

Penfield Rangers Soccer Club



Parent Handbook

2014-2015 Season

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Penfield Rangers Soccer Club

Mission Statement

The mission of the Penfield Rangers Soccer Club is to identify and develop soccer players aged 8-19 years old, who demonstrate the self-motivated enthusiasm and potential to play soccer at an advanced level. Emphasis shall be placed on developing players in a way that promotes fundamental soccer skill development, character development, teamwork, and good sportsmanship. The club shall also promote training and development for adults interested in coaching soccer at an advanced level.

Club Organization

Board of Directors (2013-2014)

President: Steve Husband

Secretary: Karen Drabik

Treasurer: Scott Robinson

Registrar: Amy Delucia

Executive Board: Steve Husband, Karen Drabik, Scott Robinson, Amy Delucia

At Large Board: Sean Doherty, Chuck Johnson, Vicky Hansen, Kathy Howes, Rochelle Ruffer, Steve Martin, John Marshall, Frank Mezzatesta

Committees and Coordinators (2013-2014)

Coach Committee Chairman: Joel Maness

Coach Committee Members: Joel Maness, Sean Doherty, Dan Scheid, Amy Delucia, Gabe Hallancia

Tryout Coordinator: Amy Delucia

Marketing Committee: Steve Martin, John Marshall

Field Coordinator – Vicky Hansen

Uniform Coordinator: Louise Kurz

Equipment Manager: Steve Husband

Policy Committee: Chuck Johnson

Head Team Manager: Nancy Anton

Rochester Rhinos Club Coordinator: John Marshall

Webmaster: Sean Doherty

Governing Organizations

National

The national governing body for youth soccer is US Youth Soccer (USYSO). USYSO can be found on the web at <http://www.usyouthsoccer.org>.

Regional

Regionally, our governing body is the New York State West Youth Soccer Association (NYSWYSA), which governs youth soccer for the Rochester, Syracuse, Buffalo, Binghamton, Southern Tier regions. NYSWYSA can be found on the web at <http://www.nyswysa.org>.

Local

Locally, we are part of the Rochester District Youth Soccer League (RDYSL). RDYSL can be found on the web at <http://www.rdysl.com/>.

Contacting Us

Our web site is <http://www.penfieldrangers.org>. From the web site you can email us. Emails will be directed to the club president.

Our mailing address is:

Penfield Rangers Soccer Club
P.O. Box 241
Penfield, NY 14526

Membership

Eligibility

Our membership consists of active players, team staff (coaches, assistant coaches and managers), committee members, coordinators and board members, all in good standing with the club.

Players must meet certain age eligibility requirements, as outlined in the 2014-2015 Season Age Matrix later in this document.

Club membership consists of an annual membership, which ends on the last day of August each year. Players owing fees or fines to the club from previous seasons' will be ineligible to join the Penfield Rangers until those fees/fines are reconciled.

League registration rules may prevent players from being placed on the roster for a Penfield Rangers team. All players must meet registration requirements for our league.

Commitment

September through March

Participation in Ranger indoor practices, games, tournaments, and leagues is strongly recommended in order for the player and team to develop to its fullest potential.

April through End of Season

It is expected that each player will be able to commit to 3 to 4 days per week (covering games and practices). For tournament weeks, the commitment may be higher. Typically teams play 2-3 weekend tournaments during the outdoor season.

Conflicts with Interscholastic Sports

Interscholastic sports take priority over club practice and games, but every effort must be made to avoid conflict.

Conflicts with Other Activities

During the outdoor season, players are expected to be available for games and practices for the full season (April through July). If a player expects to have conflicting sports or activities that may cause him to miss significant numbers of games and practices, then travel soccer may not be appropriate for him. Where conflicts exist, we expect the player to plan a schedule in advance with his soccer coach to attend at least fifty percent of the Rangers games and practices. Consistent unannounced absenteeism or missing an unbalanced amount of Rangers practices or games for another sport will result in loss of playing time.

Players are requested to be at games and practices on time. It's not fair to the rest of the team if someone is consistently late. Consistent tardiness or missed practices will likely result in lost playing time.

Dues/Fees

Our fee structure is re-evaluated every year, and can vary. For 2014-2015, the player registration fee schedule will be:

Age Group Fee¹

Academy players: \$300.00²

U09 through U17 players: \$395.00³

U19 players: \$240.00⁴

The Penfield Rangers is a volunteer-run, non-profit organization. Our fees are set to cover expenses for the season, which includes the cost of uniforms, equipment, league and referee fees, insurance, and a minimal amount of club administrative expenses.

