Chad Flanders, Technical Director.
- If your coach is Chad Flanders, then contact Campton United Club President, Roger Albrecht.

Contact information can be found on our website and within this newsletter.



## Bragging Rights

Here is a list of team accomplishments for the past Spring and Summer seasons. We are so proud of Campton Nation!

Be sure to check out all our team accomplishments on our website!



### Spring / Summer 2013

Event Type	Event Name	Team	Result
Regional Championships	US Club Regionals	U12 Navy Girls	Champion
Regional Championships	US Club Regionals	U13 Navy Girls	Finalist
Regional Championships	US Club Regionals	U14 Navy Boys	Finalist
State Championships	Illinois State Cup	U17 Navy Boys	Champion
State Championships	Illinois State Cup	U13 Navy Girls	Finalist
State Championships	Illinois President's Cup	U16 White Boys	Champion
League Play	Midwest Regional League	U13 Navy Girls	Champion
League Play	Midwest Regional League	U16 Navy Boys	Runner Up
League Play	IWSL U8S	U8 Navy Girls	Champion
League Play	IWSL U11 BW	U10 Navy Girls	Runner Up
League Play	IWSL U12 BW	U12 Gold Girls	Champion
League Play	NISL Platinum	U10 Navy Boys	Champion
League Play	NISL Premiership	U17 Navy Boys	Runner Up
League Play	NISL Premiership	U16 Navy Boys	Runner Up
Showcase Event	SLSG Boys College Showcase	U16 Navy Boys	Champion
Tournament Play	Turf Classic (Girls)	U13 Gold Girls	Finalist
Tournament Play	Turf Classic (Girls)	U14 Gold Girls	Champion
Showcase Event	Nike Academy Showcase	U14 Navy Girls	Finalist
Showcase Event	Nike Academy Showcase	U13 Navy Boys	Finalist
Showcase Event	Nike Academy Showcase	U14 Navy Boys	Finalist
Showcase Event	Nike Academy Showcase	U16 Navy Boys	Finalist
Showcase Event	Nike Academy Showcase	U17 Navy Boys	Finalist
Tournament Play	Turf Classic (Boys)	U11 Navy Boys	Champion
Tournament Play	Turf Classic (Boys)	U12 Navy Boys	Champion
Tournament Play	Turf Classic (Boys)	U16 Red Boys	Finalist
Tournament Play	Turf Classic (Boys)	U16 White Boys	Champion



# High School Boys Try-Outs

Begin on Monday, October 14

This is a supplemental try-out for all High School aged boys

The High School Boys Teams will be formed as follows:

- Regional competition through the National Premier League – Midwest Developmental League. You can learn about this league at: [http://www.nationalpremierleagues.com/MDL/index\\_E.html](http://www.nationalpremierleagues.com/MDL/index_E.html)).

This is the top Regional League in the Midwest, second only to the US Soccer Development Academy. The players on this team will have a **January 1 birth date**.

- The 2nd and or 3rd team(s) is based on an **August 1 birth date**. These teams will participate in Northern Illinois Soccer League (NISL) and or/ Illinois Youth Soccer Association (IYSA).



2013 IYSA U17 State Champions

The two teams having different birth dates allows many players the opportunity to “try-out” with a new assembly of players. Boys who now fall into a birth year team have the opportunity to be leaders on the team in terms of their age/experience they bring to the team.

Our training focus is in line with the US Soccer’s philosophy, which is more training, with less, but more meaningful games. All teams will play in 3 tournaments, with the possibility of more being offered. Training will be 3-4 days a week.

All try-out attendees SHOULD ATTEND AGE GROUPS BASED ON THE JANUARY 1 birth date. Please refer to the birthday chart found on our website for more information.

*Contact Boys Director, Michael Arango, at [Michael@camptonunited.com](mailto:Michael@camptonunited.com) with any questions.*



# The Meaning Behind Coach Licenses

## USSF National Youth License

The National Youth License focuses upon the nature of children and the adjustments adults must make to coach them. The course curriculum covers the ages of 4-12 year olds. Each day of the course, the focus is upon one of the traditional soccer age groups of U-6, U-8, U-10 or U-12. The course combines both classroom (theory) and field (practical) sessions and concludes with written, oral and practical examinations.

The National Youth License course is six days in length, sometimes being held over two weekends rather than six days in a row. It is ideal for anyone hoping to become a better and more effective coach. The National Youth License is administered and instructed by U.S. Youth Soccer.



## USSF C License and B Coaching Licenses

The USSF C and B courses are designed for coaches to progress from the D License all the way to the A License. These courses are intense and extremely difficult to obtain a passing grade in. They are both 80-hour courses, currently being completed over 10 straight days.

The courses utilize the same methods coaches learn in the D License course:

- Building the training session with a technical/tactical topic in mind.
- Building through multiple progressions, generally 3-4 for the older players and multiple activities for the youngest.
- The main types of coaching are used: Freeze, Coaching in the Flow, Natural Stoppage and Individual Reference.

The expectations increase with each course. Coaches learn more of the tactical side of the game, but are still required to identify and correct all of the technical components. They expand upon the principles of play in defense and attack.

Coaches are assigned one practice session for an evaluation. Within that session, they are given a topic with which they are to create a training session that will improve their players' ability to perform that specific, assigned task. The lead instructor, as well as their fellow classmates, then critiques the coach's performance.

At the end of the week, there is one, 10-minute live game opportunity for the coach to execute a coaching point, correct the team properly and step-out to restart the match with the correction properly in place within 90 seconds. In order to pass the course, the coach must also succeed at game analysis, written papers and an oral exam.

