

## **Rules for 4<sup>th</sup> & 5<sup>th</sup> grade Basketball**

Two (2) 14 minute halves running time (CLOCK RUNS ON FOUL LINE)

1. 1 minute stop time at the end of the first and 2 minute stop time at the end of the second half
2. After 5 team fouls of each half begins the 1 and 1 bonus
3. After 7 team fouls of each half begins the 2 shot double bonus
4. Clock doesn't stop during free throws
5. 5 personnel fouls will result in a player fouling out of the game
6. All tech fouls will count as a personal foul

### **Defensive rules**

7. Only a 2-3 zone is allowed
8. The center must stay in the paint
9. The right guard and right forward may not pass the left elbow line and same for the left side
10. The forwards and the center can't be positioned above the foul line extended
11. No full court press is allowed
12. Guards must be inside the 3 point line until the ball passes half court
13. The last 2 minutes OF EACH HALF the defense is allowed to full court press and play any defensive set they choose.

### **Game Time**

14. Each team must arrive a ½ hour before the scheduled game time.
15. Each team must be dressed 15 minutes before scheduled game time
16. Players must check in at the scorer's table before each game
17. Each team will be given 5 times-outs (3 full) & (2 30-second) per game
18. Half time is 3 minutes before the game whistle blows.
19. There is a 15 minute grace period before forfeit takes place.

### **Fouls/Techs**

20. Any action that seems harmful to the league and other players will be taken to the commissioner for possible multi-game suspension or expulsion from the league
21. Technical fouls can be given to players that are not in the game

### **Other Penalties**

22. 5 second possession rule
23. Line infractions
24. 10 seconds to reach half-court

### **Possessions**

25. Game starts on a jump ball, alternate possession after that

### **Players**

26. No taunting or staring down opponents (tech)

### **Overtime period**

27. The first overtime session is 3 minutes (1 extra time-out) if a team has time-out left from regulation they may use those time-outs during the first overtime period
28. The second and third O.T is 2 minutes (1 time-outs)
29. Game ends in a tie after the 3<sup>rd</sup> overtime unless it's the playoff
30. 1 minute stop time in each over-time period