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Where to begin...

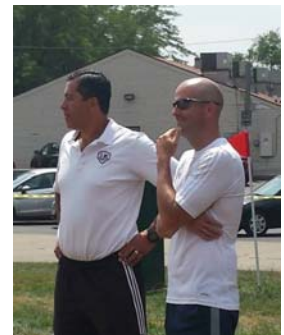
As the seasons have changed and the new soccer season has kicked off, Ela Soccer has also undergone many new and exciting changes. We now have the most players in Ela Soccer history across all of our programs; Jose Fleita has taken over as our new Director of Coaching with a seamless transition; Angelo, Justin, Taras, Andy, Saverio, Alyssa and Danny have joined our coaching staff to complement our already great team of Gin, Nour, Bridget, Luke, Derek and Paul; we started the fall season with a great kickoff event; new preseason training was conducted by Tony Kees of Step Ahead Sports and additional speed & agility training has been added to the winter training programs; and this winter we will be training at our new indoor training facility in addition to offering a new recreational indoor league on Sundays.

We also appreciate the continued support of the Village of Lake Zurich, Village of Deer Park, Ela Township and look forward to building a great relationship with the Village of

Long Grove as we develop the Long Grove Soccer Park into one of the premier soccer facilities in the State. The monies raised at the 2014 Field of Dreams fundraiser and our upcoming 2015 event will go towards the improvements at the Long Grove Soccer Park. We look forward to seeing everyone at the upcoming event.

A special thank you goes out to all of our volunteer recreational program parent coaches and competitive team managers, without your support and dedication our program wouldn't be at the top of our game.

~ Doug Anderson, President



All Star Games

Players in the recreation U8 to U12 age groups will be selected to participate in an All Star game on October 26th. Coaches from each team in the participating age groups will select players to represent them in the All Star game. The purpose of this is to provide our recreational players an opportunity to compete against players of equal ability in a competitive yet fun environment. Come out and support our Recreational All Star Players on October 26th!

U8 Boys	9 :00am –9:55am	Braemar
U8 Girls	9 :00am-9:55am	Braemar
U10 Boys	10:30am-11:35am	Bristol Trails
U10 Girls	11:45am-12:05pm	Bristol Trails
U12 Boys	2:00pm-3:05pm	Seth Paine
U12 Girls	3:15pm-4:20pm	Seth Paine
U14 CoEd	4:20pm-5:25pm	Seth Paine

Recreational players - *Keep Kicking* this winter!

Enjoy 12 Weeks of Soccer

4 Weeks of Skills Academy in Nov-Dec and

8 Weeks of League Play Jan-Mar



Cost \$145.00

Save the Date!

Friday February 13, 2015

And The Dream Continues

Dinner Dance & Silent Auction

If you are interested in helping or you are a company and would like to donate please contact Sheryl Myhre at smyhre3@gmail.com.

College Corner

Ela SC is pleased to announce this soccer years College Talk Night offered out to all our HS age club players. This years event will have 2 guest speakers to help out Ela families with the college search process - in regards to the application process and of course opportunities to play soccer in college.

Paul Genovese, College and Career counselor at Elk Grove HS, will be talking about post high school planning and what colleges look for on applications. Paul also has children invokd in the Ela Recreational program.

Ryan Lakin, Head Men's Soccer Coach ~ Aurora University, will be going over what college soccer coaches look for with their recruits and what players can do to help themselves in the recruiting process.

This years event will be held at the St Francis Ministry Center (located just south of St. Francis Church and School) on Tuesday; January 20 starting at 7:00 pm and ending at approximately 8:30 pm. This presentation is open to ALL high school Ela SC players. Please feel free to RSVP for the event, so we get an idea of how many people will be attending and to assure there is enough handout materials available.

Email Derek Niepomnik to RSVP derek.niepomnik@elasoccer.com . Please put COLLEGE TALK NIGHT in the email subject area and list your players name and age group team and if one or both parents will be attending.

