

Buffalo Girls Basketball Philosophy

8th Grade

Zone defense allowed only for special situations such as foul trouble or extreme match-up issues. Should be less than 10% of the game. Can split into A and B teams if the talent is there. The players will be evaluated by the varsity coaching staff. Upon completion of evaluations, the varsity coach will confer with the traveling coaches in determining the teams. Practice twice a week and consist of 70% fundamentals and 30% plays/scrimmage. All players will play 10+ meaningful minutes, but not necessarily equal at the A level. Playing time should be even at the B level until the final minutes of the game.

Play 9 Tournaments plus the state tournament.

7th Grade

Zone defense allowed only for special situations such as foul trouble or extreme match-up issues. Should be less than 10% of the game. Can split into A and B teams if the talent is there. The players will be evaluated by the varsity coaching staff. Upon completion of evaluations, the varsity coach will confer with the traveling coaches in determining the teams. Practice twice a week and consist of 80% fundamentals and 20% plays/scrimmage. All players will play 10+ meaningful minutes, but not necessarily equal at the A level. Playing time should be even at the B level until the final minutes of the game.

Play 8 Tournaments plus the state tournament.

6th Grade

No zone defense

Practice twice a week and consist of 80% fundamentals and 20% plays/scrimmage. Can split into A and B teams if the talent is there. The players will be evaluated by the varsity coaching staff. Upon completion of evaluations, the varsity coach will confer with the traveling coaches in determining the teams. Equal playing time for all kids with the exception of the final minutes of a close game. If there's a chance to win towards the end of the game, put our best players in and try and win the game.

Play 7 Tournaments plus the state tournament.

5th Grade

No zone defense

No "A" Teams

Practice twice a week and consist of 90% fundamentals and 10% plays/scrimmage

Equal playing time for all kids with the exception of the final minutes of a close game. If there's a chance to win towards the end of the game, put our best players in and try and win the game.

Play 6 Tournaments plus the state tournament.

4th Grade

No zone defense

No "A" Teams

Practice twice a week and consist of 90% fundamentals and 10% plays/scrimmage

Equal playing time for all kids with the exception of the final minutes of a close game. If there's a chance to win towards the end of the game, put our best players in and try and win the game.

Play in 5 tournaments plus the state tournament.