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GIRLS VOLLEYBALL CAMP

Westchester County Girls Volleyball Camp
450 Saw Mill River Road, Ardsley, NY 10502



Westchester
gov.com
ROBERT P. ASTORINO
Westchester County Executive



WESTCHESTER COUNTY GIRLS VOLLEYBALL CAMP

For girls entering grades 6-12 in 2014



Westchester County Girls Volleyball Camp offers instruction for all levels of ability.

Whether you're new to the sport or a seasoned player, the Westchester County Girls Volleyball Camp offers instruction for all levels of ability for middle and high school girls entering grades 6 through 12. The camp runs for two, one-week sessions: July 28 through August 1 and August 4 through 8. Camp hours are from 3 p.m. to 5 p.m. for middle school girls and from 6 p.m. to 9 p.m. for high school players.

Taught by experienced varsity coaches, and assisted by members of college volleyball teams, the camp will offer a combination of practice drills for fundamental skills and team play, with a goal of significantly increasing technical ability and confidence with the ball. Tuition includes a camp tee-shirt for each participant. Best of all, the camp is held at the air-conditioned and centrally located Westchester County Center in White Plains.

MIDDLE SCHOOL CAMP for Grades 6 - 8

3 p.m. - 5 p.m.
 Cost: \$150 per session
 Session 1: July 28 - August 1
 Session 2: August 4 - 8
 Location: Westchester County Center

This program meets the needs of a beginning volleyball player with little or no experience, to the more advanced, modified player preparing herself for the upcoming season.

Campers will be grouped by ability, according to experience and level of play.

Athletes will work on the basic fundamentals of each skill: serving, passing, setting, hitting and blocking.

Team drills will be combined with basic offensive and defensive systems, and games will be played each day to apply each skill in a fun, yet challenging environment.

In addition to working on skills and practicing drills, there will be contests played during camp with prizes awarded.

HIGH SCHOOL CAMP for Grades 9 - 12

6 p.m. - 9 p.m.
 Cost: \$200 per session
 Session 1: July 28 - August 1
 Session 2: August 4 - 8
 Location: Westchester County Center

This program combines individual training with team concepts to help get players in shape for the upcoming season.

Players are grouped by age and ability, combined with experience and level of play.

The focus will be on all aspects of the game with a major emphasis on fundamentals.

Skill development will be emphasized during hours of on-court instruction in the following areas: serving, serve receive, passing, setting, hitting, blocking, digging, team defense and transition to offense.

In addition to working on skills and practicing drills, there will be contests played during camp with prizes awarded.

No matter what her current level of ability, each player will have the opportunity to increase her level of skill and confidence.

STAFF

Recently elected to the Westchester Sports Hall of Fame, Camp Director **Robin Cooke** is closing in on 600 wins on her career coaching varsity volleyball at Croton-Harmon High School. Her teams have won numerous sectional and league titles as well as the New York State championship in 1998 and 1999.

ASSISTANT COACHING STAFF

As varsity coach at Ardsley High School, **Dave Ponterio**, has led his teams to win various league and sectional championships. The Ardsley team has also competed several times in the New York State tournament.

As the varsity coach at Rye Neck High School for the past six years, **Kristin Desio** has successfully led her teams to the sectionals, in addition to winning two league championships. Kristin also teaches physical education at Rye Neck and is personal trainer.

As the varsity coach at Ossining High School, **Lauren Riccardi** has led her team to back-to-back league championship titles in 2012 and 2013. The team has also attended the Section Playoff tournament for the past two years. Lauren Riccardi received the HVVCA Coach of the Year award in 2013.

SUPPORT STAFF

Rounding out the staff will be current and former section one coaches, club team coaches, current and former college players.

WHAT TO BRING

All campers should bring a labeled water bottle, towel, kneepads and court sneakers.

REGISTRATION

Register online at:
parks.westchestergov.com/activities/childrens-camps

Make checks payable to "Westchester County Parks" and send with your completed application to:

Westchester County Girls Volleyball Camp
 450 Saw Mill River Road
 Ardsley, NY 10502
 Fax: (914) 864-7129

For more information, call
 (914) 231-4673 or (914) 231-4564.

*Payments are refundable up to July 25, 2014 (less \$35 per week administrative fee).

Girls Volleyball Camp 2014 Registration Form

MIDDLE SCHOOL CAMP (\$150 per session) **HIGH SCHOOL CAMP (\$200 per session)**
 Session 1 Session 1
 Session 2 Session 2

CAMPER'S NAME _____ HOME PHONE _____

ADDRESS _____

GRADE (FALL 2014) _____

DATE OF BIRTH _____ AGE _____

MOTHER'S NAME _____ CELL PHONE _____

FATHER'S NAME _____ CELL PHONE _____

PRIMARY E-MAIL ADDRESS _____

CHILD'S DOCTOR _____ PHONE # _____

MEDICAL INSURANCE CARRIER _____

POLICY # _____

Medical History:

Please list any medical, allergic reaction or behavioral concerns that will assist our staff in properly caring for your child.

Emergency Contact:

NAME _____ PHONE # _____

RELATIONSHIP _____

**Payments are refundable up to July 25, 2014 (less \$35 per week administrative fee).*

Payment:

CREDIT CARD # _____ EXPIRATION DATE _____

SIGNATURE _____

PRINTED CARDHOLDER'S NAME _____

Please read and sign:

I hereby certify that the information I have provided on this application is correct and that, unless specified, my child is in normal physical and mental health. I give my permission for my child to participate in all camp activities. I understand that all fees are non-refundable. I also understand that the County of Westchester is self-insured and does not cover medical costs for persons injured during the normal course of participation in this program. Students participate at their own risk. If I cannot be reached in the event of an injury, I give my permission for my child to be taken to a hospital for treatment to include evaluation of the injury, x-ray and needed medical treatment.

SIGNATURE OF PARENT OR GUARDIAN _____ DATE _____

I give permission to allow my child's photographs to be taken during camp. I further give permission that these photographs may be published and used by Westchester County to promote camp programs.

SIGNATURE OF PARENT OR GUARDIAN _____ DATE _____

Please send your completed application, with appropriate fee, to:
Westchester County Parks Volleyball Camp
 450 Saw Mill River Road, Ardsley, NY 10502
 Fax: (914) 864-7129