We look forward to a great turnout this year and hope you learn a lot about the college search process.
~ Derek Niepomnik

A College Recruitment Information Night open to all U15-U18 Ela players and their parents will be held on

TUESDAY JANUARY 20th ~ 7:00 to 8:30 pm at the St Francis Ministry Center

Winter Indoor Programs

5v5 League

Academy & Competitive U8-U14

40 minute games

Session 1:

Fridays: 11/21 to 12/19 (no games Thanksgiving week)

Game Times between: 4:30pm– 7:30pm

Session 2:

Fridays: 1/16 to 3/13 (no games 2/13)

Game Times between: 5:00pm– 7:30pm

Futsal League

High School

40 minute games

Session 1:

Fridays: 11/21 to 12/19 (no games Thanksgiving week)

Game Times between: 4:00pm– 6:00pm

Session 2:

Fridays: 1/16 to 2/27 (no games 2/13)

Game Times between: 4:00pm– 6:00pm

Space is limited
for all programs!

Skills Academy For Recreational Players

Sharpen your skills in a challenging but fun environment with our experienced coaching staff!

Wednesdays: 11/19 to 12/17 (no class Thanksgiving week)

Times:	U4 -U6	5:00—6:00 pm
	U7-U8	5:00—6:00 pm
	U9-U10	6:00—7:00 pm
	U11-U14	6:00—7:00 pm

Recreational Indoor League

Volunteer coaches. Our professional coaching staff will be on site! 5v5 format.

Sundays: 1/18 to 3/8

Game Times between:	U4-U6	12:00-4:00 pm
	U7-U8	12:00-3:00 pm
	U9-U10	12:00-3:00 pm
	U11-U14	3:00-6:00 pm

SAQ by STEP AHEAD SPORTS

Soccer Specific SPEED, AGILITY & QUICKNESS Training

U8 — U10

Sundays : 9/28-11/2 5:00-6:00 pm

Mondays : 11/17-12/15 5:30-6:30 pm

(no class Thanksgiving week)

Wednesdays: 1/7 to 3/11 4:30-5:30 pm

U11— U14

Sundays : 9/28-11/2 6:00-7:00 pm

Mondays : 11/17-12/15 6:30-7:30 pm

(no class Thanksgiving week)

Fridays: 11/17-12/15 5:00-6:00 pm



Score more goals!

Register now! www.elasoccer.com

From the desk of our new Director of Coaching



As someone who has been committed to and passionate about Ela Soccer Club for the past 15 years, I am honored and excited to take on the role of Director of Coaching. Having worked closely with our former Director, Gin, I learned a lot and I know that I have big shoes to fill. I am looking forward to bringing my own personal touch and continuing the great success of this wonderful club. I believe that I have the passion, vision, and commitment to develop the club even further.

I have implemented a new curriculum and confident with some of the changes in our training environment our players will develop even more. For example with the new technical warmup alone that includes 1000 touches on the ball in every practice and the consistency in every training session, we are going to produce more skillful soccer players - but make no mistake this is a long term development process. I am very excited about our new indoor training facility and believe that the “no walls” approach will also emphasize skill development.

Most important we have a great team of quality coaches - I believe the best coaching staff - with lots of experience who lead & inspire. We welcome our new coaches and I know that they will continue to inspire players to reach their potential on and off the field. As coaches our goal is not only to prepare players for playing beyond club soccer (ODP, collegiate, professional) but also to develop into respectful young adults.

With participation at an all-time high across all our programs from the JSA, Academy, Recreation and Competitive, I want to thank the players for working hard to develop their skills and knowledge of the game and thank you to the parents for all the support and for believing in the program and making this club the best in our community!

“Qualities Of Top Coaches”

Knowledgeable*Confident*Passionate*Patient*Compassionate*Understanding*Versatile*Dedicated*Supportive*Insightful*Flexible* Diverse*Communicator*Motivator*Honest*Unsatisfied*Oriented*Enthusiastic*Insightful*Takes Pride*Humorous*Role Model*Reliable*

Accomplishments

Congratulations to the following teams for their exceptional performance in the fall tournaments.