2014-2015 Season Age Matrix

The age-eligibility matrix below is set yearly by our league, the Rochester District Youth Soccer League. For the 2014-2015 season, our league will not allow us to register a player born in or before the month of July 2007 or after July 31, 1995.

Using the matrix below, follow the instructions below to confirm which age group your player belongs in.

1. Find the month the player was born in the top row.
2. Move down the column until you reach the year the player was born in.
3. Trace that row to the left until you reach the first column. The entry will contain the player's age group.

There may be a limited option for a player to play in an age group above their designated age group – see the Guidelines for Playing Up later in this document for more information.

¹ A family discount is available for families with multiple players in the U09-U17 age groups; see the web site for more details.

² Includes indoor time, full uniform set and tournament funds. An additional \$25 non-refundable fee will be charged for try-outs.

³ Includes indoor time, full uniform set, league fees, tournament funds to cover outdoor tournaments. An additional \$25 non-refundable fee will be charged for try-outs.

⁴ Includes full uniform set (if required), league fees, tournament funds to cover outdoor tournaments. An additional \$25 non-refundable fee will be charged for try-outs.

2015 Season Age Matrix
Effective August 1, 2014 - July 31, 2015

| Age Group | Aug | Sep | Oct | Nov | Dec | Jan | Feb | Mar | Apr | May | Jun | Jul |
|-----------|------|------|------|------|------|------|------|------|------|------|------|------|
| U8 | 2006 | 2006 | 2006 | 2006 | 2006 | 2007 | 2007 | 2007 | 2007 | 2007 | 2007 | 2007 |
| U9 | 2005 | 2005 | 2005 | 2005 | 2005 | 2006 | 2006 | 2006 | 2006 | 2006 | 2006 | 2006 |
| U10 | 2004 | 2004 | 2004 | 2004 | 2004 | 2005 | 2005 | 2005 | 2005 | 2005 | 2005 | 2005 |
| U11 | 2003 | 2003 | 2003 | 2003 | 2003 | 2004 | 2004 | 2004 | 2004 | 2004 | 2004 | 2004 |
| U12 | 2002 | 2002 | 2002 | 2002 | 2002 | 2003 | 2003 | 2003 | 2003 | 2003 | 2003 | 2003 |
| U13 | 2001 | 2001 | 2001 | 2001 | 2001 | 2002 | 2002 | 2002 | 2002 | 2002 | 2002 | 2002 |
| U14 | 2000 | 2000 | 2000 | 2000 | 2000 | 2001 | 2001 | 2001 | 2001 | 2001 | 2001 | 2001 |
| U15 | 1999 | 1999 | 1999 | 1999 | 1999 | 2000 | 2000 | 2000 | 2000 | 2000 | 2000 | 2000 |
| U16 | 1998 | 1998 | 1998 | 1998 | 1998 | 1999 | 1999 | 1999 | 1999 | 1999 | 1999 | 1999 |
| U17 | 1997 | 1997 | 1997 | 1997 | 1997 | 1998 | 1998 | 1998 | 1998 | 1998 | 1998 | 1998 |
| U18 | 1996 | 1996 | 1996 | 1996 | 1996 | 1997 | 1997 | 1997 | 1997 | 1997 | 1997 | 1997 |
| U19 | 1995 | 1995 | 1995 | 1995 | 1995 | 1996 | 1996 | 1996 | 1996 | 1996 | 1996 | 1996 |

Team Selection and Placement

The club evaluates players according to demonstrated skill levels at the tryouts. Players are placed on teams according to those evaluations. Unlike more recreational leagues, we cannot accommodate requests for team selection based on friendships with other players, car pooling, etc. At the travel-level of play, players and parents must accept the probability that they may not know any of the players or parents from their team prior to the team's formation.

During tryouts, the club makes every effort to fairly measure a player's skill level and place the player on a team with similarly skilled players. Unfortunately, due to league rules governing roster sizes or availability of coaching staff, there may be times when players are not selected for a Rangers team. We encourage these players to find other outlets to learn to practice and play soccer, including specialized training at many of our soccer training academies, soccer camps, school soccer programs, and the programs offered by Penfield Recreation.

