

Woodland Park Hockey Association P.O.Box 5923 Woodland Park, CO 80866 www.woodlandparkhockey.com

# WPHA Squirts - House Team Program for Ages 10U Birth Years 2013-2014

## **Program Overview:**

At this age our hockey kids are beginning to learn to be hockey players and all that comes with it. Coaches focus on creating the love for the game and refining player's skills as young athletes. Players are introduced to more game situations and teams, and they begin playing full ice hockey for about \$30 per week! Fundamentals are still a focus at this age but strategy and positioning are introduced and become a large portion of what they will learn throughout the season. All of our coaches at this level are USA Hockey certified & trained, so you can be sure the players are getting great instruction based on the most recent best practices and safety guidelines provided by USA Hockey. The squirt season begins in the fall (generally mid-September) and continues through the first week of March. Teams practice 1-3 times per week, attend and host regular games as participants in the Colorado Rec Hockey League, and attend 1-3 tournaments each season.

## **Season Dates:**

September - March (approx. 24 weeks)

#### **Ice Sessions:**

1-3 touches per week (including games). Sessions in September-December are held at ice rinks in Colorado Springs. Once the ice is ready in Woodland Park, the ice sessions for the remainder of the season will be held at our outdoor rink at MeadowWood Sports Complex.

#### Games:

Approx. 15-25 full-ice games per season plus additional tournament and non-league play.

# **Practices:**

1-2 practices per week (60 minutes each) will consist of skills, drills, skating instruction, small-area games, and scrimmages. Practice ice is often shared with other teams to maximize use and minimize ice costs. No more than two age divisions and/or teams will share the ice at one time.

## Cost:

\$750 (\$150 due at the time of registration; balance is due according to the payment schedule chosen during online registration). Tournament/jamboree fees are in addition to season fees and are the responsibility of each player (fees are generally \$70-110 per player per tournament) but the team may choose to fundraise to help lower these costs.

# **Scholarships:**

Scholarships are available for house team players and are awarded based on need and available funds - please visit the documents tab on our website to download and complete the scholarship application form. All applications are reviewed and handled confidentially.