

# Hockey Players!

## Make your own stick handling triangle

# FOR FREE!

The triangle is a simple device that can be used during dryland practice or on the ice to improve stickhandling skills.

It's easy, and it works!

**Tuesday, November 18**  
**6:30–8:30 p.m.**



*Brought to you by the Herb Brooks Foundation and the Home Depot*



The Herb Brooks Foundation has partnered with the Home Depot to host a triangle building clinic for local hockey players. Home depot is providing the supplies, tools and instruction to build the triangles, and the Herb Brooks Foundation will have coaches on site to demonstrate how the triangle can be used to improve a hockey player's stickhandling skills.

**The class and materials are free to each player. Please register in advance to attend.**

- What:** Hockey triangle building clinic
- Who:** Any youth hockey player between the ages of 6–10
- When:** Tuesday, November 18, 2014
- Where:** The Home Depot at Northtown Mall  
99 Northtown Drive  
Blaine, MN 55434
- Time:** 6:30-8:30 p.m.

[www.herbbrooksfoundation.com](http://www.herbbrooksfoundation.com)

**To register:**

Contact Amy Alt at the Herb Brooks Foundation  
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