

2400 WRESTLING

2410 Schedules (2024-25 is the second year of the dual schedule)

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| 2411 | Start Date: | November 18, 2024 |
| | First Meet: | November 29, 2024 |
| | GMC Tournament: | February 7, 2025 (Friday) |
| | WIAA Regional: | February 15, 2025 |
| | Team Sectional: | February 18, 2025 |
| | Individual Sectional: | February 22, 2025 |
| | Individual State: | February 27, 28 & March 1, 2025 |
| | Team State: | March 7 & 8, 2025 |
| | GMC End of Season Meeting: | March 10, 2025 6pm @ Germantown HS |
- 2412 All Conference schedules shall be drawn up by the Conference Commissioner and must be approved by the Athletic Directors.
- 2413 A single round robin schedule of meets shall include all conference schools sponsoring wrestling. In addition, a conference championship tournament will be held at the end of the season.
- 2414 A JV/Freshmen conference schedule will be wrestled with meet pairings and sites being the same as the Varsity schedule. Varsity and JV duals will be scored; however, JV matches will only be scored if they are wrestled. Forfeited matches at the JV level will not be scored.
- 2415 Weigh-ins for all levels are the responsibility of an assigned official and should start before 60 minutes prior to the start of the first match for all conference meets. Any varsity non-weight related issues will be resolved by the assigned varsity official.
- 2416 In case of inclement weather, the host school shall notify the visiting teams as soon as possible of the cancellation.
- 2417 The Greater Metro Conference wrestles on Thursdays according to the established schedule (unless mutually agreed upon by both schools).

2420 Regulations

- 2421 Wrestling shall be conducted under the rules and regulations of the sport as listed in the current WIAA Handbook and the Winter Sports Regulations, except as stated in the By-Laws. All dual meet GMC ties will be broken following the National Federation rules.
- 2422 No wrestler shall be permitted to participate on more than one team per day.

- 2423 As a general policy, undue emphasis shall not be placed upon Freshmen and JV competition.

2430 Contest Guidelines

- 2431 For dual matches: Varsity matches will begin at 7:00 PM. JV matches will begin at 6:30pm and continue until conclusion provided; no JV match will start after 7:15pm. If possible, two mats can be used if there are more JV matches. Weigh-ins at 5:30pm.
For triangulars: Two mats will run simultaneously with two officials; Weigh-ins at 5:00pm and wrestling starts at 6:00pm.
Lineups will be shared by coaches by 12 noon on Tuesday prior to the match or two days prior if not wrestling on a Thursday.
- 2432 Schools will determine the number of mats necessary by prior communication. JV matches will be 2-2-2 minutes in duration. Length of exhibition matches at coaches' discretion.
- 2433 Weight classes for the exhibition matches will be determined by the coaches at the time of the weigh-in. JV contests will follow the Varsity format.
- 2434 Varsity and JV level officials are to be contracted by the Conference Commissioner with the advice of the Head Coaches.

2440 Awards

- 2441 A Conference Championship Bar shall be awarded for the Dual Meet Championship in accordance with the Award By-Laws (427.4).
- 2442 The Greater Metro Conference dual meet champion will be determined by conference win/loss records. The Conference Champion will be awarded individual certificates and a team championship bar. Multiple team champions may be recognized.
- 2443 A Conference Championship Bar shall be awarded for the Conference Tournament Championship in accordance with the Awards By-Laws (427.4).
- 2444 Medals will be awarded to the first, second and third place finishers in each weight class with the first through fifth place winners being recognized at the awards stand. Champions in each division will be awarded wall charts.

2450 Wrestler of the Year Selection

- 2451 A "Male Wrestler of the Year" will be selected at the post-season coaches' meeting by a simple majority vote. If the coaches are unable to select one "Male Wrestler of the Year," ties will be broken by the Athletic Directors at a regularly

scheduled meeting. “Co-Wrestlers of the Year” will NOT be allowed. A “Female Wrestler of the Year” will be awarded when warranted.

2460 Tournaments

2461 The Greater Metro Conference sponsors a Varsity level end of the season tournament. The host of this tournament will rotate alphabetically among the schools in the conference. If a school is unwilling or unable to host, the opportunity will be passed on to the next school on the alphabetical list. The rotation for hosting is as follows:

Tosa Co-op	2023-24
West Allis Hale	2024-25
Hamilton	2025-26 (out of rotation because hosted in 2016-17)
Brookfield Central	2026-27
Brookfield East	2027-28
Germantown	2028-29
Marquette	2029-30
Menomonee Falls	2030-31

2462 The Greater Metro Conference Tournament Championship will follow a format which consists of four rounds and wrestle backs to third and fifth place with cross bracketing. First, third and fifth place matches will be wrestled simultaneously.

2463 We will follow WIAA Regional scoring format for the GMC Tournament.

2463.1 The host of the Varsity Conference Tournament will utilize a computerized tracking system; in addition, a back-up system must be available. The starting time of the tournament will be decided by the host.

2470 Officials

2471 All tournament officials shall be contracted by the Conference Commissioner two years in advance from the recommended list compiled by the head coaches. Four (4) officials for the Varsity Tournament.

2480 Tournament Seeding Procedures

2481 The following criteria shall be used for seeding the Varsity Tournament:

1. All wrestlers will be ranked by the host school/ Track Wrestling in the order of their GMC records (must have a minimum of 4 GMC matches wrestled).
2. If records are equal, then head-to-head GMC record.
3. Overall season record.
4. Special consideration – discussed and voted on by head coaches with head-to-head outside of GMC given consideration.

- 2482 Byes will be placed opposite the seeded wrestlers in the order of their seed.
- 2483 WIAA seeding rules would apply.