Schaumburg Soccerfest	U11 Boys Blue	Champions
Schaumburg Soccerfest	U9 Boys Blue	Champions
Schaumburg Soccerfest	U14 Girls Blue	Champions
Schaumburg Soccerfest	U13Boys Elite	Champions
Schaumburg Soccerfest	U8 Boys Red	Champions
Schaumburg Soccerfest	U12 Girls Red	Champions
Schaumburg Soccerfest	U17 Girls Elite	Champions
Schaumburg Soccerfest	U15 Girls Elite	Runners Up
Schaumburg Soccerfest	U13 Boys Blue	Runners Up
Celtic Cup	U12 Girls Red	Runners Up
Celtic Cup	U9 Girls Red	Champions (Tied)
Celtic Cup	U12 Boys Red	Champions
Celtic Cup	U9 Boys Blue	Champions
GLSA Octoberfest	U8 Girls Red	Champions
GLSA Octoberfest	U18 Girls Elite	Champions
GLSA Octoberfest	U11 Boys Red	Champions
GLSA Octoberfest	U10 Boys Red	Runners Up
GLSA Octoberfest	U14 Boys Elite	Champions
GLSA Octoberfest	U9 Boys White	Runners Up



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Welcome to our New Trainers!



Justin Breckan
- Goal Keeper Trainer



Saverio Traversa
- U15 Girls Elite



Angelo DiBernardo
- U16 Girls Elite
- U17 Girls Elite



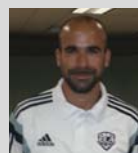
Alyssa Tworek
- Pre-Academy
- Academy



Taras Jaworsky
- U9 Boys Black
- U9 Boys White



Danny Zwerling
- U10 Boys Blue
- U10 Boys Red
- U10 Boys White
- U13 Girls Blue
- U13 Girls Elite



Andy Stoka
- Pre-Academy
- Academy

USA Cup—July 2014

This year the USA Cup Tournament saw the highest attendance the club has ever had. We had 10 teams participating with 4 competing in the weeklong tournament and 6 competing in the Jamboree. We had three teams make it to the finals and four teams went undefeated in the jamboree tournament. What an amazing accomplishment! The Opening Ceremony was spectacular. Not only was it awesome to see so many teams from around the world participating, it gave me great pride to see so many of our Ela teams amongst the participants. There was a huge crowd, both on the field and in the stands, cheering on the teams. Here is a team recap



8 Boys Blue

The U8 Boys Blue team went undefeated with 3 wins and 1 tie! They played up in the U9 division and performed very well throughout the tournament. They enjoyed themselves both on and off the field. They played an outstanding offensive game as well as defensively holding strong to come out with 3 wins and 1 tie. The boys had great teamwork together and worked hard in each and every game. I'm so proud of the boys for their accomplishment! Their result shows the hard work and dedication the boys had throughout the year and it paid off in the tournament. Keep up the great work, boys!



8 Boys Red

The 8 boys red team battled a very tough and well-disciplined team from the Minneapolis area, losing a hard fought game. In their 2nd game, they played a very competitive game against Costa Rica. Though they fell 5-3, the match was very evenly played. The U8 boys red team also played up in the U9 division and it was a very tough schedule. They played some very tough teams, but fought hard in each and every game. Credit is given to these boys for never giving up or letting themselves get intimidated by their competitors. I am very proud of the boys and their efforts, and am certain they took away a positive experience overall. Great job, boys!!



9 Boys Blue

The U9 boys Ela blue team had an outstanding tournament. The team went UNDEFEATED, played 4 and won 4, scoring a total of 24 goals and only conceding 4, the boys were absolutely fantastic all week, playing with energy, excitement and a great deal of passion. The boys had a great time playing together on and off the field. They really enjoyed each other's company over the weekend, and of course the hard fought success in their games. The boys can't wait to play at the USA Cup again in years to come.



9 Boys Red

The 9 boys red team played in U10 division and this was their 2nd year attending this tournament. Last year they went undefeated and were eager to return after the great experience they had last year. Even though this year's results were not exactly the same as last year, the boys still worked very hard throughout the entire tournament and gave their all in every game. All the games were very evenly matched and hard fought. Overall, the boys took away another positive experience from the tournament and provided them with yet another experience in their soccer careers. I am proud of the boys for their efforts and admire their dedication to have wanted to return to this amazing tournament. Great job, boys!!



U9 Girls Red

The U9 girls red team had a fantastic performance. The girls went undefeated with a 3-0-1 record. They played teams from both Minnesota and Wisconsin, contributing some fantastic soccer to such a great tournament. The girls enjoyed the great soccer competition on the field and the experience of meeting players from around the country and world off the field – especially trading pins! The girls had a blast both on and off the field, having a lot of fun exploring the Minneapolis area together and enjoying their soccer-summer vacation together. We can't wait for next year!