We are proud of the credentials of all of our Campton coaches. All of the staff and coaches are committed to continuing education, which will enhance our players' development.

## Player Spotlight

Amaya Ellis spent this summer in her dad's home country of Trinidad and Tobago. Amaya trained, in residency, with their U17 Women's National Soccer Team.

While Amaya is only 14 years old, she is a very strong central defender. She has worked hard to become a starting player for the upcoming Caribbean Championships.

The top 2 teams from the Caribbean Championship earn a chance to compete in The Confederation of North, Central America and Caribbean Association Football (CONCACAF), qualifying for the U17 Women's World Cup. CONCACAF is the governing body of football in the region, and one of six continental authorities that administer the sport along with FIFA, the world governing body. It services 41 member associations through offices located in Miami, New York, Guatemala City and the Cayman Islands, and is composed of a Congress, Executive Committee, General Secretariat and several committees.

Amaya has played the last 3 years on the Campton United 99/00 U14 Navy team. She will spend the next year going to school and playing soccer in Germany, while her father is there on a temporary work assignment.

We want to congratulate Amaya on her success and wish her the best of luck as she competes this fall.

To read more about the Trinidad and Tobago U17 National Team, go to:

<http://www.ttffonline.com/home/latest-news/womens-youth-teams.html>



## College Corner

Campton United is proud of our current and former players that are heading off to college to pursue their soccer and career goals. This past spring and summer, we have seen 5 of our U17 boys finalize their college commitments.

They are:

- **Sam Hardy** – Taylor University, Indiana
- **TC Hull** – Southern Illinois, Edwardsville, Illinois
- **Phi LeGare** – Hope College, Michigan
- **Jacob Sterling** – Spring Arbor University, Michigan
- **Grant Stoneman** – The University of Wisconsin, Madison Wisconsin

In the coming months, many other players will finalize their selection as well, as they narrow their choices and attend campus visits. You can track players' current and future college commitments at:

<http://www.camptonunited.com/page/show/461215-college-commitments>

Our High School girls will attend several College Showcase events again this fall, including:

- St. Louis Scott Gallagher
- Indianapolis College Showcase
- GIT Germantown
- Ohio Elite College Showcase

In January, on Martin Luther King Day, Campton United will host our 2nd annual College Showcase Event. This event provides our athletes with another tool for the college selection process. Last year, between the girls and the boys College Showcase Event, we had over 33 colleges in attendance scouting our players. We look forward to another successful event again this winter.

## Why Age Group Meetings Are Important

Attending Age Group Meetings are more important than you realize. A variety of topics are covered, such as:

- Short-term and long-term team and club plans
- Team, coach, player and club expectations
- Team challenges and successes

One of our goals this year is to promote Campton Nation and to de-emphasize and eliminate team labels (Navy vs White). How we plan to accomplish this goal will be discussed within the meeting.

You are also given the opportunity to meet your Directors and discuss questions that pertain to your team and players. If you would like a particular question answered within the group setting, but aren't comfortable asking it, or would rather remain anonymous, then email your Director ahead of time and the issue will then be addressed.

These meetings are open to all parents and all questions are welcomed. This is a great opportunity to educate yourself on the club and your team. We strongly encourage all to attend.

## Parking Lot Complaints Received

The St. Charles Park District has contacted us repeatedly about our driving speed in the back gravel parking lot. People are still driving way too fast for both drop-off and pick-up. You MUST SLOW DOWN! People should be driving NO MORE than 10-15 mph. And, NO CELL PHONES are allowed while driving in this area. Please treat this back parking lot like a school speed zone. These policies are in place to ensure the safety of all our players.

If driving speed conditions do not improve, or if we receive any more complaints on driving speed, then this lot will be banned from drop-off and pick-up. Please do your part and adhere to these driving policies.

## Who To Contact

### Staff

Technical Director of Soccer, Chad Flanders  
[chad@camptonunited.com](mailto:chad@camptonunited.com)

Director of Soccer, Brian Nail  
[brian@camptonunited.com](mailto:brian@camptonunited.com)

Boys Director of Coaching, Michael Arango  
[michael@camptonunited.com](mailto:michael@camptonunited.com)

Girls Director of Coaching, Chris Brown  
[chrisbrown@camptonunited.com](mailto:chrisbrown@camptonunited.com)

Youth Director, J.J. Ruane  
[jj@camptonunited.com](mailto:jj@camptonunited.com)

Administrator, Melissa Dzubinski  
[office@camptonunited.com](mailto:office@camptonunited.com)

### Board of Directors

Contact information for our Board of Directors can be found at [camptonunited.com](http://camptonunited.com)

President, Roger Albrecht

Vice President & Midwest Cup  
Tournament Director, Tony DeMarco

Treasurer, Beth Montgomery

Secretary & Fundraising Director, Dominic Muzi

Director of Club & Community Affairs, Karen Cooney

Facilities Management Director, Mark DiBiase

### Newsletter Contributions

Writing/Editing Roger Albrecht  
Brian Nail  
Michael Arango  
Chris Brown  
Nicole Blankenship  
Karen Cooney  
Veronica Schramme

Creative Tim Rawls





**SAVE THE DATE!**  
**FEBRUARY 8, 2014**  
**6:30 pm - 12:00 am**

**Casino Night to benefit  
Campton United Soccer Club**

Questions, please contact:  
Karen Cooney at 630-232-4451 or at [Karen@camptonunited.com](mailto:Karen@camptonunited.com)