

2014/15 Rules Modifications for Sanctioned Tournaments (*references to NFSHSA rules book*)

Rule 1 A club may enter as many wrestlers per age and weight class as are otherwise qualified.

There is no limit to the number of matches per day per wrestler. Wrestling will not continue past 10:00 P.M. and no more than twelve hours per day.

No contestant shall wrestle in two (2) consecutive matches with less than thirty (30) minutes rest between matches in the same bracket, unless both of the coaches and wrestlers involved agree to waive the rest period.

Rule 2 Every wrestling area, no matter what size, must have a minimum three (3) foot safety mat area next to any floor surface and five (5) foot from any wall or post. Two (2) coaches' boxes will be marked in appropriate locations within the safety area. The coaches' boxes are to be no more than five (5) foot in width. The wrestling area of the mat shall be based on the age group competing, as follows:
 Under 14 must have a minimum wrestling area of 15'x15'
 High School must have a minimum wrestling area of 24'x24' or a circular area of 28 feet in diameter

The rule on mat markings is omitted.

Rule 3 It is recommended that all officials be both kids and high school registered.

The enforcement of rules regarding hair, fingernails and communicable diseases will be the responsibility of the tournament committee at the time of weigh-in.

The safe handling of blood cleanup on the mats will be the responsibility of the host tournament director, who will have cleanup materials at all mat areas.

Rule 4 The legality of all uniforms will be up to the referee, and need not conform to the NFSHSA rule.

The written documentation required by Rule 4-2-3 must consist of the form approved by USAW Kansas Kids. This form must be accompanied by a physician's letterhead or prescription form.

Competition shall be in the following age and weight classes (*6 & Under is advisory only*). Ages are determined as of midnight, December 31, 2014. The wrestler or the wrestler's club must, within one week, provide a birth certificate or similarly reliable verification that the wrestler's age and school grade stated on his/her membership card is accurate. The High School Division is available for wrestlers currently attending high school, or middle school if their age does not qualify them for a younger age division. Wrestlers qualifying for two different age divisions may only enter one of those divisions.

6 & Under 37, 39, 41, 43, 45, 47, 49, 51, 53, 55, 58, 61, 64, 67, 70, 73, 80, 88, 95, 110, 125

8 & Under 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 70, 73, 76, 80, 88, 95, 110, 125

10 & Under 52, 55, 58, 61, 64, 67, 70, 73, 76, 79, 82, 85, 90, 95, 100, 110, 120, 130, 150, 170

12 & Under 64, 68, 72, 76, 80, 84, 88, 92, 96, 100, 105, 110, 115, 120, 130, 140, 150, 165, 190, 215, 240

15 & Under 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 150, 155, 160, 165, 175, 205, 235, 265

High School 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

Additional and/or combined age and weight classes can be used at the option of the host tournament director. Double-dipping (entry into a maximum of two different age brackets) and wrestling up in age shall be permitted. Should the tournament director wish to opt out of allowing double-dipping and /or wrestling up in age, they must notify entrants via flyer or other means prior to tournament.

No wrestler will be permitted to wrestle another person with a weight spread exceeding the following weights:

8 & Under	15 Pounds
9 & 10	20 Pounds
11 & 12	25 Pounds
13 & 14	30 Pounds
High School	35 Pounds

All sanctioned tournaments will hold a weigh-in. The weigh-in procedures shall be determined by the tournament director. All participants shall have the opportunity to weigh-in at the same time. No weigh-in shall be prior to twenty four (24) hours before the published tournament start time. Wrestlers shall wear a competition style singlet at weigh-in.

There shall be no weight allowances given, unless otherwise allowed by the tournament director. Age modifications may be allowed for some special needs wrestlers (see Bylaws for details).

Rule 6 The length of matches will be determined by the age group wrestling. 8 & Under / 9 & 10 will wrestle three 1-minute periods. High School will wrestle three 2-minute periods. All other age groups will wrestle three 1½-minute periods.

The first period in all consolation matches may be either one minute, or a regulation length period, at the option of the tournament director.

Rule 8 Any individual ejected from a sanctioned event will not be allowed to participate in and/or attend any other sanctioned tournaments, meetings, events, or practices for the following time periods from the date of the ejection:

- 1st occurrence – 8 days
- 2nd occurrence – 24 days
- 3rd occurrence – one calendar year

Rule 10 Wrestling will not begin until the wrestler is represented by a coach at matside. Coaches and wrestlers shall be permitted a maximum of two minutes total to appear at the mat. Failure of a coach or wrestler to appear shall result in forfeit to the opponent.

A forfeit or no-show is the same as any other loss.

In the event of a tie in a round robin, the winner will be determined based on head-to-head competition. If head-to-head competition cannot determine the winner, the winner will be determined by total points earned:

Fall, forfeit, default	
or disqualification	4
Technical fall	3
Major decision (8 to 14 pts)	2
Decision (0 to 7 pts)	1

If the winner still cannot be determined, the total bracket will be wrestled again.

These rules are mandatory for all sanctioned tournaments

