

★ **TEAM PLANET HOCKEY USA - MIDGET 01/02/03** ★

Coach Russell Smith (MD)

DAY 1	10:15-11:00	Dryland Training
Lørdag	11:15-11:45	Stickhandling
Saturday	11:45-12:15	Lunch - players/coaches
7/28	12:15-12:45	Classroom/Lecture
	1:00-2:30	X-Games. Gym - Handball
	2:45-3:00	Coaches Meeting (with players)
	3:30-4:30	ICE #1 - Skills Training
	4:45-5:45	ICE #2 - Skills Training (w/ Bantams)
	5:30	BBQ @ Rink / Players dep. w Host Family after
DAY 2	11:30-12:00	Stickhandling
Søndag	12:00-12:30	Lunch - players/coaches
Sunday	12:30-1:00	Classroom/Lecture
7/29	1:15-2:00	Dryland Training - Yoga
	2:15-3:45	X-Games. Gym - Floorball
	4:15-5:15	ICE #1 - Skills Training
	5:30-6:45	ICE #2 - Skills Training
	5:30 (meet @ rink)	Host Family Dinner
DAY 3	11:15-12:00	Dryland Training
Mandag	12:00-12:30	Lunch - players/coaches
Monday	12:45-1:15	Classroom/Lecture
7/30	1:30-3:00	X-Games
	3:15-3:45	Stickhandling
	4:15-5:15	ICE #1 - Mixed Bench Game (EIK/PH)
	5:30-6:45	ICE #2 - Skills Training
	6:30	Parent Dinner - Spisestuen
DAY 4	8:00-9:00	X-Games
Tirsdag	9:45-11:15	ICE - Skills Training w/ Bantams
Tuesday	11:45-12:15	Lunch - players/coaches @ rink
7/31	12:30	LV Rink for Touring Day (Ribe, Denmark)
	9:15	AR Rink - host family pick up
DAY 5	11:00-11:45	Dryland Training
Onsdag	12:00-12:30	Stickhandling
Wednesday	12:30-1:00	Lunch - players/coaches
8/1	1:00-1:30	Team Stretch/Team Meeting
	1:45-3:00	X-Games
	3:30-4:30	GAME #1 - PH vs EIK
	4:45-5:45	ICE #2 - Skills Training
	6:30	Parent Dinner - Restaurant Parken
	9:00	Pub Crawl
DAY 6	Morning	Free time
Torsdag	2:45-4:00	X-Games
Thursday	4:45-5:45	GAME #2 - EIK vs PH
8/2	6:00-7:00	3 v 3 Tourney
	7:00-8:00	Parent Dinner - Hotel Britannia
	9:00	Pub Crawl
DAY 7	11:45-12:45	X-Games
Fredag	12:45-1:15	Lunch - players/coaches
Friday	2:00-3:15	Skills Competition
8/3	3:45-4:15	STX Skills Champions Presentation
	4:15-4:30	Team Closing - parents/players
	4:30-5:30	Player/Parent Assessment (optional)
	5:30pm	BBQ at Rink
DAY 8 (Sat 8/4)		Departure



EUROPEAN HOCKEY SUMMIT

Esbjerg, Denmark - 2018

Hotel Britannia	www.britannia.dk
Torvegade 24	
DK-6700 Esbjerg	T: +45 7513 0111

Friday, July 27 "Meet & Greet & Opening"

4:00-4:30pm	Host Family Meet & Greet @ Hotel
4:30pm	Host Family take player gear
4:45pm	PH Families & Players walk to rink
5:30-6:00pm	Opening Ceremonies - Handball Gym
6:00-6:20	Team meetings (players & parents)
6:30-7:30	Parent/Player Dodgeball/Players leave EIK Party Tent open

* PH Parent dinner on own

Touring Day (Tuesday, 7/31)

12:15pm	Bus lv rink to Ribe - oldest Dmk town
1pm,	ar Ribe. Tour Ribe Cathedral. Free time
5:15	bus to Restaurant Kammerlusen. Dinner
7:15	bus to Ribe for guided tour by Old Guard
9:15 ar	@ rink for player pick up, then to hotel

ICE SCHEDULE (Wed-Fri)

Squirt	Peewee	Bantam	Midget
Wed, 8/1 (Day 5)			
8:00-9:00	Skills	1:00-2:00	PH v EIK
9:15-10:15	Skills	2:15-3:15	PH v EIK
10:30-11:30	Skills	3:30-4:30	PH v EIK
11:45-12:45	PH v EIK	4:45-5:45	Skills

Thurs, 8/2 (Day 6)

8:00-9:00	EIK v PH	2:15-3:15	EIK v PH
9:15-10:15	3 v 3	3:30-4:30	3 v 3
10:30-11:30	EIK v PH	4:45-5:45	EIK v PH
11:45-12:45	3 v 3	6:00-7:00	3 v 3
1:00-2:00	Pro Ice		

Fri, 8/3 (Day 7)

9:30-10:45	Skills Comp.
11:00-12:15	Skills Comp.
12:30-1:45	Skills Comp.
2:00-3:15	Skills Comp.
4:00-5:00	Pro Ice

Schedule subject to change