



U V W "Utah Wrestling at Its Finest"



Wolverines Perform Well at Clarion Open



Chasen Tolbert



Jade Rauser



Derek Thomas

Utah Valley's wrestling team took the mats for the first time this season at the Clarion Open in Pennsylvania. It was a great opportunity for the team to see how they were able to compete against some stiff competition. The team took 13 wrestlers and had a very productive day, getting three wrestlers into the finals.

The trio of juniors, Chasen Tolbert (125), Jade Rauser (133), and Derek Thomas (197), all fell in close matches and performed well. Chasen came into the competition unseeded and knocked off the #2 and #3 seeds to reach the finals. He then lost a great battle to #19 ranked Ben Willeford from Cleveland State. He ended up 4-1 on the day. Jade also went 4-1 as the #2 seed and lost 6-4 to highly regarded and #1 seed Scott Delvecchio of Rutgers. Jade had two falls on his way to the finals. Derek also had two falls on his way to a 4-1 record. He upset the #2 seed, Vince Pickett from Edinboro in the semi-finals and lost a very tight 3-2 match in the finals to #1 seed Elliott Riddick of Lehigh. Riddick was a round from placing at the NCAA tournament last year.

Ranked #14 nationally, Heavyweight Adam Fager, sustained a concussion and had to be pulled from the tournament after posting a 2-1 record. Logan Addis (157) lost his first match 5-4, but came back with four straight wins before being eliminated. Trevor Willson (149), Ross Taylor (184), and Jordan Karst (Hwt) all went 3-2 for the day. Dalton Harmon (165), Jared Harris (149), Ethan Smith (174) and Abel Gomez (184) all went 2-2 for the day. The tournament featured teams and individuals from Penn State, Pitt, Edinboro, Navy, Army, Princeton, Bloomsburg, Clarion, Rider, Rutgers, Buffalo, Cleveland State, Bucknell, Lockhaven and Cal Poly.

Next up for the team is a double dual against Boise State and Iowa State being held in Boise on Friday, November 14.

Events/Stories

- **Wolverines Perform Well at Clarion Open**
- pg. 1
- **Athlete Spotlight: Chasen Tolbert**
Coach's Corner
- pg. 2
- **Roster**
-pg. 3
- **Sponsors**
-pg. 4
- **Schedule**
- pg. 5

Quote:

"We, as a wrestling community, better remember it is more than one individual that makes a winner."

-Dan Gable

Coach's Corner with Assistant Coach Justin

Ruiz:

Wrestling is a tough sport, and that is one of the reasons why it is such a good sport. Most wrestlers will never achieve fame and fortune from wrestling. However, they will be blessed with the opportunity to learn about what hard work looks like.

I grew up around horses, so there was never a day that I didn't have some chores to do that involved working with them in one way or another. I learned about hard work early on. I feel like that is one of the reasons that I had a successful wrestling career. After I had graduated and moved out of my parents' house, my dad told me that he didn't feel like he could teach me a lot, but as long as he was able to teach me to work hard, he felt like he had done his job as a parent.

I have a similar feeling about wrestling. I feel like if I am able to teach an individual that the results that they get on the wrestling mat and in life in general correlate directly with the amount of hard work that they put into their craft, that I am successful in helping that individual be more prepared for wrestling as well as for whatever life throws at them.

Without work, there is no positive result. You have to do the work.

Athlete Spotlight: Chasen Tolbert

Chasen Tolbert is a competitor through and through. During his prep career, Chasen won 2 state titles for Delta High School in Delta, Utah. During that time he also earned high school All-American honors finishing as a runner up at the national championships. Last year Chasen wrestled 133 pounds finishing 3rd at the WWC conference tournament. This year he has made the move down to 125 pounds and has seen early success at the new weight finishing 2nd at the Clarion Open in Pennsylvania.

How did you decide to get into the sport of wrestling?

My dad made me. My dad wrestled, all of his friends wrestled, so when I was 5 years old I started. I didn't like it because I was getting beat all the time, but he still made me go. I wanted to quit. Around 6th or 7th grade I got sick of getting beat up so I trained more and got better so when I started winning, I liked it.

Why did you decide to wrestle in college?

My high school coach told me that I should. I didn't know if I was good enough to wrestle in college. After my coach helped me talk to some college coaches and go on some recruiting trips, I knew I was capable of competing at that level.

What has been the best thing about your college wrestling experience?

The best part of being a college wrestler is the opportunity that I get to be able to do something that I love as well as get a college education.

What has been the hardest thing that you've had to overcome as a college wrestler?