Registration

Immediately upon selection for a team, a player must do the following

1. Accept their position with the team
2. Attend the Annual Club Meeting to:
 - a. Attend the Annual Club Presentation.
 - b. Pay the Penfield Rangers Soccer Club registration fee (online or by a check made out to Penfield Rangers Soccer Club).
 - c. Provide a copy of the player's Birth Certificate or other government-issued proof of birthdate, if new to the club.
 - d. Get sized for a uniform.

Players not complying with registration requirements or not paying dues/fees on time, risk losing their roster position with their Penfield Rangers team.

Insurance

Limited secondary medical coverage is provided for registered players and volunteers by the New York State West Youth Soccer Association (NYSWYSA). For details of the coverage provided, please visit the NYSWYSA web site at <http://www.nyswysa.org>.

Facilities

Indoor Training

The Penfield Rangers will use the Brighton SportsZone, 3195 Brighton-Henrietta Townline Road, for indoor training. The SportsZone has a concession stand and vending machines, viewing area, arcade area, rest rooms, and wireless Internet access.

Outdoor Fields

Practices and home games will be played on soccer fields within the town of Penfield that are maintained by either the Town of Penfield or the Penfield Central School District. These facilities include

the Penfield Town Hall, Rothfuss Park, Penfield Community Center, Penfield High School, Bay Trail Middle School, and Harris-Whalen Park.

Away games will be played on fields associated with the home team, in towns across the Rochester region. Our teams may play teams as close as Webster, Fairport, Brighton, Irondequoit and Pittsford, and as far away as Alexander, Byron-Bergen, Batavia, Kendall, and Canandaigua.

Regardless of where we have our games and practices, field cleanliness and maintenance is everyone's responsibility. We ask that you and your Penfield Rangers player be good citizens and pick up trash on your way off the fields.

There will be different amenities at these locations. Some may have bathrooms, some may have concession stands, some may have limited parking. Please plan accordingly.

Rules of Conduct

We are guests at fields. Let's be good neighbors. The following rules apply to all facilities used by the club:

A "field" includes any adjoining playgrounds, parking areas, or buildings. Alcoholic beverages are never allowed at the facilities.

Smoking is not permitted at any facility. Some facilities may ban other tobacco products. No parking on grass areas.

No un-sportsmanlike language or conduct.

Parents are responsible for non-playing children. These children must be supervised on playground areas and should not be playing around, in or on any goals, cars, dumpsters, wooded areas, or adjacent backyards.

Coaches and Team Staff

All Penfield Rangers Soccer Club coaches are expected to have at least NYSWYSA E-certification before the start of the outdoor season. All prospective coaches will be interviewed by the Coach Committee to ensure they have the qualifications to train our players. The Rangers encourage coaches to continue with their coach education and will reimburse coaches who pass the “D” license course as well as any local coach clinics offered by NY State West.

Volunteers

The Penfield Rangers is a volunteer-run, non-profit organization. All of our coaches, managers, board members, etc. are volunteers. The club has many opportunities for additional volunteers. And, we can really use the assistance! Tasks needing attention include: field coordinators, indoor practice scheduler, equipment manager, maintaining and replenishing first aid kits, making copies of information to be distributed, among many other things. Please let us know if you are able to assist in any way!

Practices & Games

Player Equipment

At practices, coaches are responsible for ensuring that players are appropriately dressed and equipped prior to practices. Please make sure your player is dressed appropriately for the weather conditions.

At games, the game referee has the authority to determine appropriateness of player equipment. Referees may view the suitability of player equipment differently, and one referee may allow something that another referee rejects. For example, some referees may allow earrings to be taped over with athletic tape; others may require that the jewelry be removed. Please be aware that the referees are acting in the best interest for all players on the field.

Uniforms

When selecting uniform sizes, if in doubt, go larger. Children grow and uniforms are not returnable. Loose clothing allows heat to escape.

The club policy is not to recycle uniforms. Children are growing and last year’s shorts/socks may not fit. It is virtually impossible to ensure each child on a team will have a unique number if uniforms are recycled. We have found from experience that the players look forward to new uniforms each year.

Shoes

Most indoor facilities, including the Brighton Sports Zone, do not permit the use of outdoor cleats on their indoor turf fields. Please check with other facilities for their rules on shoes.

For outdoor, soccer shoes/turf shoes provide safe traction on damp grass and are highly recommended. Cleats should be molded plastic or rubber. Metal cleats or spikes are not permitted.

Shin Guards

Players **MUST** wear shin guards or they will **NOT** be permitted to play or practice. Players should wear proper soccer socks that fully cover shin guards.

