

Pre-Game Day Survival Tips

1. Have run-through banner made and ready to go
2. Program all of your parents' cell phone numbers in your phone.
3. Make sure all of your parents are set up on GroupMe and they are receiving all notifications just in case there are any last minute changes.
4. Collect any squad fees for snacks, drinks, chairs, cheer buckets, bows, etc. prior to the start of the season and give to your team mom. The team mom should be responsible for these fees as well as snacks and drinks for each game. Team Mom will have a list of all squad allergies and special needs so that she can make safe and well informed choices while selecting snacks.
5. Once you receive your game schedules set them up on the calendar in the GroupMe app so that parents will get the reminders.
6. Prep your coaches bag with a first aid kit, extra sun screen, spray bottles, halftime music, a list of your cheerleaders and coaches for halftime announcements, hair rubber bands, your cell phone, and your badge!) Reminder, most fields will not allow you on to the sidelines without your badge!!
7. Be sure to bring a bluetooth speaker for your halftime music just in case the press box is not open.
8. Send out a message to all parents the day before the game reminding them game location, arrival time (45 minutes before game time) what the girls will be wearing and what they need to bring. (ex. Tomorrows game will be at the Little Elm Athletic Complex. Please arrive by 8:45am Girls need to be in full uniform, shell, skirt, spunks, white no show socks, white cheer shoes, hair pulled up with game day bow. They will need to bring their backpacks with poms, buckets or chairs, and water. It will be HOT so we will not be wearing the long sleeve crop top.
9. Get a good night sleep :)

Game Day

1. Have your squad show up 45 minutes prior to game time!
2. Once everyone has arrived begin to stretch and practice anything you might want to practice before game begins like your halftime routine
3. Go talk with football coach to let him know about the run-through and set up a plan.
4. When there is 5 minutes left on the clock take the field with the run-through
5. Line up on track for the start of the game
6. Be sure to have a list complete with names of all cheerleaders and coaches. This list should be turned in to the press box by the 1st quarter if they are going to announce the girls at halftime. This will depend on the game location if they have the press box open or not.
7. You should have your team mom or assistant coach responsible for this at each game.

Half Time

1. The visiting team always performs first.
2. Then the home team will perform.
3. If you are giving a treat to the other team you can do it at this time. This would need to be a part of your budget

Third Quarter

1. The home team will go to the visitor side and perform a welcome cheer.
2. The visiting team will walk to the home side and perform a cheer.

Game Day Problems

1. If you have an angry parent that you cannot get calmed down have your team mom or assistant coach get in contact with a board member immediately.
2. Never put yourself or the children in a vulnerable situation. Handle situations calmly and have a witness.

Post Game

1. Make sure that each cheerleader is turned over to her parents or legal guardian. Safety is #1 make sure that each cheerleader checks out with you. If they are going home with someone other than a parent or legal guardian you must have permission in writing from the parent with their name and phone number. Please be sure to check the persons driver's license before releasing the cheerleader.