



December 31st, 2014



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Upcoming Clinics at NORCO

Our 2015 clinics begin January 24th.
Click below for more details/registration.

Upcoming Clinic Information



First Volleykidz Session Starts January 9th!

Volleykidz is designed for the beginner to intermediate volleyball player ages 6-12 years. This program is open to both boys & girls and focuses on basic fundamental skills and techniques for building a strong volleyball foundation. The practices include instructional skill-based training with some game play built in.

This program is ran by multiple NORCO coaches and upper-level NORCO players to ensure quality instruction and growth for each player that walks onto the court!

Click below to register
[Volleykidz Session 1](#)

**A BIG Shout out to
Christy Grosboll and Sugarmill Photography!!**





Thank you so much for your dedication to capturing our athletes!

NORCO families, please note that the picture galleries have been extended through January 7th. Click below to order your athletes pictures.

[NORCO Athlete Pictures](#)

"Big Sister Program"

We are very proud of all the players in our club this year and to help with the growth of our "little ones", our 16 and up players will be volunteering two hours of their free time this year to assist a 13 and under team at one of their practices. These "Big Sisters" will be guest assistant coaches and will run drills, eval and help instill a strong work ethic among the players. Being great advisers and positive role models for the little ones will be a learning experience for all and hopefully some strong teaching bonds will develop for our future "NORCO Coaches".

***We want to thank
Coach Jared/Marissa,
Coach Julie/Chelsee,
Coach Sam/Gavin/Jamie,
Coach Tory/Jen,
Coach Kate/Kevin,
Coach Bri/Hannah
and Coach Alx/Meghan***

***for inspiring their athletes to give back to the program
by helping all the 13 and under teams!***



Good sportsmanship pays off!!

*Deadline to sign up is **January 15th**. We currently have **13 pledges** putting us in the **top 50**. **Our Goal is to be in the top 5** for a **chance to earn \$2,500 for NORCO**.*

The following details will take you to a website where your athlete can take the pledge for good sportsmanship. If we work together as a club, we can move NORCO into the top 5 giving them a chance to earn \$2,500. This pledge does not need to stop with our athletes. Each person that participates in watching can also take the pledge. So share the following link with everyone you know to help push us to the next level!

Earn \$2,500 for your favorite youth sports Club!

"I pledge to promote good sportsmanship in youth sports."

Click below to take the pledge and share the link with as many people as you can!!

[Take The Pledge](#)



From NORCO's Collegiate Recruiting Director Gavin Markovitz

NORCO Parents - My goal at NORCO is to help you navigate through the often confusing process of college recruiting. I spent the last eight seasons as an assistant coach at Metro State University of Denver, including serving as the Recruiting Coordinator. We will publish a series of articles that will hopefully enlighten and educate you in the very complex world of college recruiting.

We have also scheduled our first annual NORCO Volleyball Showcase on Wednesday, January 21st. I have invited more than 30 local colleges to attend. This is an attempt to get our student-athletes in front of as many college coaches as possible. But, the best opportunities your daughters will have for exposure is at Omaha and the national qualifiers we will play in. My goal is to have every student-athlete, between 16-18, email 10-20 colleges before their first big tournament. I will be providing a sample email in an upcoming newsletter.

The first article I will share was published a few years ago in Volleyball Magazine. It helps to dispel some common misconceptions in the recruiting process.

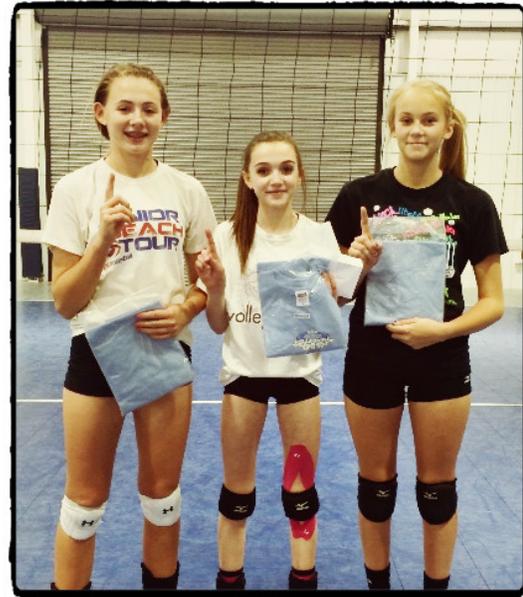
[Recruiting Article](#)

Another Successful 3V3 Tourney!

1st place Winners



A.M.A.zing



Three Musketeers

2nd Place Winners



Team of Steel



Triple Threat

3rd Place Winners



Team Perfect!
Place Winners



4th

Triple Berry Surprise



Three Musketeers



Tripple Terrors



**11th Place
Brindijacnah**



**19th Place
Roasting
Marshmallows**





Bingo Donations are in full swing!
Thank you 14 Silver and 15 White!!!

14 Silver



15 White



15 Silver Ice Skating



Playing At Home

As always, we want to make sure our facility, staff, officials and opponents are well respected at tournaments. You all are VERY lucky if your team is assigned

to play at home during the 2015 RMR season! Keep in mind, the RMR dictates where each team plays, NOT NORCO. Calling the RMR to ask where your teams play is a huge NO-NO. Tournaments are listed on their web site the Wednesday before you play. Coaches and Team Managers are also told via an email. The RMR web site also lists where the facilities are and the rules for each site. Teams that violate facility rules at any site will be fined \$125.00. Your teams and the tournaments they will be playing in, are listed on the practice calendar. For tournament formats and playing info, refer to the RMR web site.

[RMR Website](#)

When playing at home, everything you can do to help during the tournament will be greatly appreciated by our staff:

- Tournament Director (Jennarae Jester and or Gavin Markovits- NORCO Coach and RD)
- Tournament Assistant Director: Alx B. (current NORCO coach/office assist.) and or Shyree Rose
- Concession Manager: (Deb Dotson (NORCO Board member, Mother of NORCO Coach Kelsey)

If your daughter or team is not playing, walk around and help pick up trash, check the women's bathroom, and make sure no one is in the gym with anything BUT water. And of course, our players-parents need to follow facility rules more than anyone and set the standards for others to follow. Please be familiar with your RMR Spectator Code (in your player-parent handbook and posted at each facility). With 24 teams playing, parking will be an issue so please try and car pool.

Good luck to everyone this season and please be respectful at all facilities and against all opponents!

The Great Solid Stool Challenge!



Thank you **Dr. Eric Stevens (Dad of Lindsey)** for buying and donating 4 stools for the Mez. from **overstock.com**. As a thank you, the club has matched his gracious offer. We would like to ask other NORCO members to get on board for the:

"Great Solid Stool Challenge"

If you are wondering what happened to the "other" stools...Well, that is easy to explain as we all know a 'loose stool' can be quite uncomfortable and even treacherous! You know, when you get older and after a long day at work, there is nothing better than a 'solid stool' to relax and of course enjoy the evening of watching VB practices and or tournaments.

So we now challenge you NORCO families! You too can donate the same stool from Overstock.com so you always know a "solid and safe stool" awaits you in the NORCO Mezzanine!

Click below for ordering details:

Overstock.com

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