



Wisconsin Coaches Fall Wrestling Clinic Hosted by UW-Stevens Point

In collaboration with the Wisconsin Wrestling Coaches Association/Wisconsin Wrestling Federation, on October 19th at 3pm, the **University of Wisconsin-Stevens Point** coaching staff will be hosting a clinic for all local area wrestling coaches. The clinic is free and open to coaches of all age levels.

The clinic will consist of drills and techniques that the **University of Wisconsin-Stevens Point** uses during practice. We will also have a question and answer session at the end.

To be included

- Basic Drilling
- Nutrition
- Live Wrestling
- Position Drills

After the clinic, the UWSP wrestling team will take on Pointers Wrestling Alumni in the 2nd annual alumni dual at 6pm. Coaches attending the clinic will get the opportunity to see the Pointers go through their pre-match warm-up in the wrestling room and can stay to watch the dual.

Check in will be at 2:45pm in the John Robert's Wrestling Facility.

John Roberts Wrestling Facility
108A HEC
2050 Fourth Ave.
Stevens Point, WI 54481

Please RSVP by Oct. 14th to
jwozniak@uwsp.edu