10 Boys Blue

The boys played extremely well the entire event against 4 Minnesota teams. We played attractive soccer, connecting several quality passes and scoring some great goals. Each and every one of the 9 players that traveled to play scored a goal for the team, which is always great to see. Though their attacking play was really spectacular, their defensive play was great as well, allowing only four goals in as many games. More than soccer though, the boys had a great time meeting players from all over the world and trading pins from the various clubs and countries. Great effort by the boys and what a wonderful way to end their u10 season together.



11 Boys Red

I put this team together from a combo of U10 and U11 Boys Red, and with the addition of Federico Oliva, who is our former player currently playing for Athletic Madrid in Spain, and also his teammate Sergio Esteban, who also contributed to the success of the team. We fell short in the final against a very good team from Minnesota - United FC- taking 2nd place. The boys did a great job of fighting to the end, playing good soccer and keeping their head in the game until the bitter end. Overall, it was an amazing weekend of good soccer and great memories that will last a lifetime. The boys really enjoyed themselves together off the field. It was really nice to see them all come together!!



11 Girls Red

We trained very hard the week prior to the tournament to get the girls ready. I was very impressed with the girls' response to how well they played together as a team. In 6 games, we scored 17 goals and allowed 8. In the first round of the tournament, the girls went 3-0, playing a good possession-oriented attacking game. In the second round of the stage, the girls continued doing well, with a strong solid defense, and a good attacking mindset. Getting all the way to the final and beating Minnesota Thunder Academy 1-0, with an outstanding performance from every one of the girls! I'm very proud of their huge accomplishment and there is already talk about going back next year to defend their title!!! Great job, girls!



13 Girls Elite

A fantastic week of soccer was played by the U13 Girls Elite team in Blaine, MN at the USA Cup. The team took 1st place in their very competitive group match's with 2 wins and 1 tie. They played fantastic soccer to make it to the single elimination stages. The girls played a tough match against STMA United in their play-off game and just fell short losing a 2 to nil decision - great week of soccer for the girls nevertheless. The girls really enjoyed themselves off the field spending time together as well. Well done girls and looking forward to next year!



15 Boys Elite

Congratulations to the U15 boys Ela Elite for taking 2nd place in the top flight of the tournament. The team had an amazing run, scoring a total of 27 goals and only conceding 2. The final matched the two great teams in the competition and in a very close and hard fought game, the Ela Elite boys just came short, losing 2-1 to Minneapolis United Premier. The boys played quality soccer throughout the whole tournament, and should be very proud of their achievement.



In closing, this was a great experience for everyone involved. This tournament allows us the opportunity to be exposed to international teams up close, along with bringing unity to our club and teams by bringing us together to enjoy a sport we all love and are passionate for! I am already excited about what the coming year will bring!

Go Ela!!

- Jose Fleita

See Page 6 for players thoughts from the USA Cup!

USA Cup player and parent thoughts....

It was so much fun to play in the biggest tournament in the country and it was awesome that we won all 4 of our games. *Gabriel Pedroza*

We enjoy the opportunity to travel together as a team; it is a great bonding experience for the boys and the families who attend. We look forward to the possibility of facing teams from other countries when the boys get older. *Carlos and Teresa Pedroza*

Here are some reason why other teams should come to Minnesota! My sister and Allie's sister played in Minnesota too so we went for the whole week. The drive took several hours but it was worth it. In between games we went to the Mall of America, the University of Minnesota, and we also took trips to the hotel pool, and just hung out like kids. It was very fun we won games, we also had team dinners. It was a good chance to bond as a team. My favorite part was the Opening Ceremony. We traded pins with different countries like Mexico and Japan. Minnesota was very fun and of course we played soccer, soccer, and more soccer. It was a great bonding experience. I hope we go next year! *Maggie Miller*

USA Cup was a special experience as a soccer parent. Seeing your player playing and socializing with other young soccer players from other states and countries, watching your child play hard and then trade pins with the opposing team, cheering games between other teams just because, and team-building opportunities throughout the tournament were advantages of USA Cup just not available in Schaumburg. After the first morning game, before the remarkable Opening Ceremonies, any pin-trading, or the trip to Mall of America, my oldest said "This is AWESOME! I want to do this every year!" What more could I want from an experience? *Theresa Malak*

