

ANOKA YOUTH WRESTLING

WRESTLE-OFF GUIDELINES & COMPETITION TEAM INFORMATION

Anoka Youth Wrestling has outlined guidelines for wrestle-offs for team tournaments. We hope this will help parents and wrestlers understand the process and that each wrestler feels they are being treated fairly. All final decisions will be up to the Head Coach.

WRESTLE-OFF GUIDELINES

1. Wrestle-offs will be open to all wrestlers and there will be no spot assumed during the first wrestle off of the season with the exception of where the displacement rule comes into play, see information below. Once the team has been determined, any future wrestlers wanting to challenge a spot will need to wait for the next wrestle off.
2. Wrestler will communicate what weight they want to wrestle off at. They will then be weighed to confirm that the wrestler does not weigh too much/too little for the challenged weight. ANOKA YOUTH WRESTLING DOES NOT AT ANY TIME ADVOCATE THAT A WRESTLER CUT WEIGHT. No parents will be allowed to be present during weigh-ins, only coaches and the team manager will be present at weigh-ins. Ultimately, it will be up to the Head Coach to determine what weight a wrestler can wrestle off at.
3. During the first wrestle off of the season; if there are three or more wrestlers at the same weight class, they will wrestle a Round Robin. In case of a tie, the criteria will go to most pins, then points scored, then points scored against. In the event this situation exists after the first wrestle off, the wrestler with the best record will face the current team member of the specified weight and will need to defeat that team member two out of three matches to win that spot on the roster.
4. All three periods for the wrestle-off will be one minute in duration.
5. The Head Coach reserves the right to make decisions regarding any other issues that may arise during wrestle offs.
6. The Head Coach has the right to refuse a wrestle off due to a wrestler's skill level difference (i.e a 1st grader and a 5th grader at the same weight) or if a wrestler is not attending practice on a regular basis he may not be allowed to wrestle off.
7. No parent coaching will be permitted during the wrestle off, please stay on the sidelines.
8. Wrestle offs will take place as deemed necessary, based on the amount of team tournaments and timing.
9. If a wrestler cannot make the wrestle-off practice, they will lose their spot on the team until the next wrestle off date, unless the Head Coach and Team Manager are previously notified. The Head Coach reserves the right to make exceptions for extenuating circumstances (illness, family vacation, school functions, etc.), and these wrestle-offs will be completed at the next practice. The Head Coach and Team Manager must be notified of these situations prior to the wrestle off practices, or the wrestler will lose their team position until the next wrestle-off.
10. Weight classes are subject to change per tournament and will be posted prior to wrestle-offs when possible, most will follow NYWA Class A guidelines and are as follows: 45, 50, 55, 60, 65, 70, 75, 80, 84, 88, 93, 102, 115, 130, and HWT. (215 max). Alternates at some weights may be brought along to tournaments, but cannot be guaranteed a competitive match. All efforts will be made to at least secure an exhibition match for alternate wrestlers if they do not get a competitive match. There are a total of 20 roster spots for team.

TEAM COMPETITION

1. Displacement Rule: All registered wrestlers will be eligible to wrestle on the competition team with the follow exception: Any wrestler that is NOT enrolled in an Anoka-Ramsey school, is not allowed to participate on the youth competition team until they have been with the Anoka Youth Wrestling program for one entire season. After the one year waiting period, these wrestlers will be eligible to be part of the competition team.
2. The youth competition team may have up to five (5) alternates and these spots will not be bound by the displacement rule, so any wrestler will have the opportunity to earn one of these spots. The decision of who the alternate wrestlers will be is solely up to the Team Head Coach.
3. If a wrestler does not make weight for a competition or tournament, the wrestler may not be allowed to wrestle at that weight again for the remainder of the season. This decision will be left up to the coaches.
4. If your wrestler is on the team and cannot make a team tournament date, notify the Head Coach and/or Team Manager prior to the event so another wrestler can fill that weight for that tournament date. Anoka Youth Wrestling will attempt to post tournament dates as far in advance as possible.
5. Team tournaments and team duals are very competitive. The coaches may need to make adjustments to the wrestling line-up in order to remain competitive with the other teams and coaches who are making lineup adjustments. In some situations, the wrestler who has won the spot may be asked to sit out and an alternate used for a round based on the upcoming match-ups. These decisions are made based on the styles of the competitors. In some cases, an alternate may be better skilled at wrestling a particular style necessary to defeat a competitive wrestler.
6. The team is entirely under the discretion of the Head Coach. The wrestle-offs assist the Head Coach on evaluating the wrestlers abilities.
7. Parents are not allowed on the sidelines to coach their child during the team competition or interfere with the Head Coaches decisions. If this happens your child may not be allowed to wrestle on the team.
8. The team competitions are truly "Team" competitions. They are about the sum of all 15 wrestlers and not each match individually. Sometimes a wrestler who loses by points instead of being pinned contributes as much to the team winning the dual, as someone else who has pinned their opponent.
9. All team members must remain with the team until all matches are completed. Wrestlers are expected to stay mat side and cheer for their teammates.
10. Good sportsmanship is expected of all Anoka Youth Wrestling coaches, wrestlers and parents at all times. Failure to do this may result in your wrestler not being allowed to wrestle in any more team events.