



NORTH CAROLINA DISTRICT CHAMPIONSHIPS

Track & Field

William A. Hough High School

12420 Bailey Road

Cornelius, NC

June 7 & 8, 2014

MEET HOST: **GASTONIA EAGLES TRACK & FIELD TEAM, INC.**

MEET DIRECTOR: Freddie Crawford / 704-231-2118 / freddiesea@att.net

ELIGIBILITY REQUIREMENTS: Competition is open to all boys and girls who have a valid/current AAU registration card. AAU membership fee is not included in the NCAAU District Qualifier entry fee and must be obtained prior to participation in this meet.

EVENT LIMITS: There is a three (3) event maximum for the 8-under, 9 years, 10 years, 11 years, 12 years divisions. 13 years, 14 years. The 15-16 years, 17-18 years divisions may participate in a maximum of 4 events.

*Maximum includes relay and field events

*Relay team members must be declared with alternates

*All relay team members must be affiliated with one team.

AGE DIVISION

BORN

8-under	2006 & after
9 years	2005
10 years	2004
11 years	2003
12 Years	2002
13 Years	2001
14 Years	2000
15-16 Years	1998-1999
17-18 Years	1996-1997

Athletes who are eighteen (18) years of age through the final day of the National Track & Field Championships shall be eligible to compete in the meet.

ENTRY FEE: An entry fee of \$20.00 per athlete for track & field.

REGISTRATION: www.coacho.com –Track & Field Competition is June 04, 2014 at 12 Midnight.

*No entry fee will be transferred or refunded.

*There will be no entries or changes after 12 midnight on June 04, 2014

LODGING: Visit www.ncauathletics.org for hotel information.

AWARDS: Medals will be given to the top 3 finishers in each event.

TEAM & ATHLETE COMPETITORS must compete in the District Qualifier and National Qualifier in their assign area.

ADVANCEMENT: This District Qualifier is an advancement meet. Athletes must compete in and AAU sanctioned District Qualifier in order to be eligible to compete in National Qualifier Meet. **THE TOP 16 FINISHERS IN EACH EVENT WILL ADVANCE TO THE NATIONAL QUALIFIER upon declaration.** The AAU Region 5 National Qualifier at Hampton University, Hampton, VA June 26th thru June 29th

AN ATHLETE MAY ONLY ADVANCE TO THE NATIONAL QUALIFIER IN THE EVENT(S) IN WHICH HE OR SHE QUALIFIED AT THE DISTRICT.

SAT/ACT WAIVERS: An athlete schedule to take a college entrance exam will be waived into the National Qualifier by the National Qualifier Program Coordinator upon receipt of the proper documentation. Documentation and the request in writing must be received PRIOR to the first date of District Qualifier competition ** Exam waivers are to be request at aaathleticswaiver@bellsouth.net. Please do not sent waiver requests to any other e-mail address. The athlete requesting the waiver must get an answer from the National Qualifier Program Coordinator on the status of the waiver request. **Athletes must enter on-line and pay the District Qualifier entry fee before the waiver request will be granted.**

REGISTRATION: www.coacho.com Deadline for entering the AAU Regional 5 for Multi Events and Track & Field is June 23th at midnight.

PARKING: Parking for teams and spectators will in Campus Parking lots only. No parking on grass, sidewalks or beside roads entering school property. Buses will be directed to bus parking lot.

COACHES ADMISSION: Teams will be given coaches passes for every 10 athletes participating in the meet up to a maximum of 5.

ADMISSION: \$5.00 Children Under 6 Free

PACKAGE PICK UP: Home Side Entrance

DATES:
Friday, June 6: Package Pickup 3pm to 8pm
Saturday, June 7: Package Pickup 7am to 4pm
Sunday, June 8: Package Pickup 7am to 12pm

SCHEDULE: Schedule is tentative and it may change depending on the number of athletes that enter this meet. Events may run up to an hour ahead of schedule. Please listen for events being called. Age groups of like gender may be combined in distance races/walks which have minimal participation. **Running events scheduled as a semi-finals with 8 or less participants on Saturday will be ran as a finals on Saturday.**

PROOF OF AGE: Proof of age may be required at District, National Qualifier and National Championship events and must be provided whenever required and or challenged. These are the acceptable forms of verification; original birth certificates, notarized original birth certificate, US military Government ID card, valid passport (not expired) and a valid US driver's license.

COACHED EDUCATION: The AAU National Office is happy to announce to its members FREE coaches Education for all AAU Non-Athletes. This exciting program is MANDATORY for all AAU Non-Athletes and will be administered by Positive Coaching Alliance (PCA). Please visit www.aausports.org and click on JOIN NOW in order to enter and take the MANDATORY AAU/PCA coaches educational course. Membership may be revoked from non-athletes who do not complete course prior to competition.

ATHLETE CHECK-IN: It is the responsibility of track athletes to hear the call of their event and report to the Clerk of the Course. Field event athletes should report directly to field event venue.