I had a lot of fun at USA cup, I really enjoyed playing against teams from different states and it keeps you playing over the summer. It was also a really good team bonding opportunity because it wasn't only soccer the whole time. The opening ceremony was amazing with fireworks and skydivers, we also got to go to Mall of America. Overall I had an awesome time at USA cup and would love to go back next year. *Cami Malak*

USA cup was the highlight of the time I've been in travel soccer! *Sydney Mark*

USA Cup was a wonderful experience for both my kids. My son's team didn't play until Thursday but his highlight was being able to participate in the Opening Ceremonies. He traded pins with several countries, socialized with other Ela soccer players, marched into a stadium filled with thousands of people, watched skydivers land on the field and saw an amazing fireworks show. My daughter loved swimming and socializing with her teammates, meeting players from around the world, having guest players from Sweden on her team, and playing in some great soccer matches. They both loved Mall of America's Nickelodeon Universe and they also had time to go paddle boarding and kayaking downtown Minneapolis. Overall, it was a great week and my kids will remember it for years to come. *Jill Mark*

For the parent of two kids who are fanatics for playing soccer, the USA Cup was hard to turn down. Though I must confess I was a little leery about being cooped up for a week with the same group of soccer players and parents and wondering how we would keep the kids in line. But as it turned out, it was great fun for all of us. We bonded with other parents and families whom we hadn't known very well before the event. The kids were absolutely thrilled to spend more time with their teammates playing soccer, swimming, going on rides at Mall of America, and just hanging out. The kids were intrigued by the international scope of the event and the opportunity to meet other kids from all over the world. My teenage son and his friends had a great time meeting and making contacts with girls and boys from Denmark, Mexico, and Iceland. I was moved to find that the greater purpose of the event was to promote international friendship and peace. Opening ceremonies were inspiring as Jan Aage Fjortoft, a Norwegian soccer star who now represents the Nobel Peace Center, taught everyone the Handshake for Peace. I am so glad we went and we will remember the whole experience fondly. Thank you, Coach Derek, and also Coach Gin and Coach Jose, for facilitating this enriching experience for our family! *Sara Chung*



Get to know your trainer...Derek Niepomnik

Where are you from?

Niles, IL (born in Chicago)

Do you have another job/profession?

Stay at home dad and I am currently back in college looking to obtain my Teaching License in Physical Education and Health

What's your favorite restaurant?

I love Chicago Style Hot Dogs and my favorite of all time is Super Dawg

What's your favorite movie?

Fast Times at Ridgemont High

Do you have any hobbies?

Not really, not a lot of time to do anything else with family, school and work

Do you have any pets?

My kids Beta Fishes

What do you do in your spare time?

Try to attend local community events (Rock the Block most recently), with area friends. I also try to stay involved with my former high school (Maine South) and college (Northern Illinois University) soccer alumni groups. Other than that, I still get together with a good number of my high school friends and re-live the old days.



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10:00am or 1:00pm

Starts November 3rd

thank you >>>

Rec Sponsors

Thank you to the following companies who generously sponsored our recreation teams this spring. Please show them your support!

- Casten Body Shop Inc
- Sports Clips-Lake Zurich
- The Exercise Coach

Soccer Specific Speed, Agility & Quickness now implemented

We are very excited to partner with Step Ahead Sports to bring this program direct to our players. SAQ will be part of the winter competitive training for age U11 to U14 and optional sessions will also be offered for all age groups club wide.



Tony Kees and the Step Ahead crew started the season by introducing our competitive players to this unique method of

SAQ training. *"The pre-season SAQ camp went extremely well on a couple different levels. One, the facility and equipment turned out really well and is excellent for this type of training. Two, the feedback from the players was positive. A common comment was 'Hard but fun!' This, of course is the magic formula for player engagement!"* said Tony.



This class was designed and developed by Tony Kees, after spending many hours designing exercises and movements that make the most sense for soccer players, and training muscles and movements that are relevant to soccer and are hard to train in any other way. All activities are done individually not competitively, however different levels of challenge & difficulty can be implemented within the training group.



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