The hardest thing for me right now is making weight. Waking up early, being sore and tired regularly are also parts of the grind that make being a college athlete a challenge.

What is one thing that most people don't know about you?

I like jigsaw puzzles. Most people don't know that. I am also an amateur rap artist.

What is your major, and what would you like to do after you have graduated?

My major is business management. When I graduate I plan on entering graduate school and getting my MBA. I will see after that.

Roster

NAME	Wt.	Yr.-Exp.	Hometown/High School/Last College
<u>Logan Addis</u>	165	JR-2V	Cottonwood, Arizona/Mingus Union HS
<u>Aryton Almberg</u>	197	FR-RS	Ely, Nevada/White Pine HS
<u>DJ Argyle</u>	149	FR-HS	Orem, Utah/Timpanogos HS
<u>Logan Blackwood</u>	197	FR-HS	Boise, Idaho/Centennial HS
<u>Dustin Dennison</u>	HWT	SO-1V	Pleasant Grove, Utah/Pleasant Grove HS
<u>Adam Fager</u>	HWT	SR-3V	Layton, Utah/Layton HS
<u>Abel Gomez</u>	184	SO-1V	Las Vegas, Nevada/Rancho HS
<u>Cole Hamai</u>	149	FR-HS	Washington, Missouri/Washington HS
<u>Koleton Hardy</u>	149/157	FR-RS	Brigham City, Utah/Box Elder HS
<u>Dalton Harmon</u>	165	FR-HS	Nephi, Utah/Juab HS
<u>Jared Harris</u>	149	SO-1V	Springville, Utah/Springville HS
<u>Brayden Humpherys</u>	141/149	SO-TR	Layton, Utah/Layton HS/Colorado Mesa
<u>Jordan Karst</u>	HWT	FR-RS	Las Vegas, Nevada/Centennial HS
<u>Raider Lofthouse</u>	157	FR-HS	Avon, Utah/Mountain Crest HS
<u>Derek Malan</u>	133/141	SR-1V	Ogden, Utah/Weber HS
<u>Jarod Maynes</u>	133	SO-1V	Liberty Lake, Washington/Central Valley HS
<u>Jed Mellen</u>	133/141	FR-RS	Payson, Utah/Payson HS
<u>Bracken Nipko</u>	141	SO-1V	Pleasant View, Utah/Weber HS
<u>Matthew Ontiveros</u>	141	FR-HS	Fresno, California/Central HS
<u>Jade Rauser</u>	125	JR-2V	Townsend, Montana/Broadwater HS
<u>Tyler Scott</u>	125	FR-HS	Klamath Falls, Oregon/Henley HS
<u>Ethan Smith</u>	174	SR-3V	Midway, Utah/Wasatch HS/Purdue
<u>Will Sumner</u>	184	FR-HS	Penn Valley, California/Nevada Union HS
<u>Michael Suwyn</u>	157	FR-HS	Phoenix, Arizona/Mountain Ridge HS
<u>Ross Taylor</u>	184	JR-RS	Newcastle, Utah/Enterprise HS/Western Wyoming CC
<u>Josh Temple</u>	125	FR-HS	Ridgecrest, California/Green Valley HS
<u>Derek Thomas</u>	197	JR-2V	Layton, Utah/Layton HS
<u>Blake Thompson</u>	184	FR-HS	Clovis, California/ Clovis HS
<u>Chasen Tolbert</u>	133	JR-2V	Delta, Utah/Delta HS/Colorado Mesa
<u>Steve Westover</u>	174/184	FR-HS	Pleasant Grove, Utah/Pleasant Grove HS
<u>Trevor Willson</u>	149	SO-1V	Tucson, Arizona/Ironwood Ridge HS/Arizona State

Coaches

Greg Williams - Head Coach

Erkin Tadzhimetov - Associate Head Coach

Justin Ruiz - Assistant Coach

Ethen Lofthouse - Volunteer Assistant

Our Sponsors

Autosource Motors
Clark Davis-Sean Warren
Devpoint Labs
Dixon Golf
Gary Sumner Family
Intermountain Rigging & Heavyhaul
Pepsi
Pioneer Comprehensive Medical
Redcliff Ascent
Resorts West
Scot Westover Family
Tuleview Dairy
USA Utah Wrestling
Utah Amateur Wrestling Foundation
Vivint
Wilkinson's Trophy & Athletics

Schedule

Date	Opponent / Event	Location	Time / Result
10/29/14	Intrasquad Dual	Orem, Utah	6:30 p.m. MT
11/02/14	at Clarion Open	Clarion, Pennsylvania	All Day
11/08/14	at Cowboy Open (non-starters)	Laramie, Wyoming	All Day

