

Lakeville Boys' Basketball

3rd Grade In-House Rules

The following game rules were written and adopted by Lakeville Head Coaches, John Oxtan and John Sheehan, with the following three goals in mind:

1. Kids have a great experience in participating in basketball games
2. Kids would experience realistic game scenarios
3. Games would be time efficient and kept on schedule

GAMES

- Games will be played 4 on 4
- 40 minutes long - Two 20 minute halves (running time)
- Substitutions will be every 5 minutes (the clock will be stopped)
- Players should match up at half court on each substitution before play resumes.
NOTE – this should not be used as a team time out. Just substitute!
- Substitutions will be on the closest dead ball to the five-minute mark
- Jump balls will be alternate possessions
- Teams receive two 45 second timeouts per half
- 1 – 2 minute overtime will be played and each will receive 1 timeout. No timeouts will be carried over from regulation play
- There will be no substitutions in overtime
- If necessary, the 2nd overtime will be played in sudden death. Games will end with a made FG only. (NO points will be assessed from ANY personal fouls)
- Halftime will be 3 minutes long

DEFENSE

- Man-to-man defense only with “help” and “recover” theory. Exceptions: help defense is allowed if offensive player is unguarded or driving to the basket; will be based on referee’s judgment only.
- No switching, zones or double teams allowed.
- No full court press any time during the season.
- Blocked shots are allowed by the ball defender only. Verticality must be maintained. Excessive swatting at the ball will result in a foul.
- Players should match up at half court on each substitution before play starts.
- No stealing of any kind will be allowed before Christmas. After Christmas, only the dribbler’s defender may steal the ball. Also passes can be stolen by passer’s defender or receiving player’s defender only. Loose balls and errant passes can be recovered by any player.

FOULS/VIOLATIONS

- All fouls are 1 point and the offense retains possession.
- Offensive fouls are 1 point for the defense plus possession of the ball.

FOULS/VIOLATIONS cont.

- No free throws will be shot.
- Traveling and double dribbling will be called. In games before Holiday break the violation will be used as a teaching point and offense will retain possession. After Holiday break violations will result in a turnover.

OTHER

- 9-foot baskets and intermediate size basketballs will be used.
- All game results are final. No protests will be heard.

FAN BEHAVIOR

Coaches will be responsible for the behavior of their respective parents. If at any time, a parent becomes irate, discouraging, or abusive to officials or any one on the opposing team, the coach will be asked to immediately step in to calm the situation. Continued unruly behavior will result in the parent(s) being removed from the gym or the offending team being assessed a technical foul, resulting in two points for the opposing team.

All complaints should be reported to and dealt with by the LSBBA or LNBBA Grade Level Coordinators and/or In-House Directors.