

2014 MSHSL State Track Meet Qualifying Standards

Girls A	
100 m	0:12.92
200 m	0:26.20
400 m	0:59.10
800 m	2:20.12
1600 m	5:14.47
3200 m	11:21.52
100 m H	0:16.05
300 m H	0:46.73
4x100 m	0:50.94
4x200 m	1:46.80
4x400 m	4:05.95
4x800 m	9:47.44
High Jump	5' 3"
Pole Vault	10' 2"
Long Jump	17' 1"
Triple Jump	35' 4"
Shot Put	39' 0"
Discus	119' 10"

Girls AA	
100 m	0:12.50
200 m	0:25.66
400 m	0:57.03
800 m	2:16.40
1600 m	5:02.46
3200 m	11:00.89
100 m H	0:15.20
300 m H	0:45.74
4x100 m	0:49.05
4x200 m	1:43.36
4x400 m	3:59.07
4x800 m	9:26.43
High Jump	5' 4"
Pole Vault	11' 1"
Long Jump	17' 2"
Triple Jump	36' 4"
Shot Put	39' 10"
Discus	129' 2"

Boys A	
100 m	0:11.38
200 m	0:22.93
400 m	0:50.43
800 m	1:58.96
1600 m	4:27.17
3200 m	9:41.74
100 m H	0:15.83
300 m H	0:40.71
4x100 m	0:44.47
4x200 m	1:32.19
4x400 m	3:28.94
4x800 m	8:17.88
High Jump	6' 3"
Pole Vault	13' 7"
Long Jump	20' 11"
Triple Jump	43' 0"
Shot Put	50' 11"
Discus	147' 6"

Boys AA	
100 m	0:11.19
200 m	0:22.49
400 m	0:49.27
800 m	1:55.72
1600 m	4:18.13
3200 m	9:18.52
100 m H	0:15.05
300 m H	0:39.35
4x100 m	0:43.22
4x200 m	1:29.44
4x400 m	3:23.18
4x800 m	7:58.05
High Jump	6' 5"
Pole Vault	14' 0"
Long Jump	21' 9"
Triple Jump	44' 9"
Shot Put	54' 5"
Discus	155' 8"