Soccer Balls

All players must bring a ball of their own to indoor and outdoor practices.

U8-U12 Size #4. Circumference: 25-26 in. Weight: 11-13 ozs

U13-U19 Size #5. Circumference: 27-28 in. Weight: 14-16 ozs

Hydration/Water/Drinks

Players should bring enough water or sport drinks to each game and practices. It is important that players are appropriately hydrated, especially during the hot summer months.

Glasses

If a player wears corrective vision glasses, it is recommended that your child should have plastic lenses or 'sport' high-impact glasses with retaining straps.

Mouth Guards

Mouth guards are not required but are recommended for all children. Many area dentists provide custom mouth guards for free or at cost in a variety of bright colors. Off-the-shelf mouth guards may also be used.

Jewelry

Jewelry is not permitted at practices or games for safety reasons. If Medic Alert or religious necklaces must be worn, they must be taped down to the skin before the practice or games.

Practice Schedules

During the indoor season, the club will assign practice time for the indoor sessions.

When weather conditions permit, coaches will select frequency of practices. Please contact your coach for information.

Game Schedules

Preliminary game schedules will be released by the league (typically) in mid-March. A 2-3 week correction period will allow coaches to adjust game schedules to accommodate school events, family vacations, summer holidays, etc. Games schedules will be posted on the RDYSL web site. Final schedules will be made available mid-April. Your coach or team manager will communicate to you any changes to schedules.

Please help our coaches during the game correction period by letting them know your summer vacation dates, pertinent school events, summer camp schedules, etc.

Game Locations

Game locations, as well as directions to fields, can be found on the RDYSL web site.

Halftime/Postgame Snacks

Team managers will contact parents to arrange for snacks after practices and/or games. It is up to the individual teams to determine type and frequency of snacks. Popsicles or other cold treats are the best bet. Please ensure all trash is picked up following the practice or game.

Weather

Your team's coach will determine if practices need to be canceled due to weather conditions. There may be times when the town or school district will close a field due to weather conditions. Please comply with all requests by the town or schools and stay off the fields if requested.

For league games, the only person who can postpone a game is the referee. Even if it is apparent that weather conditions may not be favorable for a game, all players must report to the field. Referees may try to wait the weather out, or weather conditions may not be as severe at the field as it may be at home. This may mean that you might have to travel to Brockport to find out that the game is canceled. Every effort will be made to contact parents beforehand, if the information is known, however, there is not telephone number to call or way to check if a game is still being played.

Parents, of course, may withdraw their child from play if they are uncomfortable with safety issues. Soccer is traditionally played under fairly poor conditions including rain, cold, snow, and wind so be prepared or plan to wait it out in the car!

If a game is stopped at halftime or later, the game will not be rescheduled. In these instances, the score at the time of cancellation stands. Lightning will stop play, but games may be re-started if lightning has not been seen for 30 minutes.

Referee Calls

Referees are human and there will be calls that may not be the "right" call. Be a good sport. Set an example for the children. Many of the referees, especially for the younger age groups are new, still learning the ropes and are doing their best. Spectators are encouraged to watch the games but are NOT permitted to "participate" by making negative comments to anyone at any time. This is considered verbal abuse and will not be tolerated. Such activity will result in ejection of the offender and/or forfeit of the game.

Fines

RDYSL has cracked down on poor sidelines behavior by Coaches, players, parents, siblings, and guests. Any fines imposed on a particular person(s), player or team are to be paid directly by those person(s) or team. A player will be held out until fines are paid. Paying fines is a team or family obligation and not the obligation of the Penfield Rangers Club; there is no budget for fines. There is no appealing fines so don't get one.

Sidelines/Fans

Positive comments (e.g. Great play, good hustle, etc.) are terrific motivators for players. Please refrain from providing tactical directions to players. It distracts the players, and you may be giving them directions that

conflict with what the coach wants them to do.

RDYSL rules require that the team and its associated parents/fans, be on one side of the field, while the opposing team and their parents/fans are on the opposite side of the field. This rule is designed to keep the opposing parents separated. During the game, please do not sit right next to the players. And, please do not call him over to you during the game or during play stoppage. This distracts the players and makes it difficult for the coach to work with his team. Neither parents nor coaches can be stationed at numerous points around the field to coach their players. Failure to abide by these rules can result in a significant fine by the league. Parents are responsible for paying any fines. There are no appeals and their child will not play until the fine is paid.