



**DATE:** Saturday, October 11 (HS) and Sunday, October 12 (PW,EL,MS), 2014 (Columbus Day Weekend)  
**LOCATION:** Virginia Beach Tennis and Country Club, 1950 Thomas Bishop Lane, Virginia Beach, VA 23454  
**TOURNAMENT DIRECTOR:** Corey Beckner - [interstate64wrestling@gmail.com](mailto:interstate64wrestling@gmail.com) Website - [interstate64wrestling.com](http://interstate64wrestling.com)

**UNIQUE TOURNAMENT FORMAT:** Weight Classes will be wrestled out to Finals and Consolation Finals. At that point the Weight Class Final Four will be determined and rebracketed into a 4 man bracket with the Finalist being the #1 and #2 Seeds. Wrestlers can lose a match, wrestle their way through the Consolation Bracket, and Still Win the Tournament!

**WRESTLER REGISTRATION:** Register @ [trackwrestling.com](http://trackwrestling.com) - STARTS Sept 1, 2014 - ENDS Friday, October 10<sup>th</sup> (HS) and Saturday, October 11<sup>th</sup> (PW,EL,MS), 2014 @ NOON.

<u>High School (Grades 9-12):</u>	\$37.00 (Max 300 Sat)	<b>NO WALK INS! ALL WRESTLERS MUST BE PRE-REGISTERED! NO EXCEPTIONS! USAW FOLKSTYLE CARD REQUIRED TO WRESTLE!</b>
<u>Middle School (Grades 6-8):</u>	\$32.00 (Max 300)	
<u>Elementary (Grades 3-5):</u>	\$32.00 Wrestlers	
<u>Pee Wee (Grades K-2):</u>	\$32.00 Sunday)	

**WEIGHT CLASSES:**

<u>High School:</u>	106,113,120,126,132,138,145,152,160,170,182,195,220,285 - Length of Bouts: 2-1-1 (All Bouts)
<u>Middle School:</u>	70,75,82,89,96,103,110,117,125,135,145,HWT (Max 165) - Length of Bouts: 2-1-1 (All Bouts)
<u>Elementary:</u>	50,55,60,65,70,77,84,91,98,HWT (Max 120) - Length of Bouts: 1-1-1 (All Bouts)
<u>Pee Wee:</u>	40,45,50,55,60 - Length of Bouts: 1-1-1 (All Bouts)

FLAT WEIGHT ... NO WEIGHT ALLOWANCE! I64 Wrestling encourages wrestlers to wrestle at their natural weight and not cut weight for Preseason Tournaments. Brackets with 5 or less wrestlers will be Round Robin. Brackets with 3 or less wrestlers may be combined by the Tournament Director. Modified National Federation and USAW Rules. Headgear, Hair Rule, and Mouthpieces (with Braces) Required. You may wrestle more than 5 matches.

**WEIGH INS:**

<u>Friday, October 10; 6-8 PM. - HS Division and Club Duals</u>	<b>NO WALK INS!</b>
<u>Saturday, October 11; 6-8 PM - PW/EL/MS Divisions</u>	<b>ONLY PRE-REGISTERED WRESTLERS!</b>
<b>Main Weigh In Site:</b>	Virginia Beach Resort Hotel - 2800 Shore Drive, Virginia Beach, VA
<b>Satellite Weigh In Sites:</b>	VA Team Predator Wrestling Club Guerilla Wrestling Club Colonial Forge HS Great Bridge HS Weigh In with a Singlet. National Federation Officials will be present at all sites.

**HOST HOTEL:** Virginia Beach Resort Hotel, 2800 Shore Drive, Virginia Beach, VA, (800)468-2722. All Rooms are Suites!  
**Coaches / Parent Social** - Saturday, October 11 from 8-11pm @ Hotel for all Interstate 64 Guests.

**SPECTATOR ADMISSION:** Adults - \$10.00 : Adult 2 Day Pass - \$15.00, School-Aged Students - \$5.00, Non School Aged Children - Free.  
**Coaches** - FREE - USAW or State Assoc. Coaches Card (not needed to coach). Hospitality Room Pass Included.

**TOURNAMENT SCHEDULE:** 9:00 am - Wrestling Starts Both Days. Doors Open at 7:30 am.

**WRESTLER AWARDS:** High Quality Awards for Top 4 Wrestlers. Champions will receive a The Tidewater Cup. All Placewinners, including the Champion, will receive a 3" Custom-Made Medal.

**TEAM AWARDS:**

1. One Team / Sportsmanship Award for HS, MS, and EL/PW Divisions. This Award Stresses Sportsmanship.
2. Wrestlers will be entered for the Team they Pre-Register @ [trackwrestling.com](http://trackwrestling.com). No Changes will be accepted.
3. Team Points for the Top 10 Scoring Wrestlers / Team (1/Wt. Class) to keep things even among teams.

**CLUB AND HIGH SCHOOL DUALS:** NEW! Wrestle Both Days! Club Duals on Saturday & HS Duals on Sunday. Email [interstate64wrestling@gmail.com](mailto:interstate64wrestling@gmail.com) for Details. 1<sup>st</sup> 12 Club Teams and 1<sup>st</sup> 12 HS Teams will be entered. All Teams Guaranteed 5 Matches!