THROWING IMPLEMENTS: Each Team must supply their athletes Shot puts and Discus and Javelins to be used at this Meet. Failure to supply your athletes these implements will eliminate your athlete from that competition. Athletes who bring their implements that fail inspections will be allowed to compete with meet implements. All implements must be checked prior to competition. Implement check-in will occur in the Hough High School Field House. All implements once verified are impounded and will not be released by to athlete until that competition has been completed

PROTESTS: Protest relating to meet matters must be made in writing stating the rule questioned in the USATF rule book. All protest must be made to the referee within 30 minutes after results are posted to be considered. Protest in writing must be accompanied with a \$50.00 cash protest fee. The Referee shall consider all available official evidence. Once Referee renders his/her decision, protester may request and appeal to the Jury of Appeals. The Jury's decision is final. If protest is denied, cash deposit will be forfeited. The referee and or Jury of Appeals will not accept protest concerning judgment calls.

SAUNCTION

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

ORDER OF EVENTS Saturday June 07, 2014

3000 Meters	11G,11B,12G,12B,13G,13B,14G,14B,15-16 IG,15-16 IB 17-18YW,17-18YM	Timed Finals
100 m Dash	ALL AGE DIVISIONS	Semi-Finals
1500 m Race Walk	9G,9B,10G,10B,11G,11B,12G,12B	Timed Finals
80 m Hurdles	11G,11B,12G,12B	Semi Finals
100 m Hurdles	13G,14G,13B,14B,15-16IG,17-18YW	Semi Finals
110 m Hurdles	15-16 IB,17-18YM	Semi Finals
800 m Run	ALL AGE DIVISIONS	Timed Finals
200 m Dash	ALL AGE DIVISIONS	Semi Finals
4x800 m relay	11,12G,11,12B, 13,14G,13,14B,15-16IG,15-16IB, 17-18YW,17-18YM	Timed Finals
4x100 m Relay	8&UG,8&UB,9,10G,9,10B,11,12G,11,12B,13,14G,13,14B 15,16G,15,16B,17,18G,17,18M	Timed Finals

Field Events Saturday June 07, 2014

Shot Put	(8&UG,8&UB,9G,9B) ^{4lb} (10G,10B,11G,11B,12G,12B,13G,14G) ^{6lb} (13B,14B,15-16IG,17-18YW) ^{12lb} (15-16IB,17-18YM)				
Discus	^{1.0kg} <u>11G,12G</u>	^{1.0Kkg} <u>11B,12B</u>	^{1.0kg} <u>13G,14G</u>	^{1.0kg} <u>13B,14B</u>	^{1.0kg} <u>15-16IG,17-18YW</u> ^{1.6kg} <u>15-16IB,17-18YM</u>
High Jump	<u>17-18YW,17-18YM</u>	<u>15-16IG,15-16IB</u>	<u>14G,14B</u>	<u>13G,13B</u>	
Long Jump	ALL AGE DIVISIONS YOUNGER TO OLDER				

Running Events will start at 9:00am and run on a rolling Schedule

All Field Events will start at 9:00am On Saturday and Sunday.

All horizontal jumps and throws are limited to four (4) attempts

An athlete who must leave for another event must check in with that Event Official prior to leaving, they may request all of their attempts in succession.

Running events scheduled as a semi-finals with 8 or less participants on Saturday will be ran as a finals on Saturday.

Sunday June 08, 2014

3000 m Racewalk 13G,13B,14G,14B,15-16IG,15-16IB,17-18YW,17-18YM Timed Finals

400 m Dash	ALL AGE DIVISIONS		Timed Finals
100 m Dash	ALL AGE DIVISIONS		Finals
200 m Hurdles	13G,13B,14B,14G	5 @ 30"	Timed Finals
400 m Hurdles	15-16IG,17-18YW	10 @ 30"	Timed Finals
400 m Hurdles	15-16B,17-18YM	10 @ 36"	Timed Finals
1500 m Run	ALL AGE DIVISIONS		Timed Finals
80 m Hurdles	11G,11B,12G,12B		Finals
100 m Hurdles	13G,14G,13B,14B,15-16IG,17-18YW		Finals
110 m Hurdles	15-16B,17-18M		Finals
200 m Dash	ALL AGE DIVISIONS		Finals
4x400 m Relay	9,10G,9,10B,11,12G,11,12B,13,14G,13,14B,15-16IG,15-16IB 17-18YW,17-18YM		Timed Finals

Field Events Sunday June 08, 2014

Javelin	<u>13G,14G</u> 600 g	<u>13B,14B</u> 600 g	<u>15-16IG,17-18YW</u> 600 g	<u>15-16IB,17-18YW</u> 800 g
Turbo Javelin	<u>7,8,9,10,11,12</u> 300g			
High Jump	11G, 11B,12G,12B,9G,9B,10G,10B			
Triple Jump	13G,13B,14G,14B,15-16IG,15-16IB,17-18YW,17-18YM			

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